

# Irma by Fibre ood

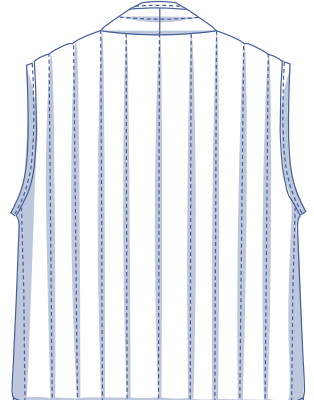
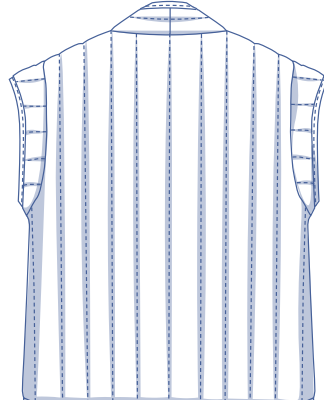
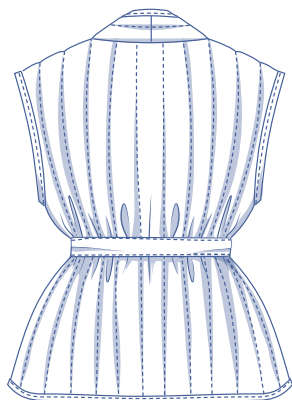
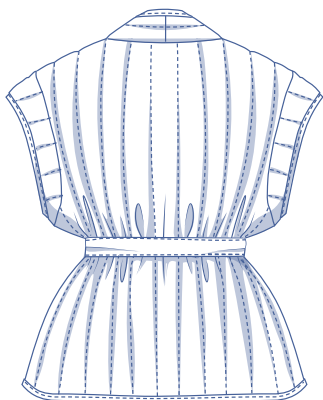
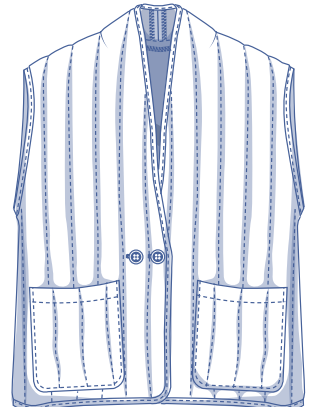
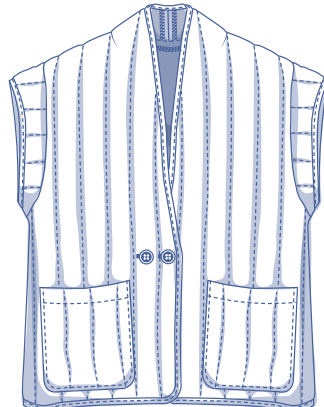
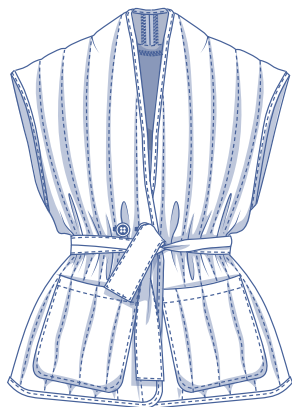
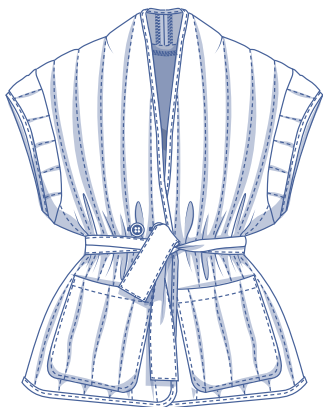


# Irma by Fibre Mood



**XS - XXXL**

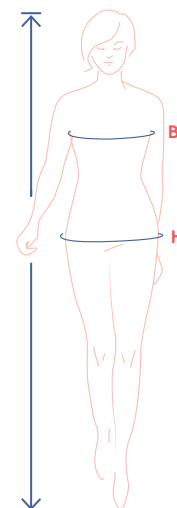
Bodywarmers are totally back to the future. This item is HOT – literally and figuratively. Go carefree without a belt or add one for a touch of class. What makes Irma stand out? Patch pockets and a shaped collar with a clean bias tape finish. The sleeve trim is optional. Irma is the perfect mid-season garment for a cheerful start to the autumn.



