

# Mabel by Fibre ⚡ood

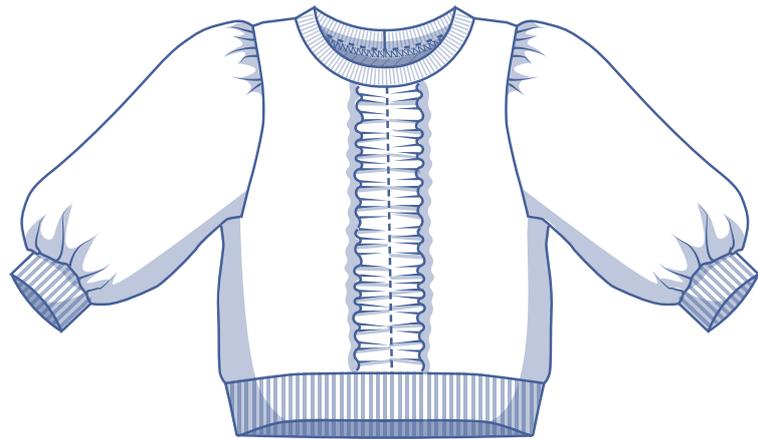


# Mabel by Fibre ⚡ood



**XS - XXXL**

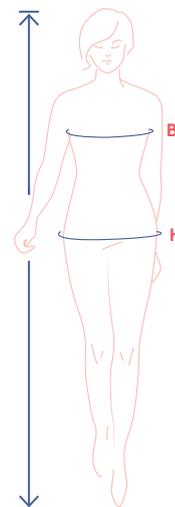
A top can make or break your outfit, which is why we're fans of this simple top with a round neckline and three-quarter length puffed sleeves. The neck binding, hem band, and wrist trim all have a ribbed trim fabric finish. The sleeve length? Up to you! We show you the best way to alter that [here](#). Fancy an extra hint of decadence? Just stitch a ruffle down the front!



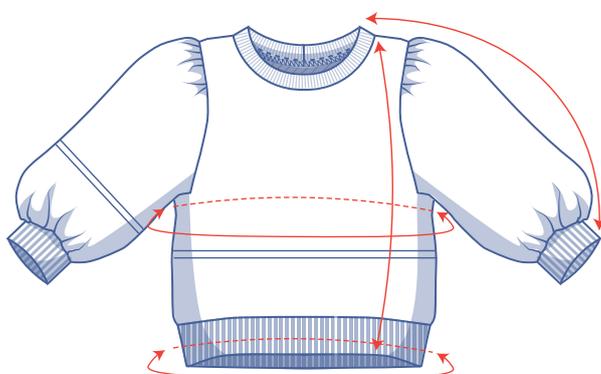
## size chart (in inches)

size	XS		S		M		L		XL		XXL		XXXL		
	0	2	4	6	8	10	12	14	16	18	20	22	24	26	28
body height	5'25"	5'38"	5'45"	5'48"	5'51"	5'54"	5'58"	5'61"	5'64"	5'64"	5'64"	5'64"	5'64"	5'64"	5'64"
B (bust)	29.9	31.5	33.1	34.6	36.2	37.8	39.4	40.9	43.3	45.7	48	50.4	52.8	55.1	57.5
H (hips)	33.9	35.4	37	38.2	39.4	40.6	41.7	42.9	45.3	47.2	49.2	51.2	53.1	55.1	57.1

Choose your size based on your **bust measurement**. Pick the size that is the best match for your bust.



## pattern measurements (in inches)



— shorten or lengthen the pattern here

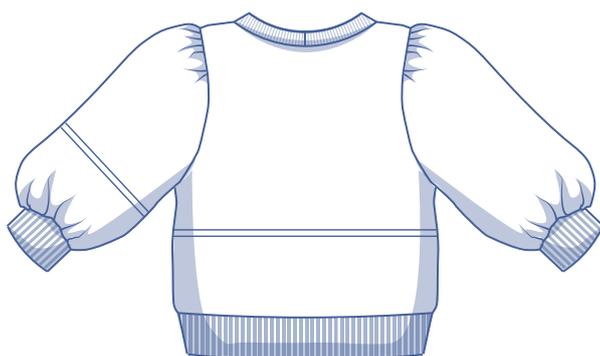
This chart's measurements are the pattern measurements based on the fabric type and serve as a reference. Ease has been added to the width measurements (on top of the exact body measurements) for a more comfortable fit. Mabel is designed to have **a comfortable fit**. Make the pattern a size bigger or smaller than what is normally recommended for your measurements depending on the desired cut.

size	XS	S	M	L	XL	XXL	XXXL
length*	23.2	23.5	23.8	24.1	24.6	25.1	25.7
sleeve length**	22.1	22.8	23.4	24	24.7	25.3	26
bust	33.2	36.3	39.5	42.6	46.6	51.3	56
hem circumference***	28.5	31	33.6	36.1	39.2	43.2	47.1

\* Including hem band.

\*\* Including shoulder length, neck and wrist trim.

\*\*\* Measured when the hem band is not stretched. → FYI: the hem band is in trim fabric.



