

# Tanita by Fibre ⚡ood

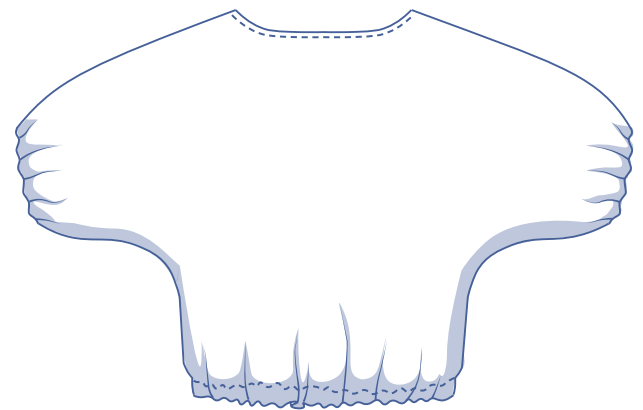
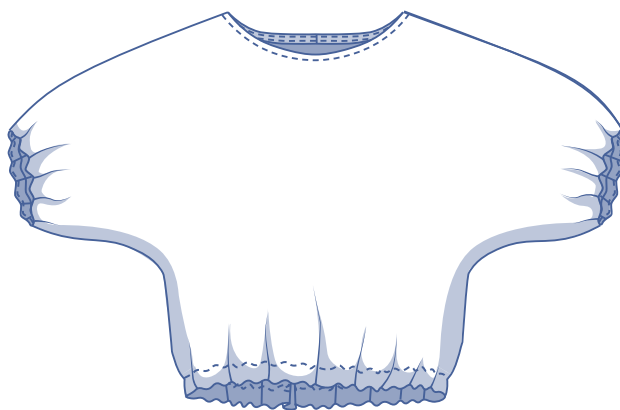
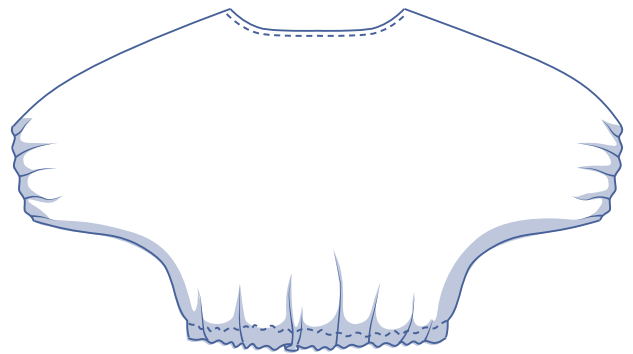
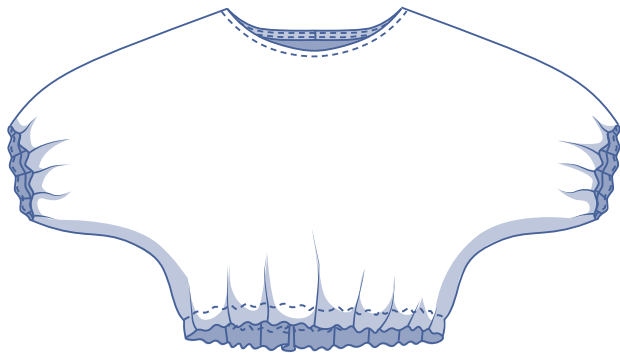


# Tanita by Fibre ood



**XS - XXXL**

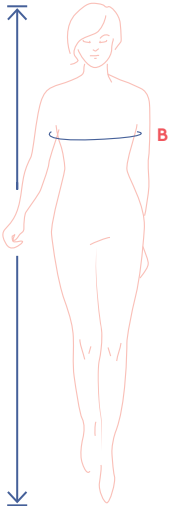
Have you got time to spare? Then check out this project for a great easy-peasy idea. A nice fabric and elastic trim are all you need. And the result? Simply divine! It could even be a nifty gift idea for a friend. The Tanita shown here is a spunky, boat neck crop top. Would you like yours a little longer? It is easy to do and will look just as fab. Now, go have a blast!