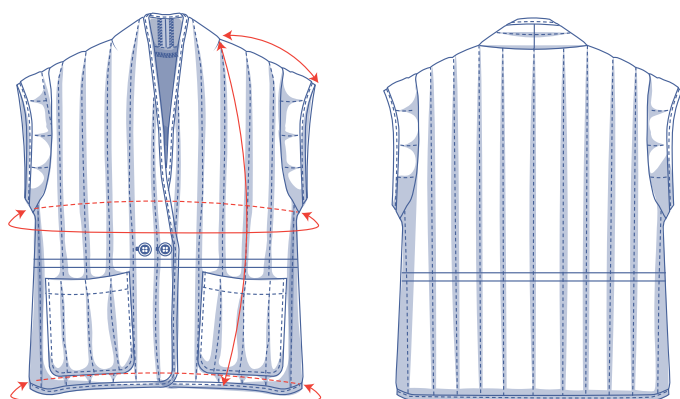
## size chart (in cm)

size	XS		S		M		L		XL		XXL		XXXL		
	4	6	8	10	12	14	16	18	20	22	24	26	28	30	32
body height	160	164	166	167	168	169	170	171	172	172	172	172	172	172	172
B (bust)	76	80	84	88	92	96	100	104	110	116	122	128	134	140	146
H (hips)	86	90	94	97	100	103	106	109	115	120	125	130	135	140	145

Choose your size based on your **bust measurement**. If your hip measurements are wider than those in the size chart, check the hem circumference in the chart below to see if there's enough room or whether the pattern needs to be altered. It's easy to do. Simply trace the line of the one size instead of the other.



## pattern measurements (in cm)



This chart's measurements are the pattern measurements based on the fabric type and serve as a reference. Ease has been added to the width measurements (in addition to the exact body measurements) for a more comfortable fit. Irma is designed to have a **loose cut**. If needed, make the pattern a size bigger or smaller depending on the desired cut.

== shorten or lengthen the pattern here

size	XS	S	M	L	XL	XXL	XXXL
length	66.25	68	70	71.75	74	76.25	78.5
sleeve length*	18.25	18.75	19.5	20	20.75	21.25	22
bust	94.5	102.5	110.5	118.5	128.5	140.5	152.5
hem circumference	104.5	112.5	120.75	129	139	151.25	163.25

\* Including shoulder length.

Compare the stated lengths to the measured or desired lengths. **Lengthen** or **shorten** Irma by cutting the pattern pieces at the indicated double lines. Then either increase the distance between the cut pieces by the desired amount (to lengthen) or overlap the pieces (to shorten). Make sure that the CF and CB lines and the side seams are always straight.



### IMPORTANT

Adjust the amount of fabric to be used based on these alterations.

## notions



- Thread
- Buttons (Ø 1.8 cm): 2
- Bias tape (width 1.8 cm): see table
- Fabric: see table

bias tape		XS	S	M	L	XL	XXL	XXXL
neck and hemline	cm	267.5	279.5	291.5	303.5	320.5	337.5	354.5
cuff	cm	2x55	2x57.5	2x60	2x63	2x66.5	2x70	2x74
armholes	cm	2x64.5	2x67	2x69.5	2x72.5	2x76	2x80	2x84
<b>total for the version without cuffs</b>	cm	<b>396.5</b>	<b>413.5</b>	<b>430.5</b>	<b>448.5</b>	<b>472.5</b>	<b>497.5</b>	<b>522.5</b>
<b>total for the version with cuffs</b>	cm	<b>377.5</b>	<b>394.5</b>	<b>411.5</b>	<b>429.5</b>	<b>453.5</b>	<b>477.5</b>	<b>502.5</b>

The version without cuffs = neck and hemline + 2x armholes

The version with cuffs = neck and hemline + 2x sleeve cuff (not the armholes)

fabric		XS	S	M	L	XL	XXL	XXXL
fabric width 110 cm	cm	195	200	200	205	230	265	290
fabric width 140 cm	cm	125	130	130	170	175	200	215

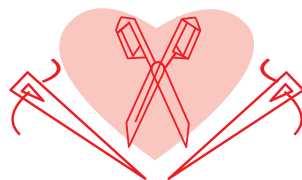
The corresponding fabric layout can be found on page 6 of these sewing instructions.

## fabric advice



It goes without saying that Irma calls for a warm fabric. Padded fabric, quilted fabric, and sweatshirt fabric all fit the bill.

