

Aila by Fibre Mood

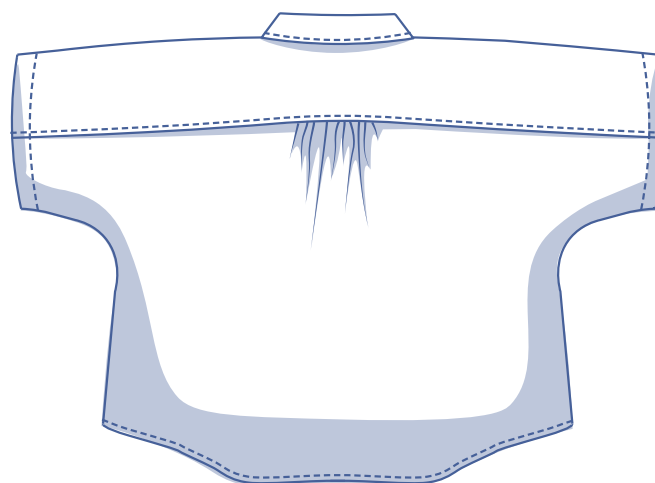
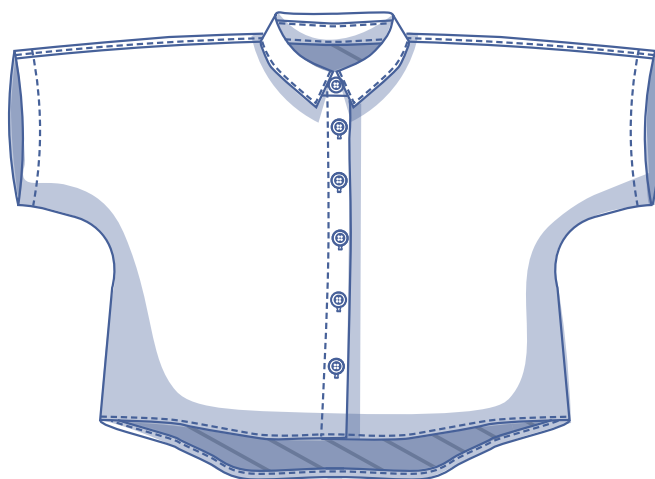


Aila by Fibre Mood



XS - XXXL

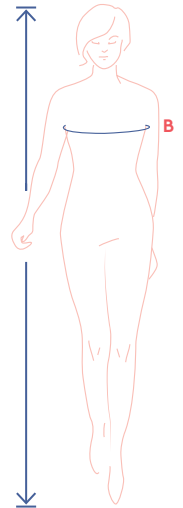
As a slightly oversized blouse with a collar and collar band, yoke and gathers at the back – Aila is a wonderful addition to your wardrobe. The shaped sleeves make this is a simple project and give the blouse a playful, relaxed fit. Wear Aila with jeans, trousers, or a skirt, either tucked in or comfortably out. Is oversized not really your thing? Just make Aila a size (or two!) smaller. Be sure to check the size chart first to make sure there's enough wiggle room.



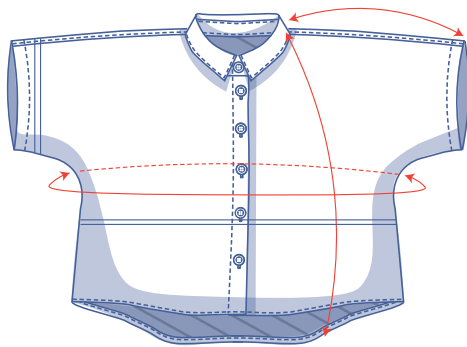
size chart (in cm)

size	XS		S		M		L		XL		XXL		XXXL		
	4	6	8	10	12	14	16	18	20	22	24	26	28	30	32
body height	160	164	166	167	168	169	170	171	172	172	172	172	172	172	172
B (bust)	76	80	84	88	92	96	100	104	110	116	122	128	134	140	146

Choose your size based on your **bust measurement**. Pick the size that is the best match for your bust.



pattern measurements (in cm)

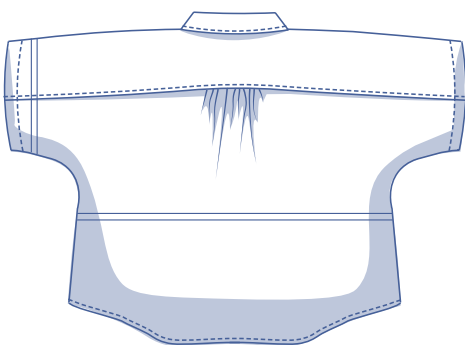


This chart's measurements are the pattern measurements based on the fabric type and serve as a reference. Ease has been added to the width measurements (in addition to the exact body measurements) for a more comfortable fit. Alia is designed to be **oversized**. Depending on the preferred cut, you could decide to go a size smaller than the recommended size.