Compare the stated lengths to the measured or desired lengths. **Lengthen** or **shorten** the top and/or sleeves by cutting the pattern pieces at the indicated double lines. Then either increase the distance between the cut pieces by the desired amount (to lengthen), or overlap the pieces (to shorten). Make sure that the CF and CB lines and the side seams are always straight.



### IMPORTANT

Adjust the amount of fabric to be used based on these alterations.

## notions



- Thread
- rim fabric ( 14" wide)): max. 0.6 yd
- Fabric: see table

fabric		XS	S	M	L	XL	XXL	XXXL
fabric width 43"	yd	2	2	2 1/2	2 1/2	2 3/4	2 3/4	2 3/4
fabric width 55"	yd	1 3/4	1 3/4	1 3/4	2	2	2 1/2	2 1/2

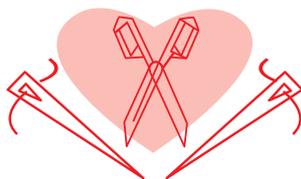
The corresponding fabric layout can be found on page 6 of these sewing instructions.

## fabric advice

Make Mabel in a knit. Take your pick from French terry, knit jacquard, sweatshirt fabric, glitter jersey...



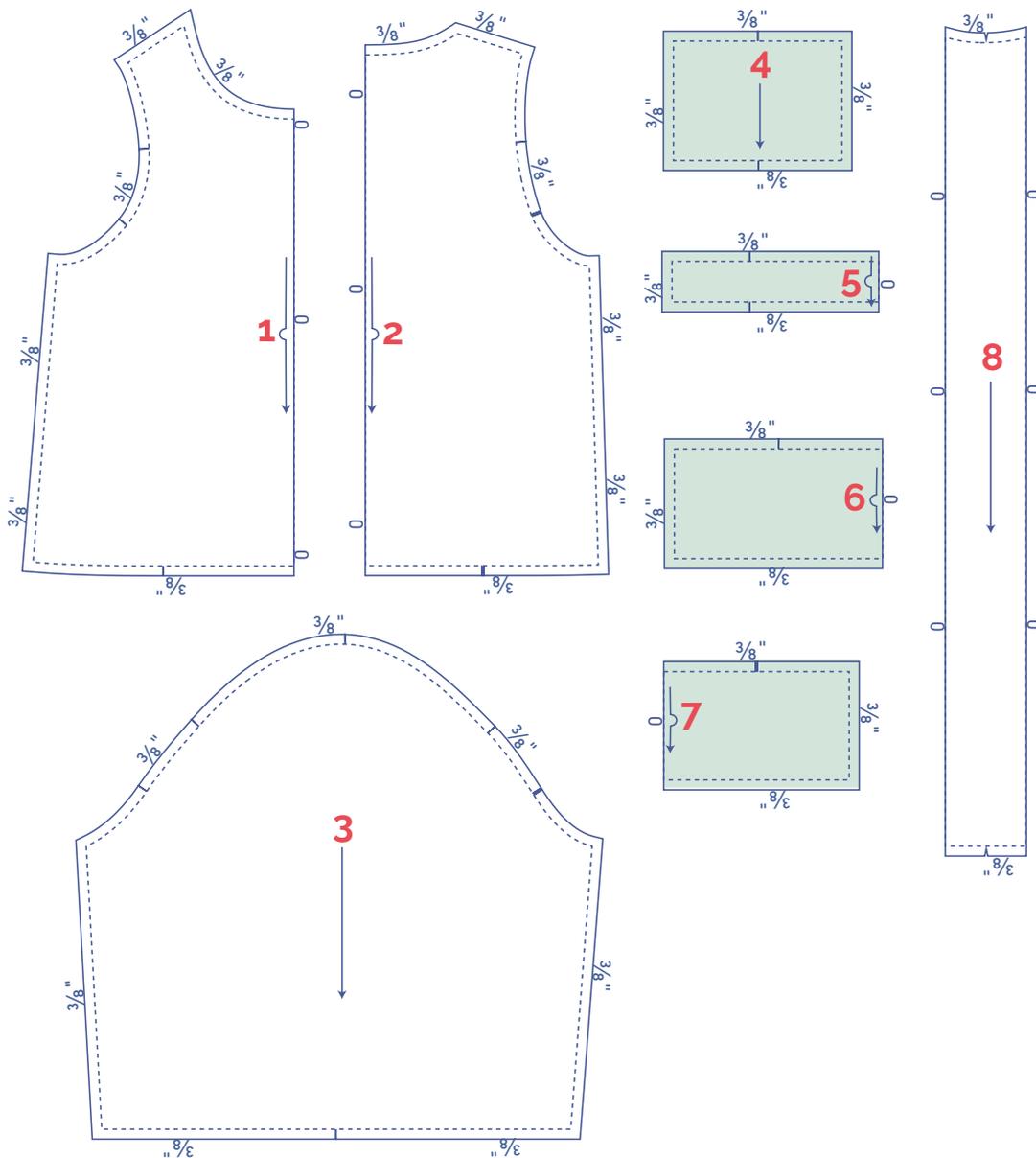
# Proud to be #Sewista



## pattern pieces & seam allowances (in inches)

To sew the garment as described in the instructions, draw the illustrated seam allowances around the paper pattern pieces before cutting them out. If you are using a PDF pattern, the pattern can be printed with or without seam allowance.