# Proud to be #Sewista



## pattern pieces & seam allowances (in cm)

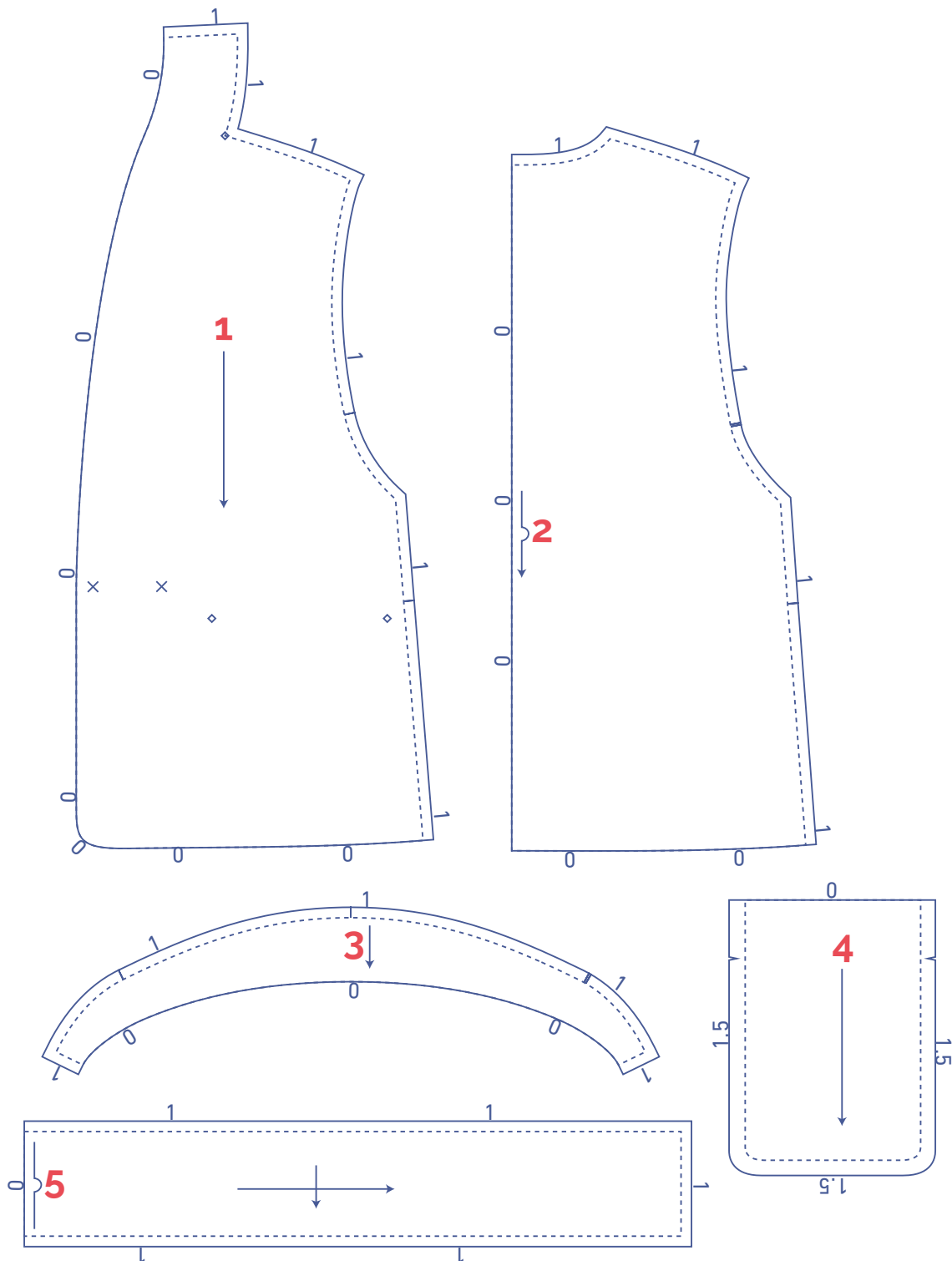
To sew the garment as described in the instructions, draw the illustrated seam allowances around the paper pattern pieces before cutting them out. If you are using a PDF pattern, the pattern can be printed with or without seam allowance.

To find out more, watch the [video](#).

1. front: 2x
2. back: 1x on fabric fold
3. cuff: 2x (optional)
4. pocket: 2x
5. belt: 1x on fabric fold (optional)

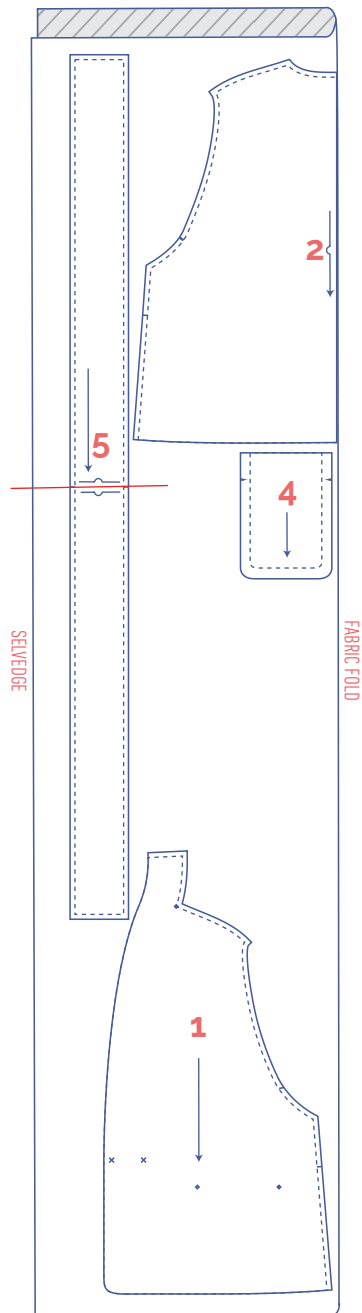
### TIP

If you are using a thick padded fabric, remove some of the padding from the long end of the belt (pattern piece 5). Fabrics that are too thick are difficult to turn inside out. This body warmer can also be worn without a belt or with a leather belt (for example).