== shorten or lengthen the pattern here

size	XS	S	M	L	XL	XXL	XXXL
length	57.75	59.5	61.5	63.5	66.5	69	71.25
sleeve length*	30.25	31.75	33.25	34.75	36.25	37.75	39.25
bust	112.5	120.25	127.25	134.5	142.75	152.75	162.25

* Including shoulder length.



Compare the stated lengths to the measured or desired lengths. **Lengthen** or **shorten** the top and/or the sleeves by cutting the pattern pieces at the indicated double lines. Then either increase the distance between the cut pieces by the desired amount (to lengthen) or overlap the pieces (to shorten). Make sure that the CF and CB lines and the side seams are always straight.

IMPORTANT

Adjust the fabric to be used based on these alterations.



notions



- Thread
- Iron-on interfacing: max. 50 cm
- Buttons (Ø 1.1 cm): 6 (sz. XS - M), 7 (sz. L - XXXL)
- Fabric: see table

fabric		XS	S	M	L	XL	XXL	XXXL
fabric width 110 cm	cm	165	170	175	180	220	225	235
fabric width 140 cm	cm	135	140	145	145	150	185	190

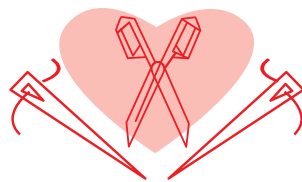
The corresponding fabric layout can be found on page 6 of these sewing instructions.

fabric advice



The blouse will drape gracefully over the shoulders and look less voluminous made in fabric with a fluid drape, such as woven viscose (crêpe), Tencel, etc. Does the oversized boyfriend look strike your fancy? If so, choose a somewhat structured fabric to give Aila a little more body. Chambray, poplin, linen, and cotton twill are all great options. Aila looks beautiful in solids but also works just as well in a print, e.g., stripes, polka dots, checks, floral, etc.