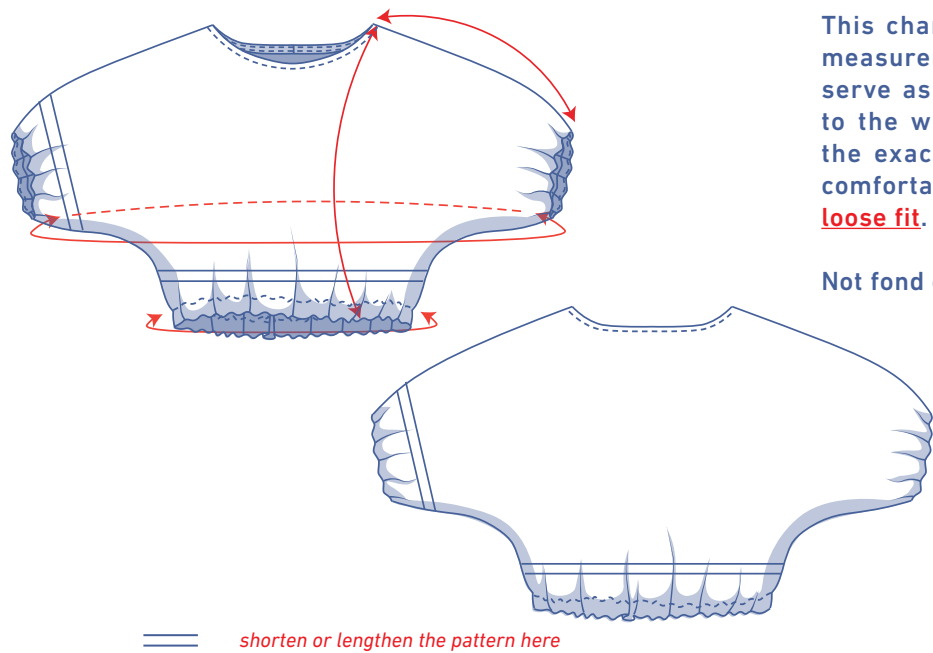
size chart (in cm)

size	XS		S		M		L		XL		XXL		XXXL		
	4	6	8	10	12	14	16	18	20	22	24	26	28	30	32
body height	160	164	166	167	168	169	170	171	172	172	172	172	172	172	172
B (bust)	76	80	84	88	92	96	100	104	110	116	122	128	134	140	146

Choose your size based on your bust measurement. Pick the size that is the best match for your bust.



pattern measurements (in cm)



This chart's measurements are the pattern measurements based on the fabric type and serve as a reference. Ease has been added to the width measurements (in addition to the exact body measurements) for a more comfortable cut. Tanita is designed to have a loose fit.

Not fond of loose cuts? Just go a size smaller.

size	XS	S	M	L	XL	XXL	XXXL
length, cropped top	46	47	48	49.25	51.75	53.5	55
length, longer top	55.5	57.25	59	61	63.25	65.5	67.75
sleeve length*	38.5	39.25	39.75	40.5	42	43.75	45.5
bust	95.5	103.5	111.5	119.5	129.5	141.5	153.5
hem circumference with elastic	72	76	84	90	100.5	113.5	126.5
hem circumference without elastic	95.5	103.5	111.5	119.5	129.5	141.5	153.5

\* Including shoulder length.

Compare the stated lengths to the measured or desired lengths. Lengthen or shorten the top and/or the sleeves by cutting the pattern pieces at the indicated double lines. Then either increase the distance between the cut pieces by the desired amount (to lengthen) or overlap the pieces (to shorten). Make sure that the CF and CB lines and the side seams are always straight.



IMPORTANT

Adjust the amount of fabric to be used based on these alterations.

## notions



- Thread
- Elastic (width 1.5 cm): see table
- Fabric: see table

elastic		XS	S	M	L	XL	XXL	XXXL
length per sleeve hem	cm	26.75	28	29.25	30.5	32	33.5	35
hem length	cm	75	79	87	93	103.5	116.5	129.5
total length	cm	128.5	135	145.5	154	167.5	183.5	199.5

fabric use, crop top		XS	S	M	L	XL	XXL	XXXL
fabric width 110 cm	cm	135	135	155	160	170	190	205
fabric width 140 cm	cm	120	125	125	130	135	145	150

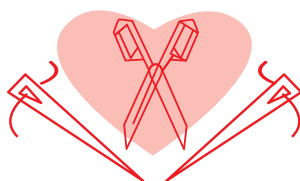
The corresponding fabric layout can be found on page 6 of these sewing instructions.

fabric use, standard top		XS	S	M	L	XL	XXL	XXXL
fabric width 110 cm	cm	150	150	175	195	205	215	225
fabric width 140 cm	cm	130	140	145	150	160	165	175

**fabric advice** Tanita looks gorgeous in all kinds of fabrics. Knits and wovens will both work. Chambray, lyocell, linen, interlock, and French terry are just a few. You can choose a structured fabric or something with a fluid drape depending on the look you're going for. Fabrics with a fluid drape, such as (viscose) crêpe or woven viscose will be more subtle and understated. If you want more structure and volume, consider making Tanita in poplin.