**fabric layout – solid fabrics**  
**fabric width 110 cm**

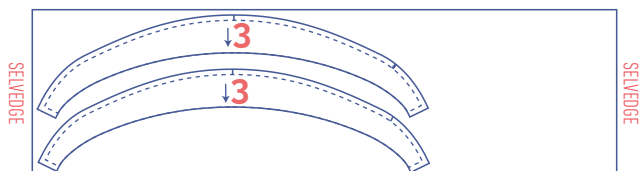
**XS - XXXL**



**IMPORTANT**

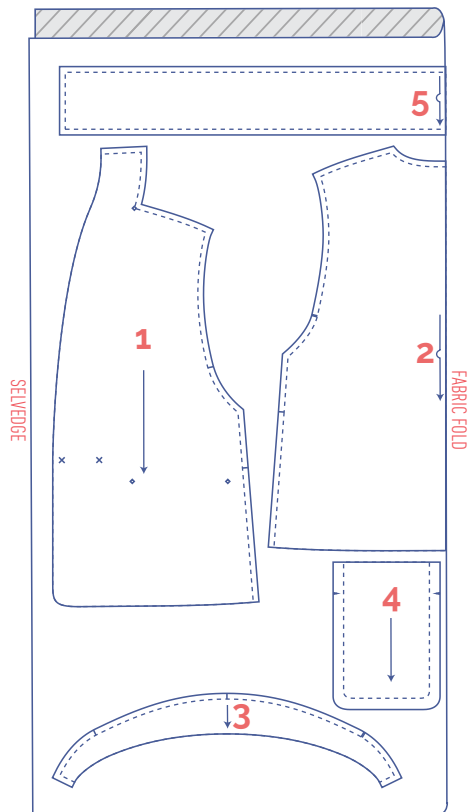
You only need pattern piece 5 once.

**+**

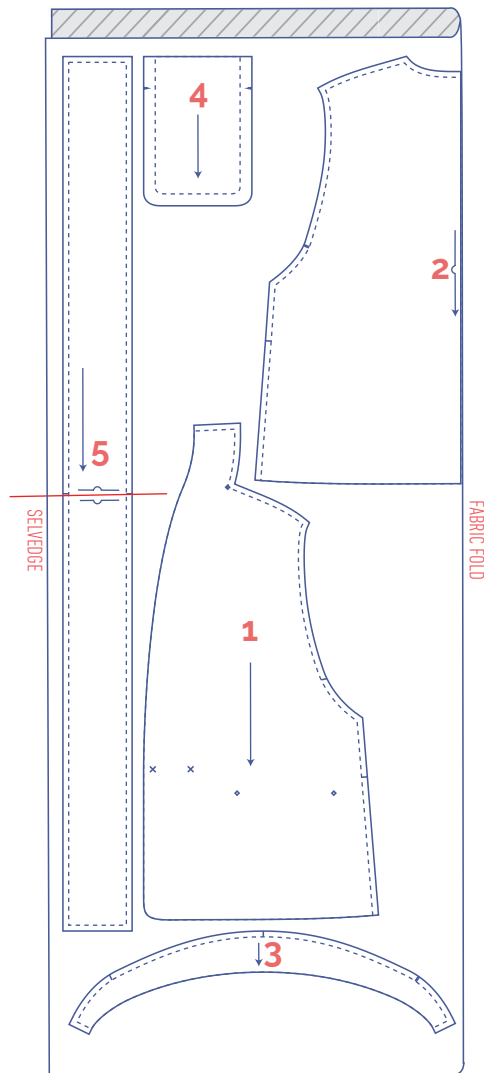


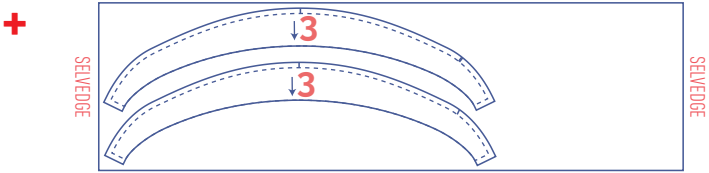
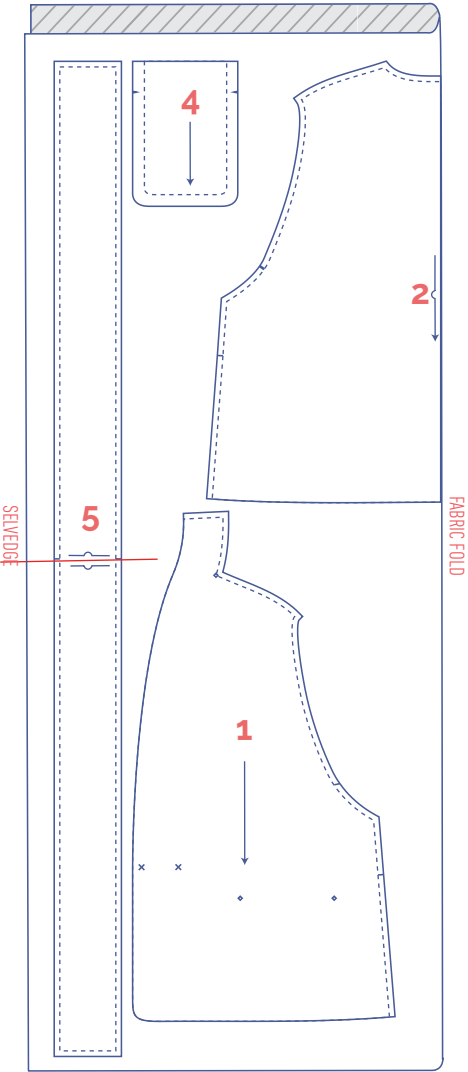
**fabric layout – solid fabrics**  
**fabric width 140 cm**