Proud to be #Sewista

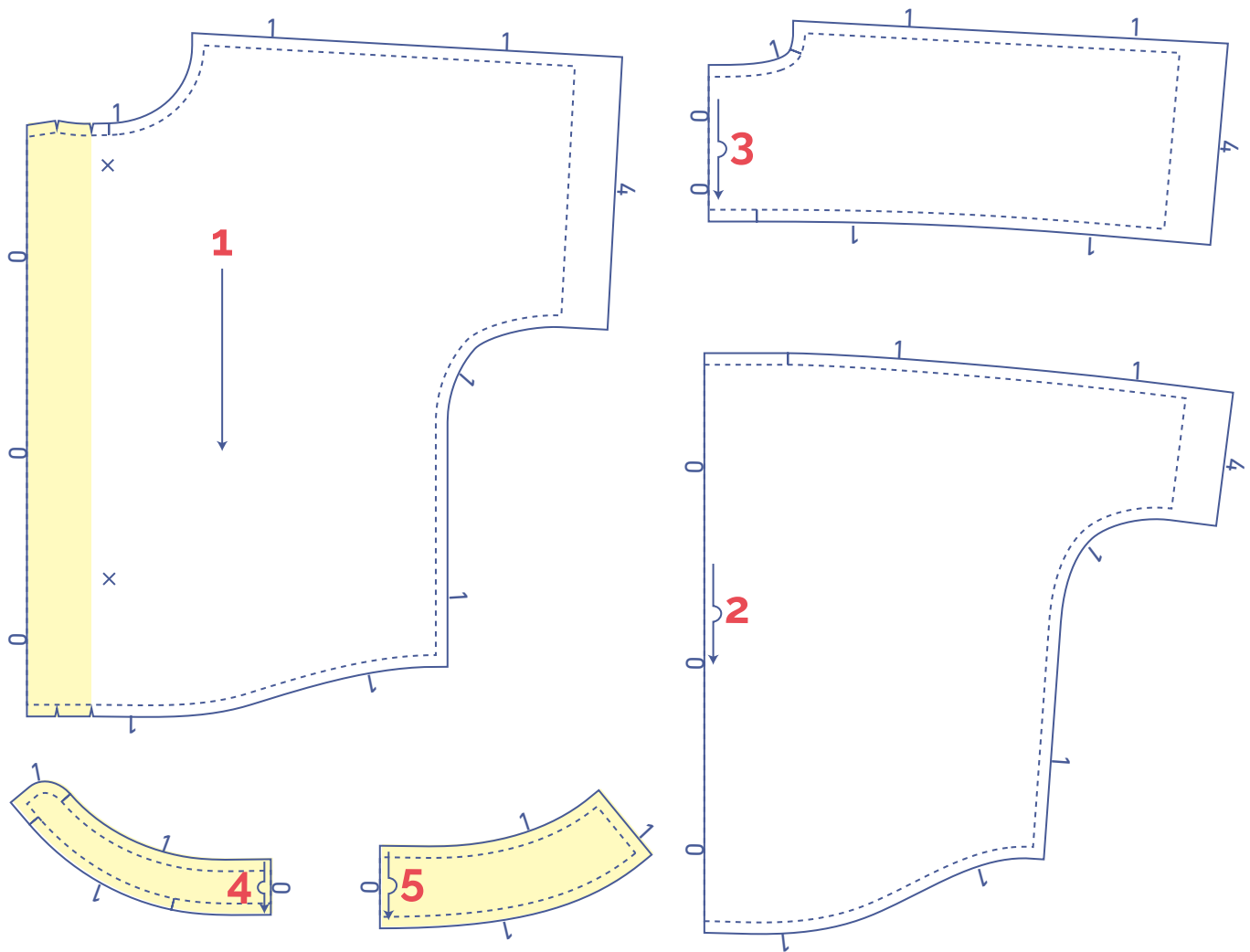


pattern pieces & seam allowances (in cm)

To sew the garment as described in the instructions, draw the illustrated seam allowances around the paper pattern pieces before cutting them out. If you are using a PDF pattern, the pattern can be printed with or without seam allowance.


To find out more, watch the [video](#).

1. front: 2x
2. back: 1x on fabric fold
3. yoke: 1x on fabric fold
4. collar band: 2x on fabric fold
5. collar: 2x on fabric fold



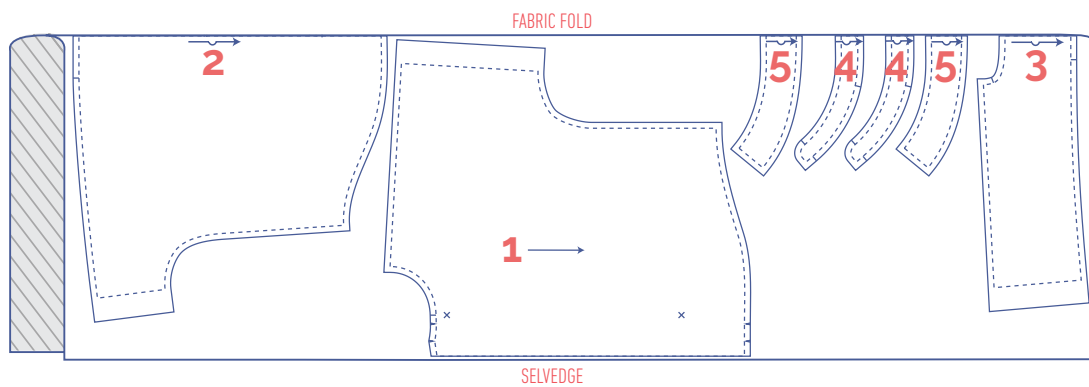
IMPORTANT

The pieces highlighted in light yellow have iron-on interfacing attached to the wrong side.

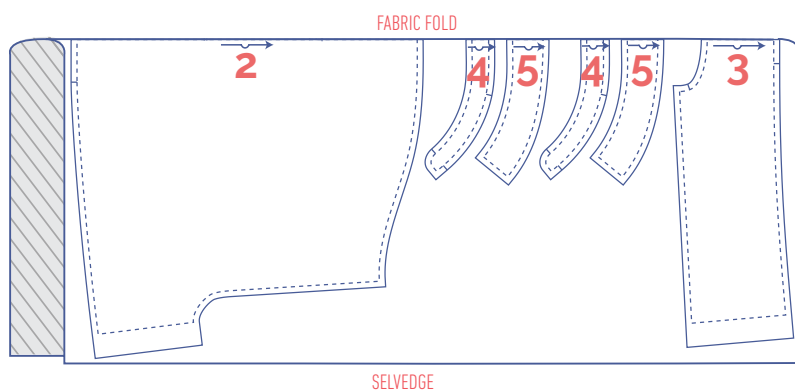
 material type	
<input type="checkbox"/> fabric	
<input checked="" type="checkbox"/> iron-on interfacing	