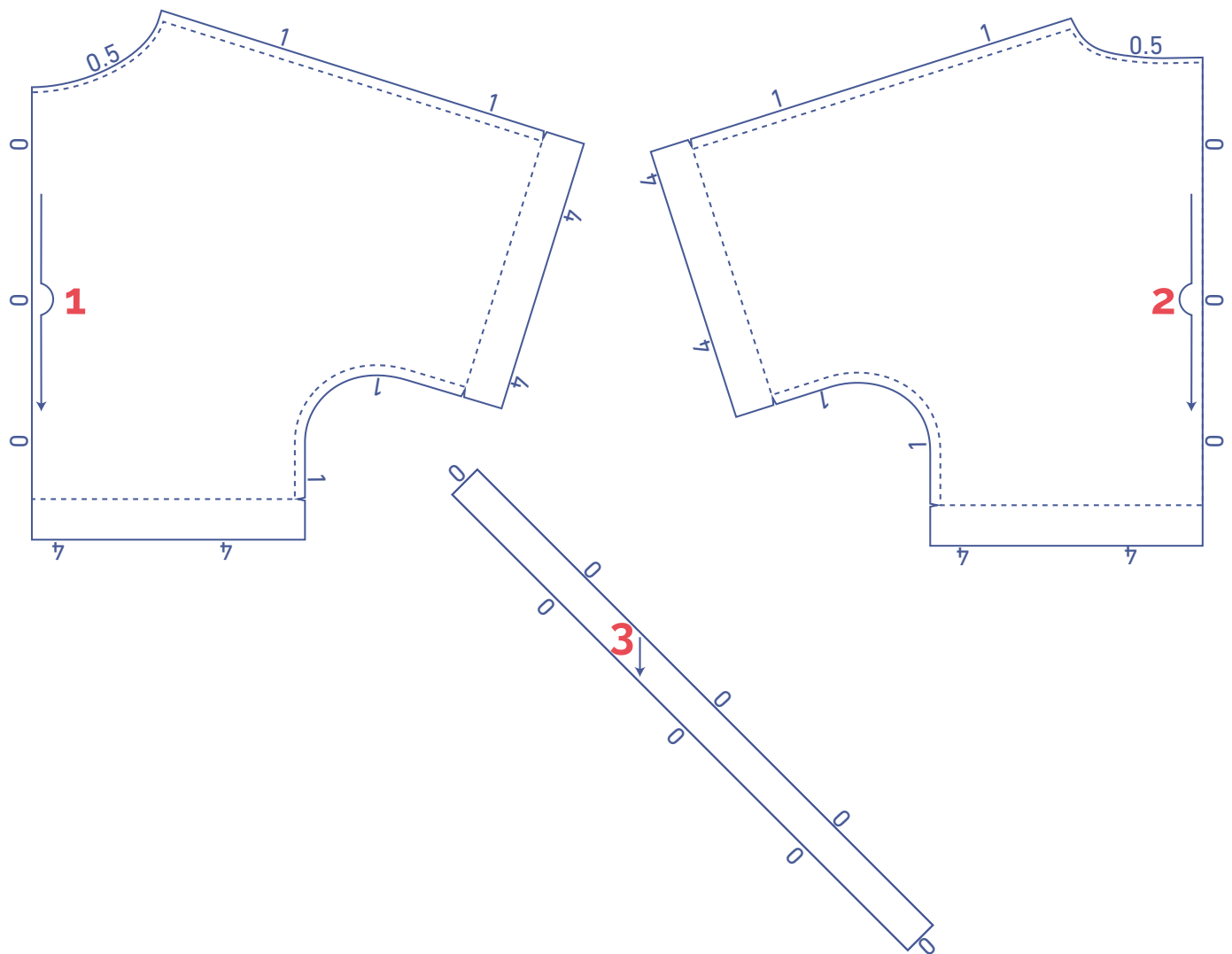
# Proud to be #Sewista



## pattern pieces & seam allowances (in cm)

To sew the garment as described in the instructions, draw the illustrated seam allowances around the paper pattern pieces before cutting them out. If you are using a PDF pattern, the pattern can be printed with or without seam allowance. To find out more, watch the [video](#).