**XS - M**







**L - XL**





**IMPORTANT**  
You only need pattern piece 5 once.

marking pattern pieces

	Notch the pattern paper and fabric at the following points:		Mark the following points using marking thread.
	single notch		centre point
	double notch		button
V	V notch		



# sewing instructions



The method used to finish the seams depends on the fabric used. The pieces are always sewn together with the right sides of the fabric facing, unless stated otherwise.

F front

B back

RF right front

LF left front

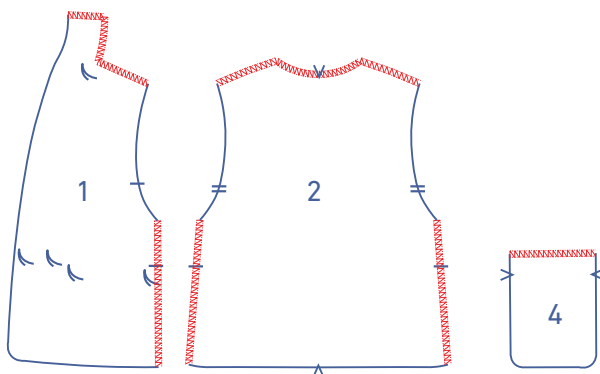
CF centre front

CB centre back

 right side

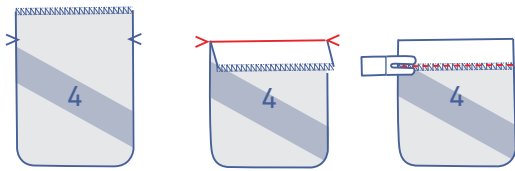
 wrong side

 bias tape

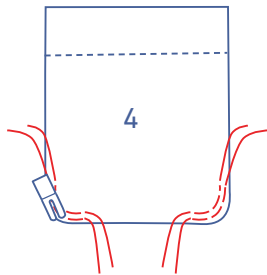


**1**

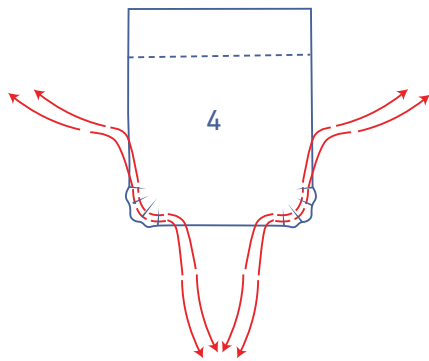
Finish the indicated raw edges of the pocket (4), front (1), and back (2) with overlock stitching.



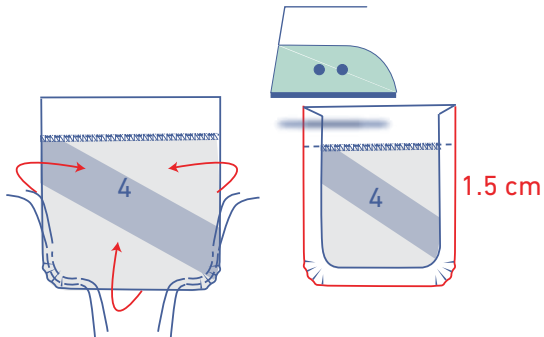
Press the top of the pocket towards the wrong side at the V notches and stitch into place.



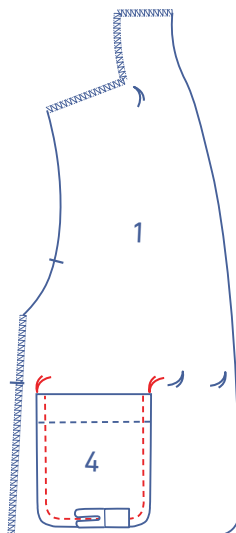
Use a long stitch at a low thread tension to sew 2 parallel lines of stitching in the curved corners of the pockets. Leave a length of thread at the start and end of your stitching.



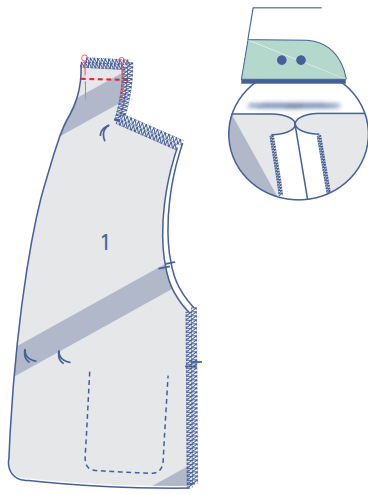
Gently tug the threads so that the fabric gathers and the seam allowance rolls a little.



Press the indicated edges 1.5 cm towards the wrong side.