fabric layout – solid fabrics
fabric width 110 cm

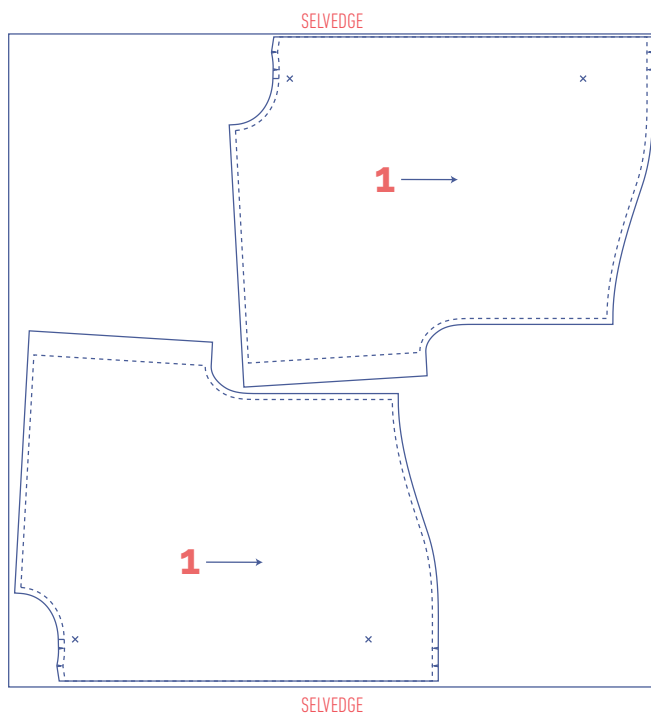
XS - L



XL - XXXL



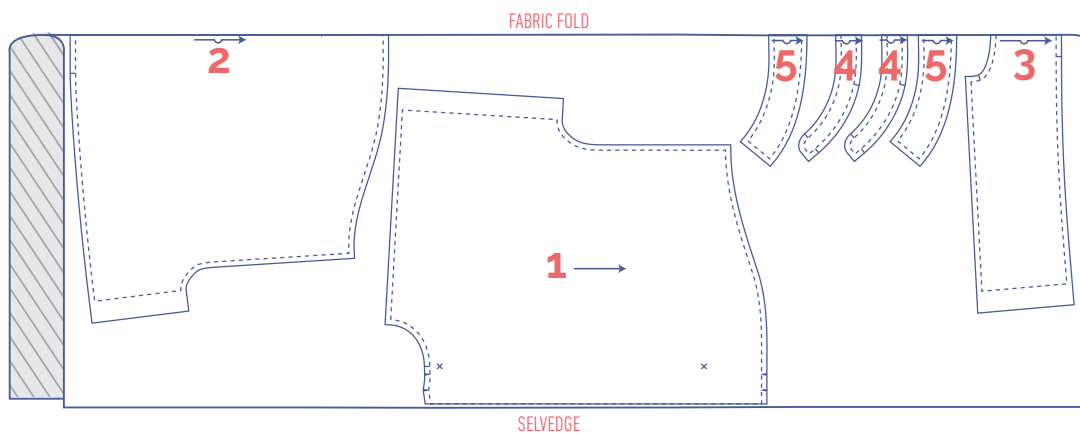
+



fabric layout – solid fabrics

fabric width 140 cm

XS - XXXL



marking pattern pieces



Notch the pattern paper and fabric at the following points



single notch



V notch



Mark the following points using marking thread



buttons

sewing instructions



The method used to finish the seams depends on the fabric used.
The pieces are always sewn together with the right sides of the fabric facing, unless stated otherwise.

F front

B back

RF right front



LF left front



CF centre front

CB centre back



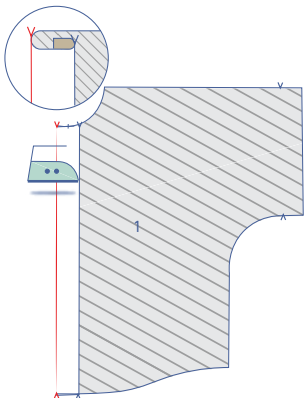
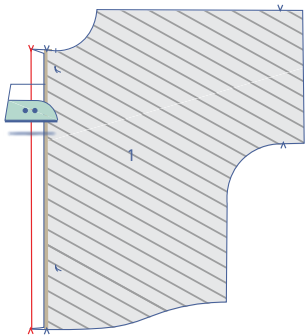
right side