1. front: 1x on fabric fold
2. back: 1x on fabric fold
3. bias tape: 1x

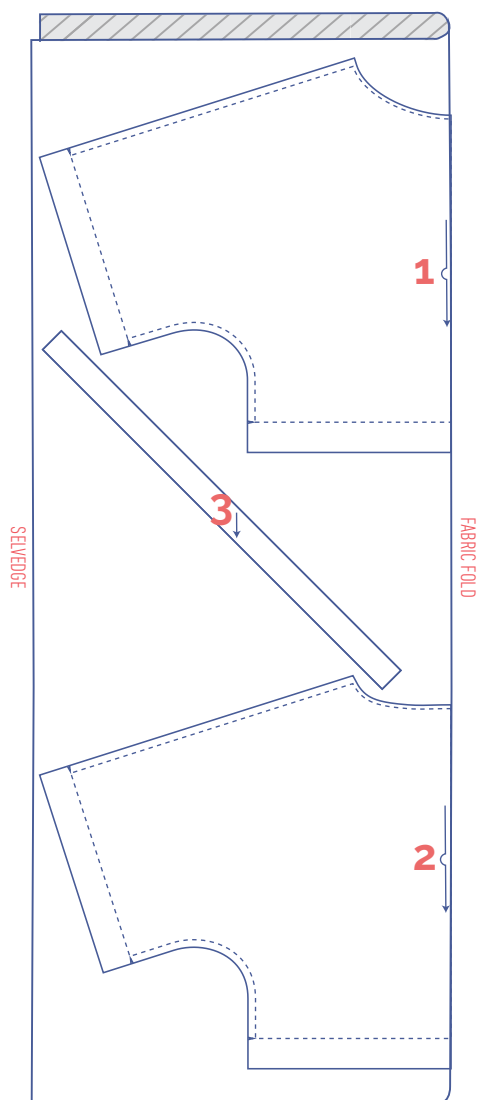


## fabric layout – solid fabrics

### fabric width 110 cm

XS - S

M - XXXL



### IMPORTANT

You only need pattern piece 3 once.