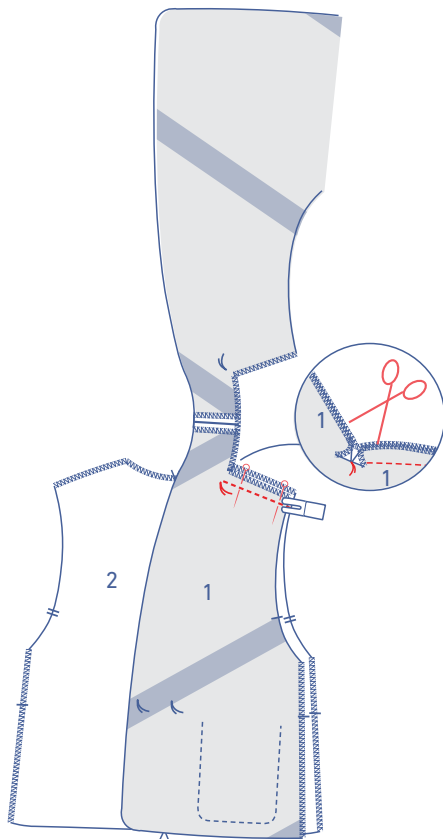


Pin the pocket to the front where indicated. Sew together at presser foot width from the edge.

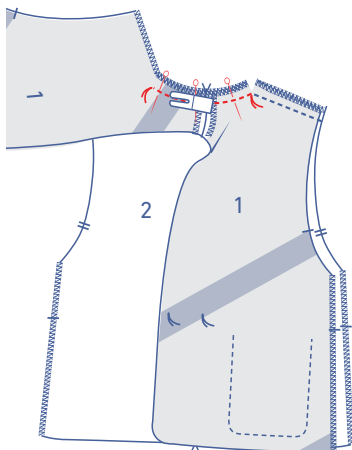


## 2

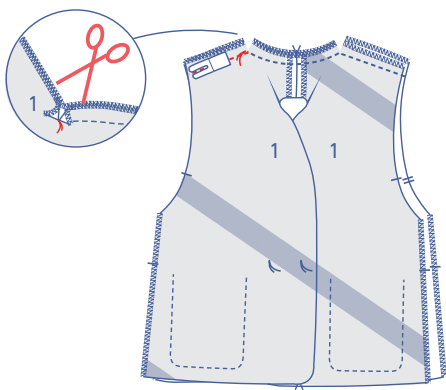
Pin and sew the CB seam together. Press the seam allowance open.



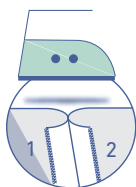
Pin and sew the shoulder seams of the front and back up to the marking thread. Leave the needle in the fabric here. Raise the presser foot and snip into the seam allowance of the front until just before the needle.



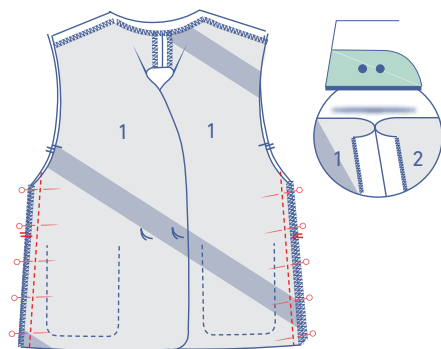
Turn the garment and lower the presser foot back down. Continue sewing the back neckline up to the next marking thread.



Leave the needle in the fabric again, raise the presser foot, and snip into the seam allowance of just the front until just before the needle. Turn the garment and lower the presser foot back down. Continue sewing the other shoulder seam.



Press the seam allowances open.



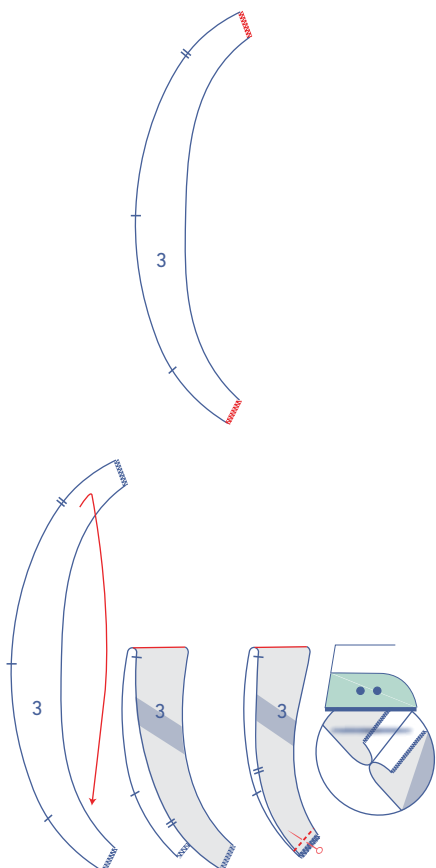
Pin and sew the side seams together. Press the seam allowances open.