wrong side



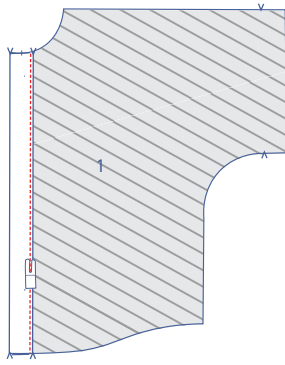
iron-on interfacing



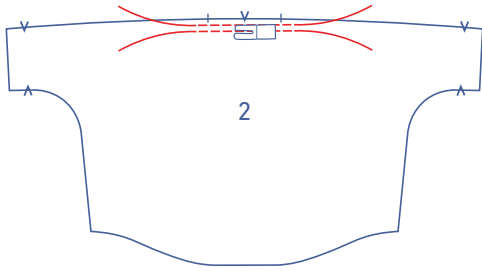
1

Press the front facing (1) over to the wrong side at the V notches (both top and bottom).

Next, press the facing over again at the second set of V notches at the top and bottom.

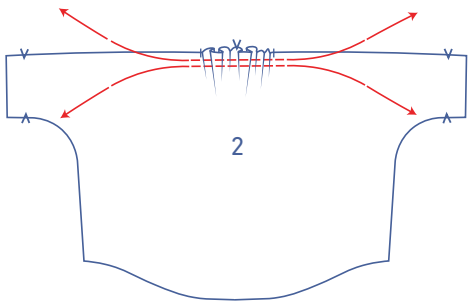


Edge stitch into place.

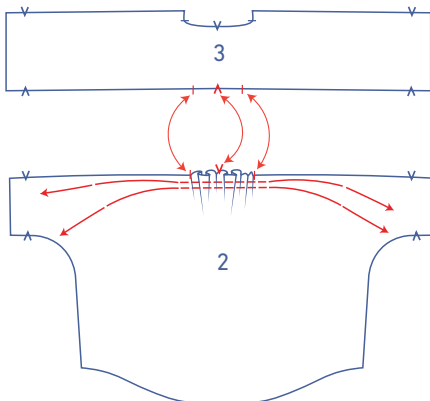


2

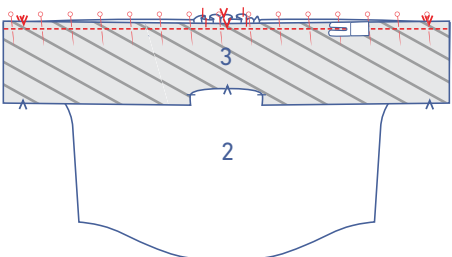
Sew 2 parallel rows of stitching at the top of the back (2) with a long stitch length at a low thread tension. Sew just past the notches on either side. Leave long thread tails on either end.



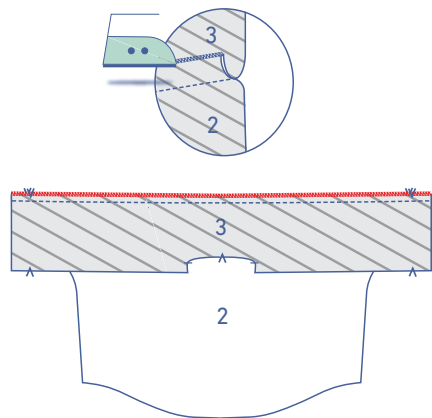
Carefully tug the ends of the gathering threads to create ruffles in the fabric.



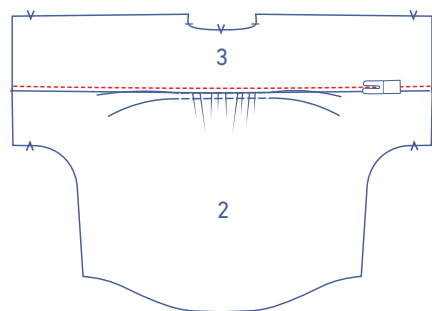
Distribute the ruffles so that the notches in the back match the notches in the yoke (3).



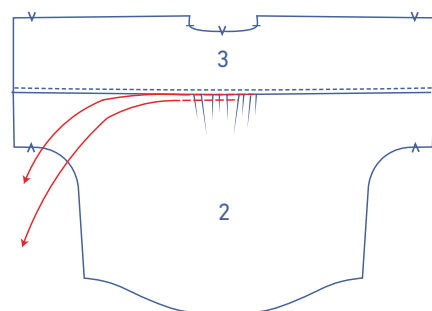
Pin and stitch the yoke to the back (right sides together), matching the notches.