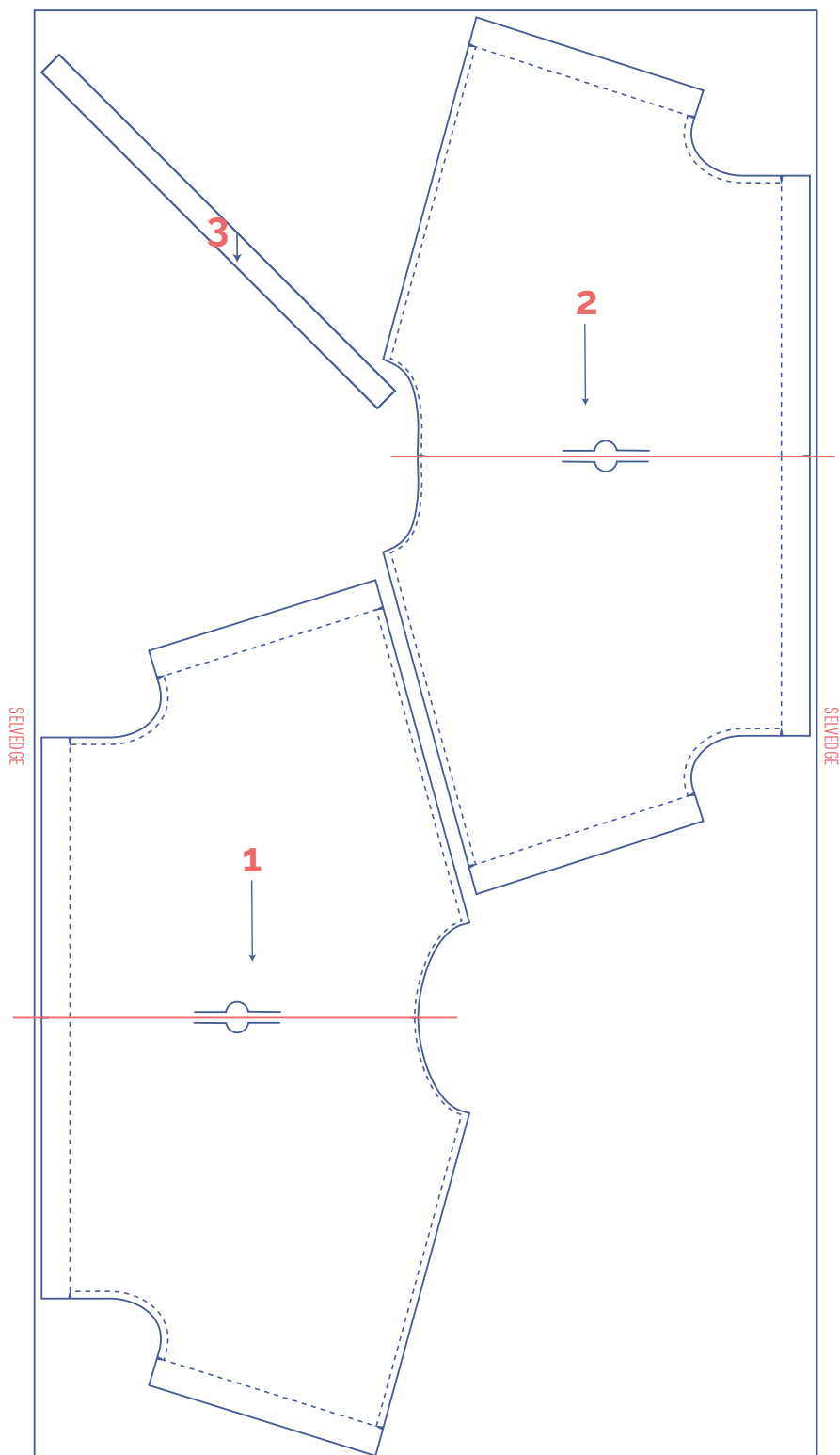
### marking pattern pieces



Notch the pattern paper and fabric at the following points



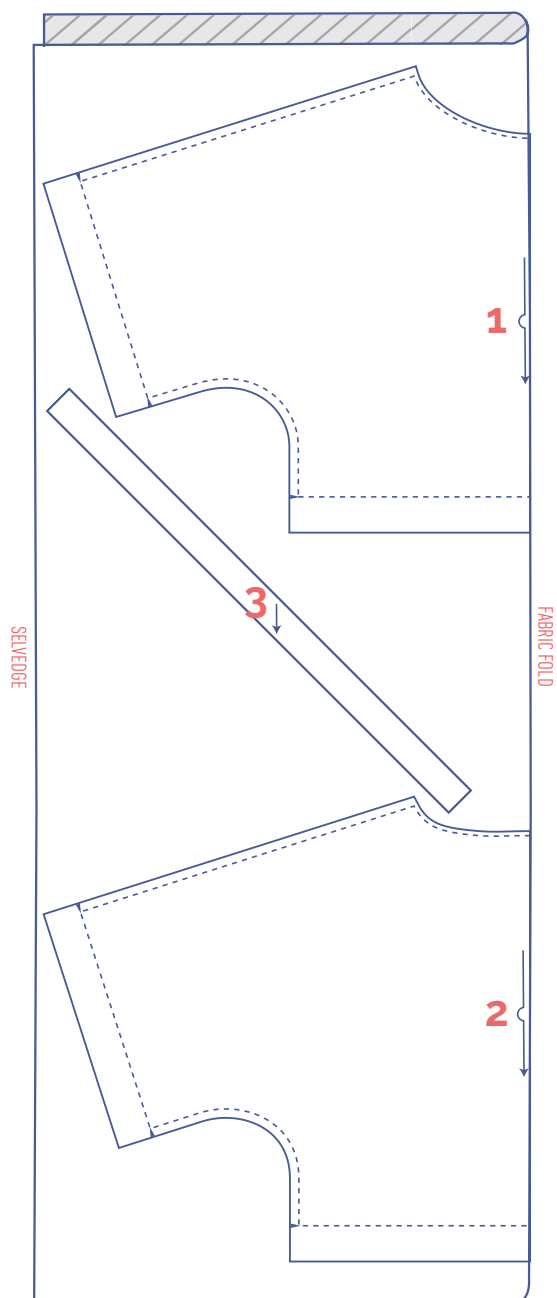
V notch / fabric fold



## fabric layout – solid fabrics

fabric width 140 cm

XS - XXXL



### IMPORTANT

You only need pattern piece 3 once.

## marking pattern pieces



Notch the pattern paper and fabric at the following points



V notch / fabric fold

# sewing instructions



The method used to finish the seams depends on the fabric used.  
The pieces are always sewn together with the right sides of the fabric facing, unless stated otherwise.