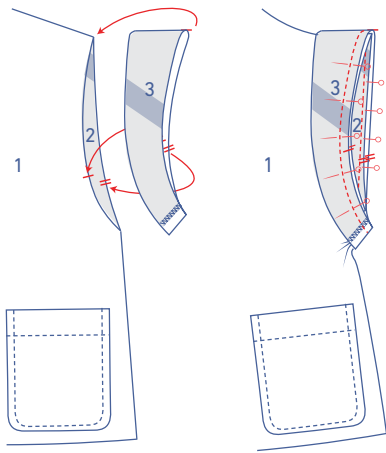
### 3

#### OPTIONAL

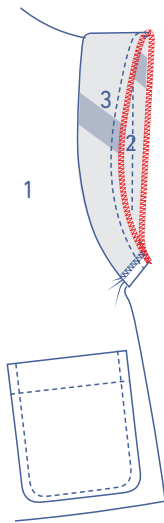
Finish the ends of the cuff indicated with overlock stitching.

Pin and sew the underarm seams of the cuff (short ends). Press the seam allowance open.





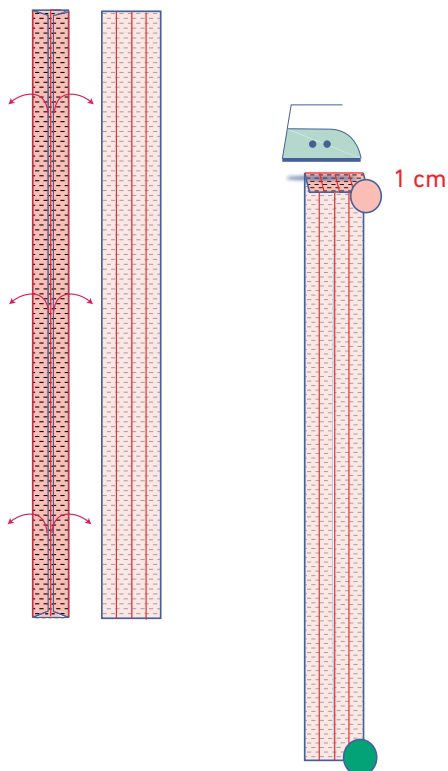
Pin and sew the cuff to the armhole, matching the markings. The single notch marks the front, while the double notch marks the back. The top notch should align with the shoulder seam.



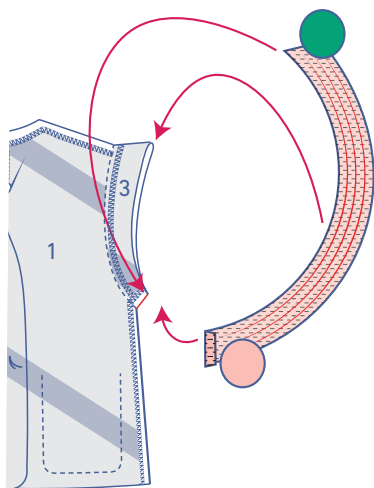
Finish the raw edges with overlock stitching.

## 4

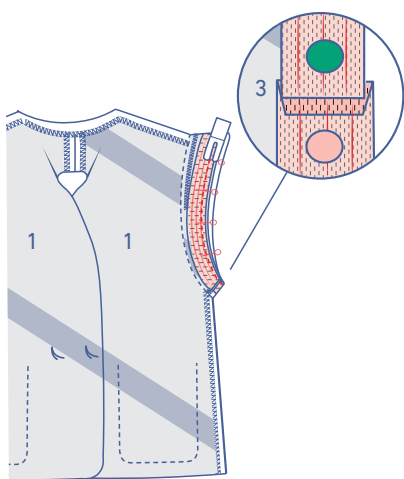
Open out the bias tape for the cuff.



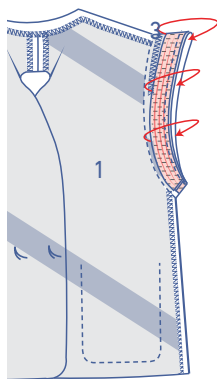
Press one short end 1 cm towards the wrong side. We've marked this pressed short end with a pink circle. The unpressed short end has been marked with a green circle.



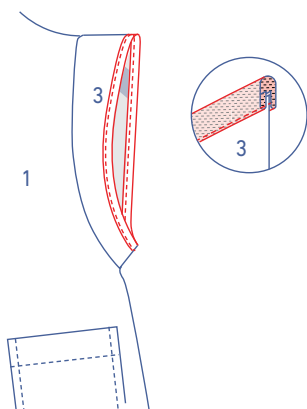
Pin the raw edge of the bias tape along the inside of the cuff. The folded end (pink circle) should be aligned with the underarm seam.



When you reach the folded end, make sure the unfolded end (green circle) of the bias tape is on top of the folded end. Snip off any excess bias tape. Sew together in the first fold line.



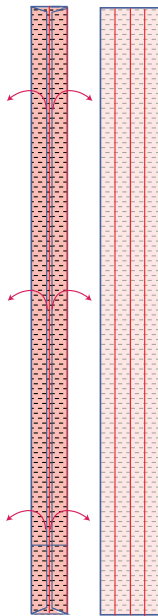
Fold over the bias tape at the stitching you just made (first fold line), then wrap the tape around the edge of the cuff.