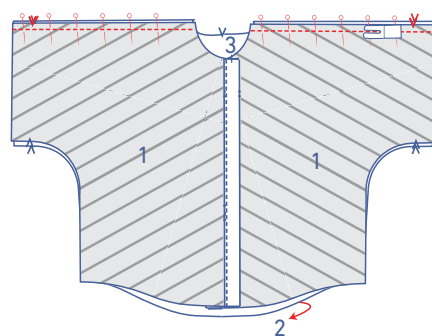
Finish the raw edges together with overlock stitching and press the seam allowance towards the yoke.



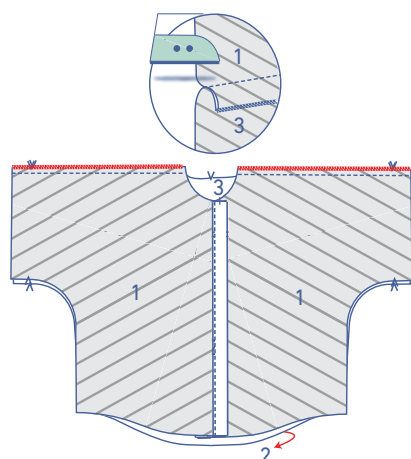
Now, topstitch the yoke right next to the seam.



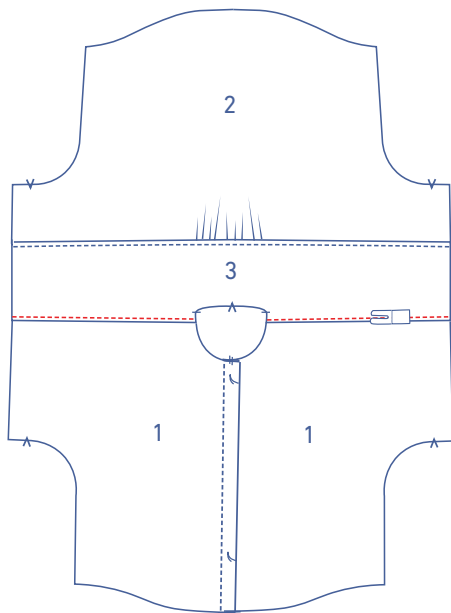
Remove the gathering threads.



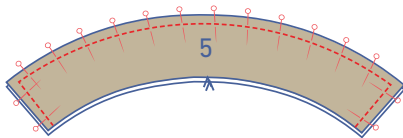
Pin and stitch the yoke to the front at the shoulders.



Finish the raw edges with overlock stitching. Press the seam allowance towards the yoke.

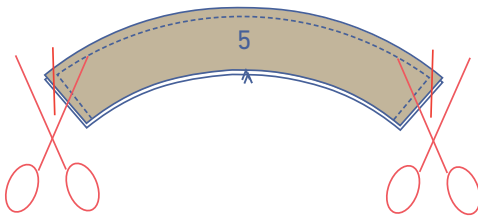


Now, topstitch the yoke right next to the seam.

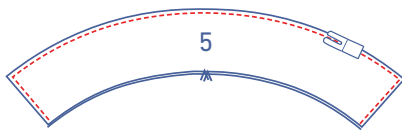


3

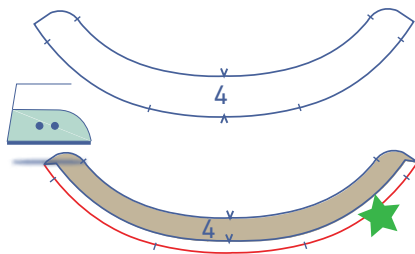
Pin and sew the contours of the collars (5) together, except for the short curved edges.



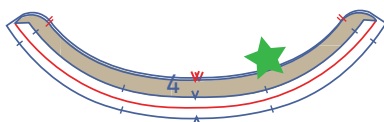
Trim the seam allowance from the corners.



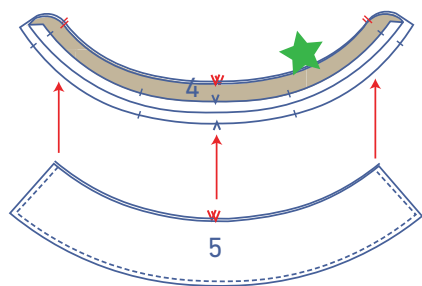
Turn the collar so that the wrong sides are touching and topstitch the contours right next to the edge.



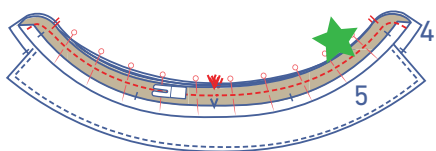
Press one of the two collar bands (4) 1 cm over to the wrong side at the bottom. This collar band is marked with a green star.