F front

B back

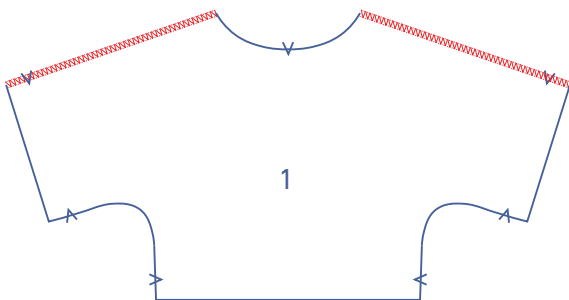
CF centre front

CB centre back

 right side

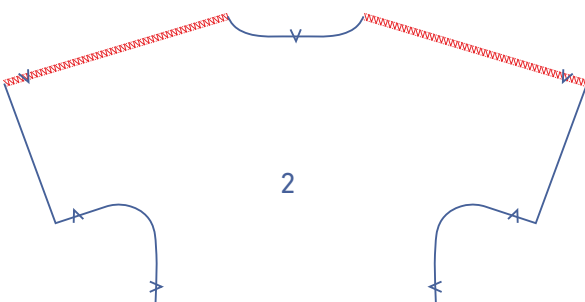
 wrong side

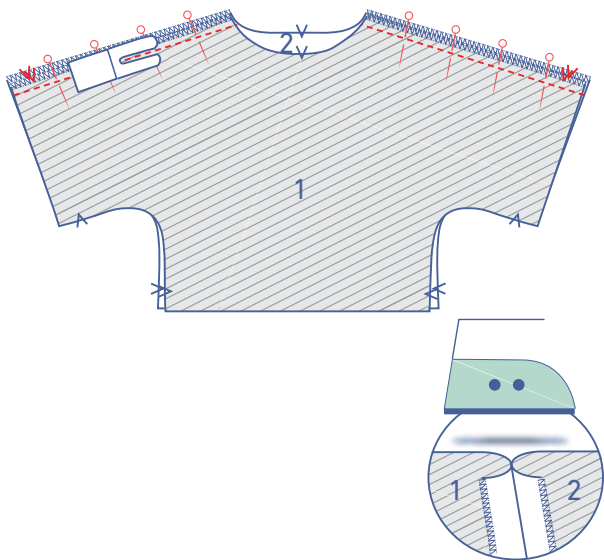
 elastic



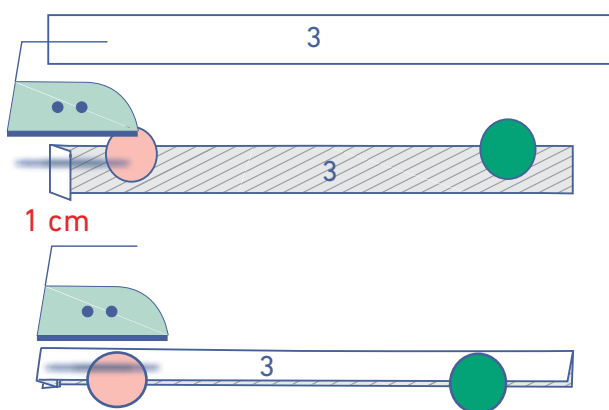
**1**

Finish the edges of the front (1) and back (2) with overlock stitching where indicated.





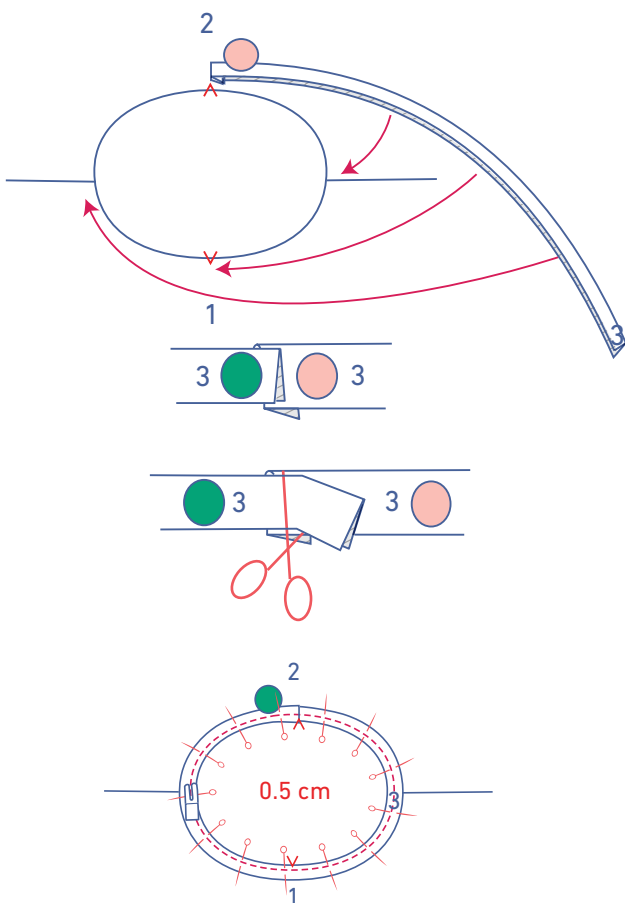
Pin and sew the shoulder seams of the front and back. Press the seam allowance open.