Tuck under the raw edge of the bias tape. Edgestitch into place.

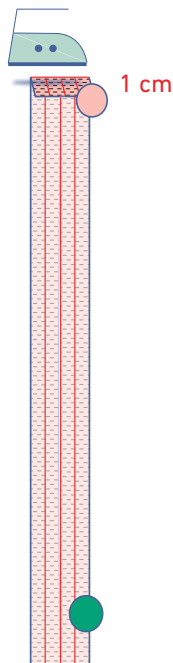
#### TIP

For the version without cuffs finish the raw edges of the armhole with bias tape as shown in the previous steps.

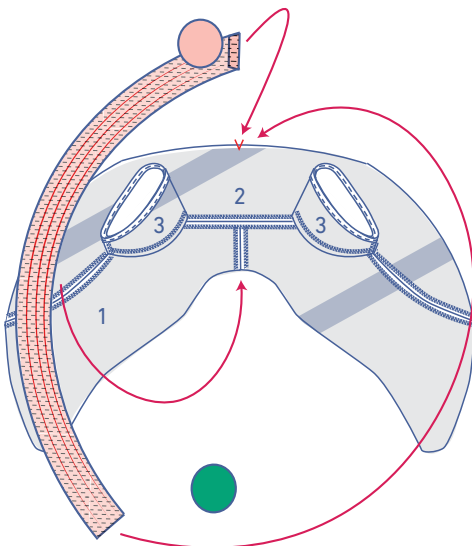


## 5

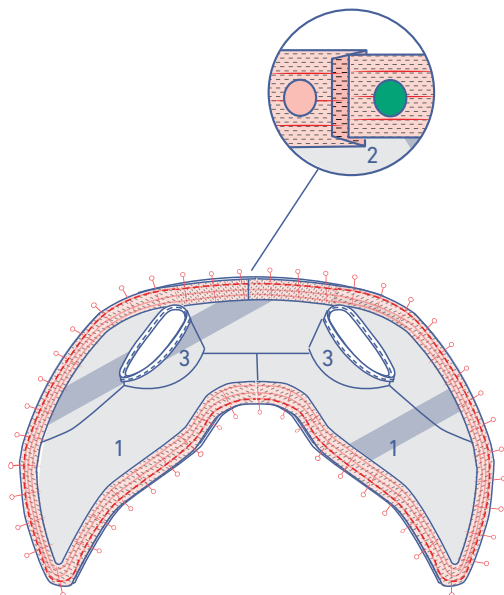
Open out the bias tape for the neck and hemlines.



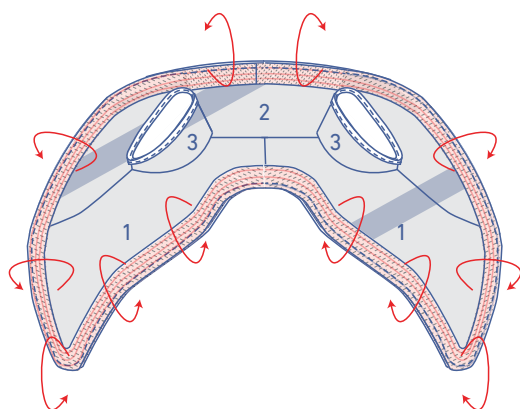
Press one short end 1 cm towards the wrong side. We've marked this pressed short end with a pink circle. The unpressed short end has been marked with a green circle.



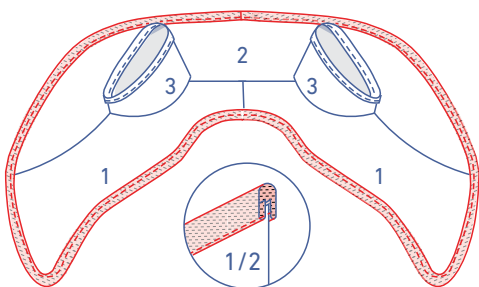
Pin the raw edge of the bias tape along the inside of the body warmer. Start pinning at the folded end (pink circle) which aligns with the CB seam.



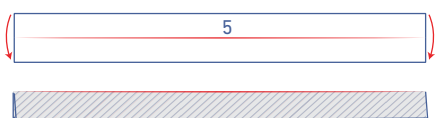
When you reach the folded end, make sure unfolded end (green circle) of the bias tape is on top of the folded end. Trim any excess bias tape. Sew together in the first fold line.



Fold over the bias tape at the stitching you just made (first fold line), then wrap the tape around the edge of the body.



Edgestitch the bias tape into place.



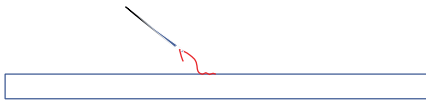
## 6

Fold the belt (5) in half with the long ends together and the right sides of the fabric facing.





Sew the indicated sides and leave an opening to turn the belt the right way out again.



Turn the belt the right way out and sew the opening closed.

## 7

Sew the buttons onto the LF where indicated. Make buttonholes in the RF to match.