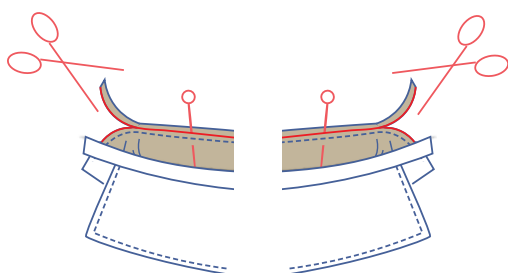
Stack both collar bands with the right sides together. The collar band with the pressed edge should be on top.



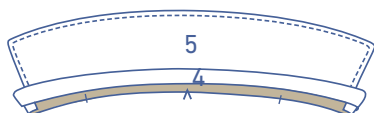
Slide the constructed collar piece between the collar bands, aligning the raw edges and the V notches.



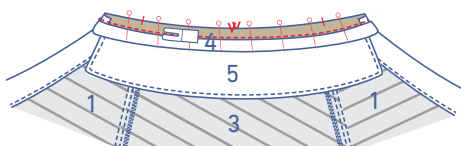
Pin and sew the pieces together.



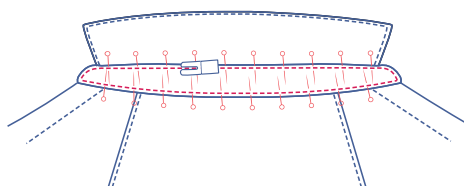
Trim the seam allowance at the curves to prevent any bunching.



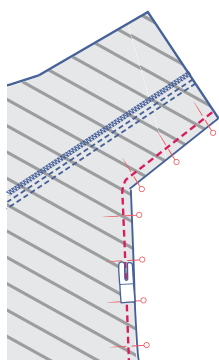
Turn the collar bands so that the wrong sides are facing.



Pin and sew the bottom of the unpressed collar band to the neckline along the wrong side of the garment, matching the V notches at the centre back.

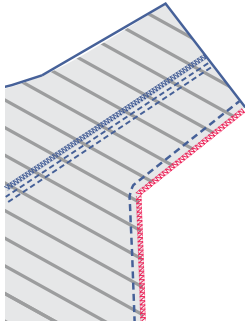


Fold the collar band with the pressed bottom over towards the right side of the neckline. The fold line should be directly over the previous stitching. Pin and sew into place. Finish stitching the collar band closed.

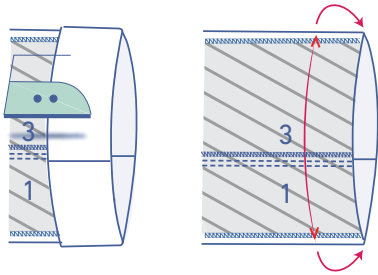


4

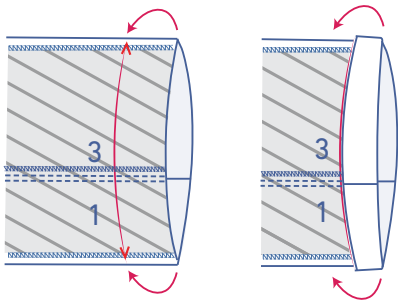
Pin and sew the side and underarm seams.



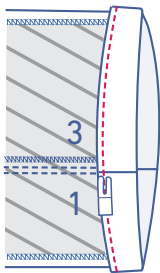
Finish the raw edges with overlock stitching.



Fold the hem allowance of the sleeve over to the wrong side, press, and open back out.



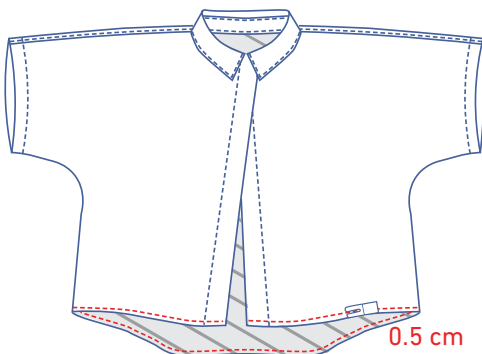
Fold the raw edge to meet the pressed fold line and then fold up again.

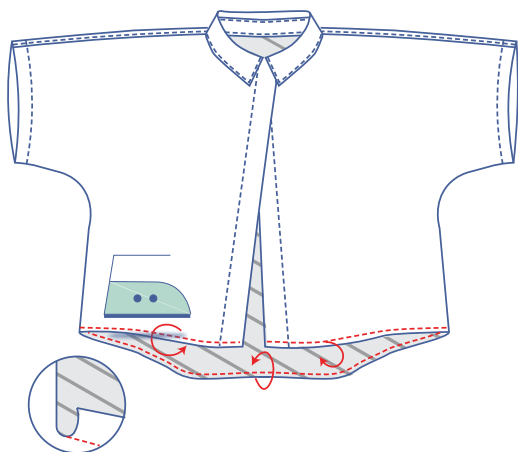


Edge stitch into place.