**2**

Press 1 cm of one short end of the bias tape (3) towards the wrong side. We've marked this with a pink circle. The unpressed short end has been marked with a green circle.

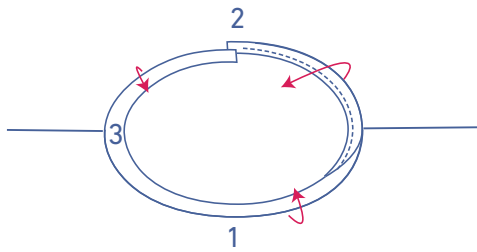
Press the bias tape in half with the long ends together and the wrong sides of the fabric facing each other.



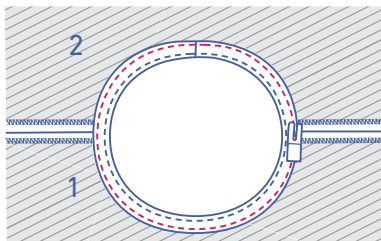
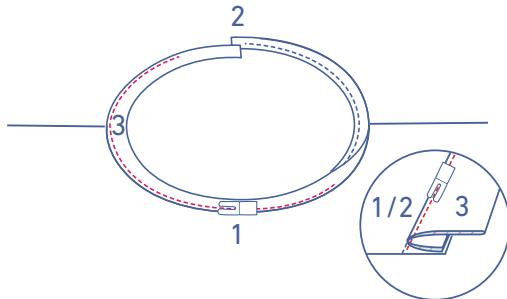
Pin the raw edges of the bias tape to the right side of the neckline. The folded end (pink circle) should match the V notch in the CB. The open end (green circle) of the bias tape should be on top of the folded end.

Trim any excess bias tape (stating the precise length isn't possible because the grainline is on the bias, i.e. it will differ according to fabric type).

Sew the bias tape into place at 0.5 cm from the raw edge.



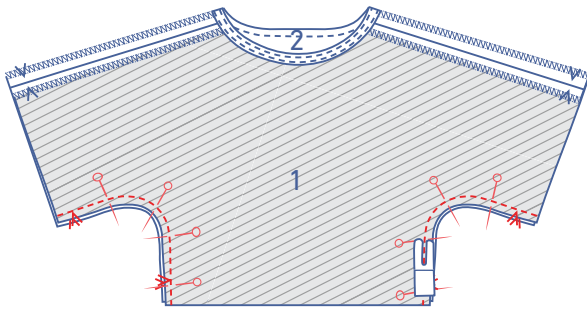
Fold the bias tape and seam allowance over and stitch to the seam allowance underneath, right next to the seam.



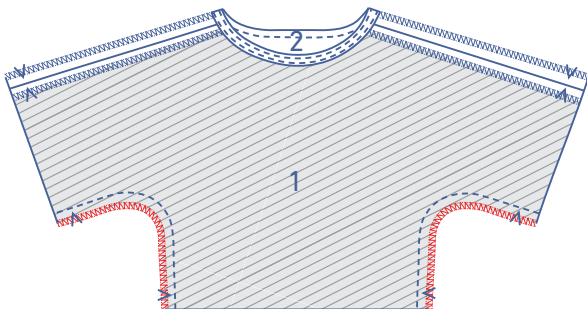
Press the bias tape all the way over to the wrong side. Sew into place right next to the edge.

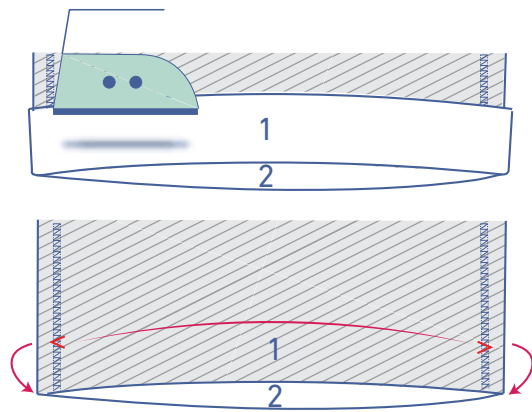
### 3

Pin and sew the side and underarm seams.



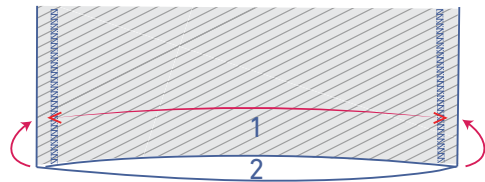
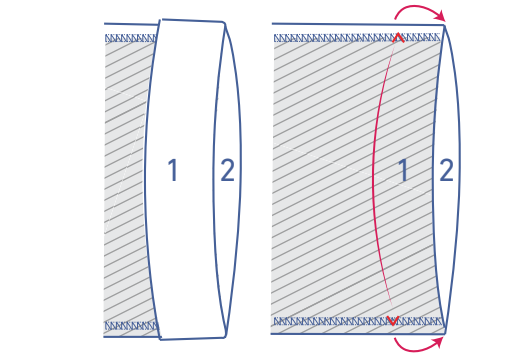
Finish the raw edges with overlock stitching.



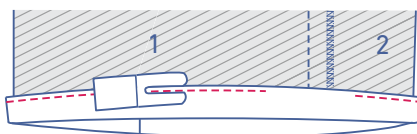
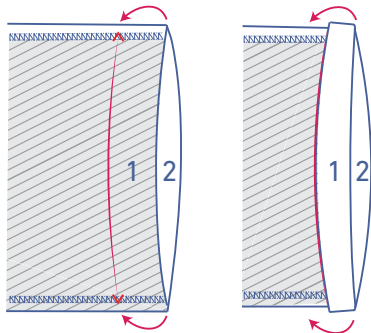
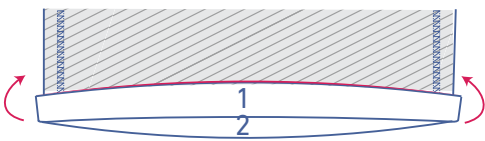


**4**

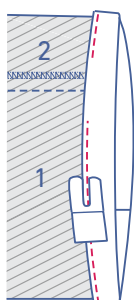
Press the hem allowance of the top and sleeves towards the wrong side and open back out.

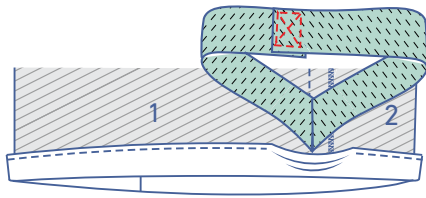


Fold the raw edge to the pressed fold line and then fold over again.

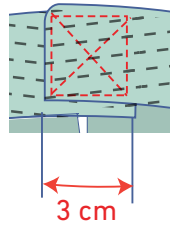
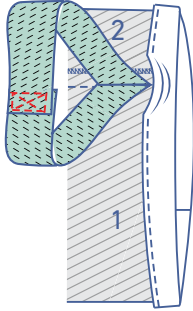


Edgestitch, leaving a gap in the underarm and side seam through which to thread the elastic later.

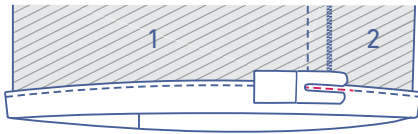




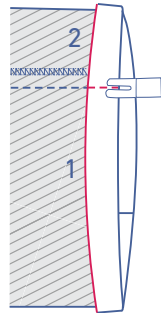
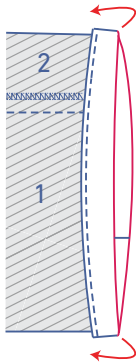
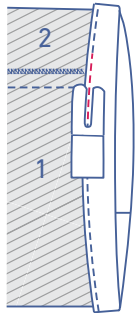
Thread the elastic through the hem and sleeve casings.



Overlap 3 cm of the ends and sew into place with a Box X stitch.



Neatly tuck the elastic into the casings and sew the openings closed.



Turn the sleeve casing over towards the wrong side and sew into place along the shoulder and underarm seams.