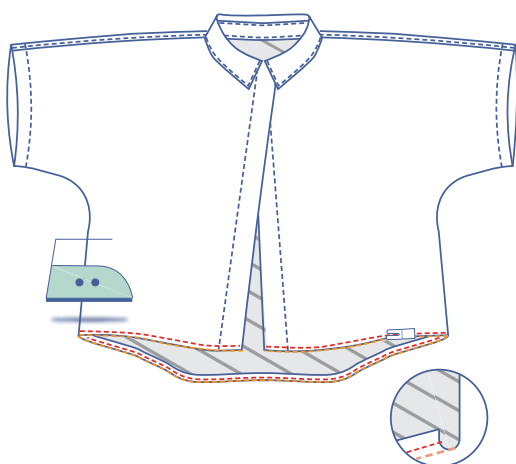
5

Finish the hem of the top: first sew at 0.5 cm from the raw edge.

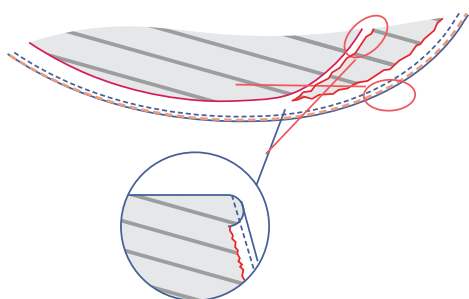




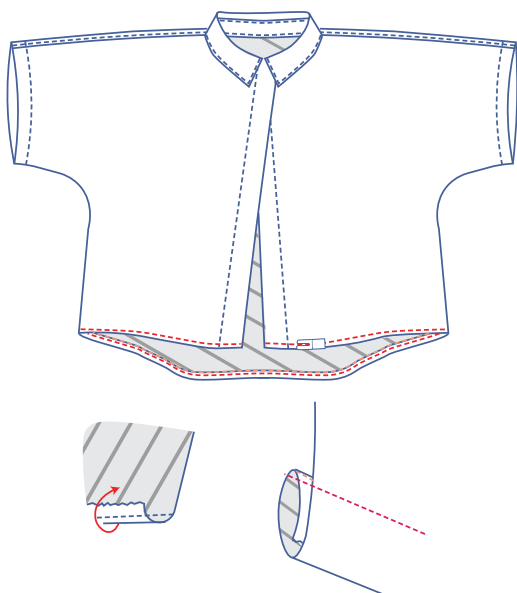
Next, press the edge over at the stitching.



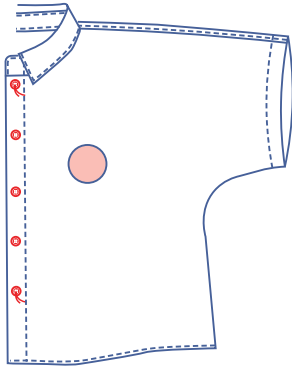
This time, stitch the pressed over seam allowance into place right next to the edge.



Snip the excess seam allowance (appliqué scissors are useful here if you have them).

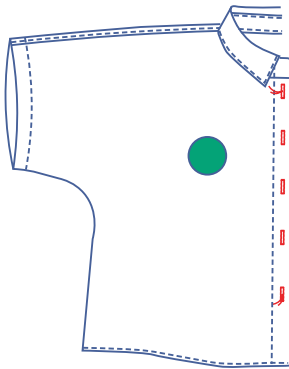


Now, for the last time, fold the edge over to the wrong side and sew into place. Neatly press along the wrong side.

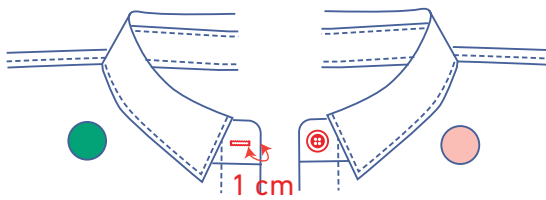


6

Sew the buttons onto the LF. The positions of the top and bottom buttons have been marked on the pattern for you. Divide the distance between these evenly to determine the location of the other buttons.



Make vertical buttonholes on the RF based on the location of the buttons.



Make a horizontal buttonhole on the right side of the collar band halfway up at 1 cm from the finished edge. Sew a button to match on the other side.