To find out more, watch the [video](#).

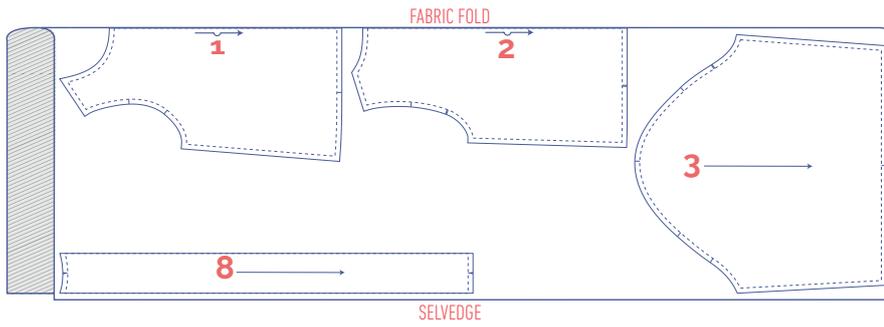


1. front: 1x on fabric fold
2. back: 1x on fabric fold
3. sleeve: 2x
4. wrist trim: 2x
5. neck band: 1x on fabric fold
6. hem band front: 1x on fabric fold
7. hem band back: 1x on fabric fold
8. ruffle: 1x (optional)

	material type
	fabric
	trim fabric

**fabric layout – solid fabrics  
fabric width 43"**

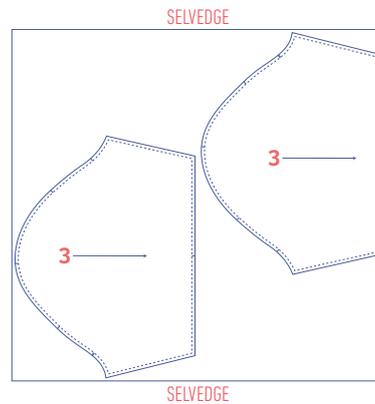
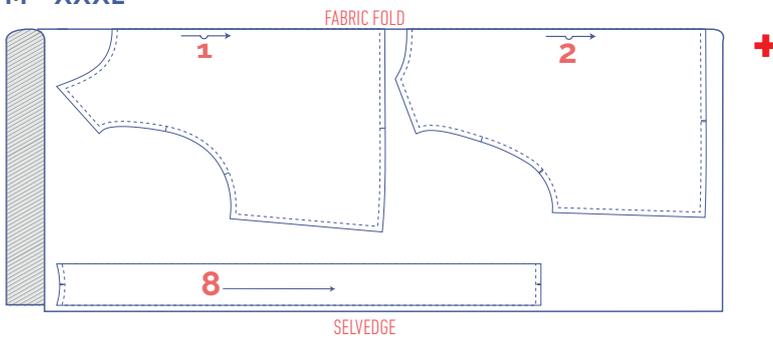
XS - S



**IMPORTANT**

Pattern pieces 8 is optional and is only needed once.

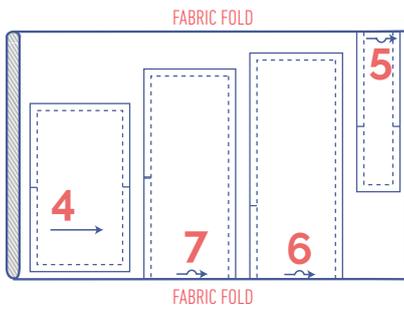
M - XXXL



**IMPORTANT**

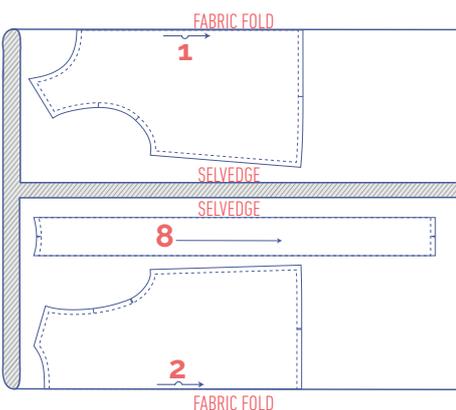
Pattern pieces 8 is optional and is only needed once.

**trim fabric for XS - XXXL**

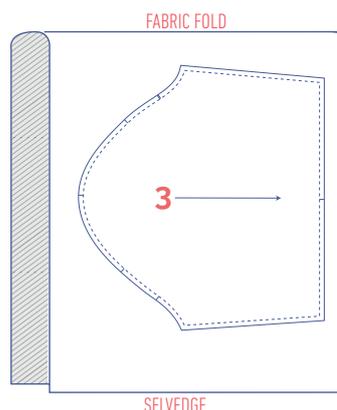


**fabric layout – solid fabrics  
fabric width 55"**

XS - M



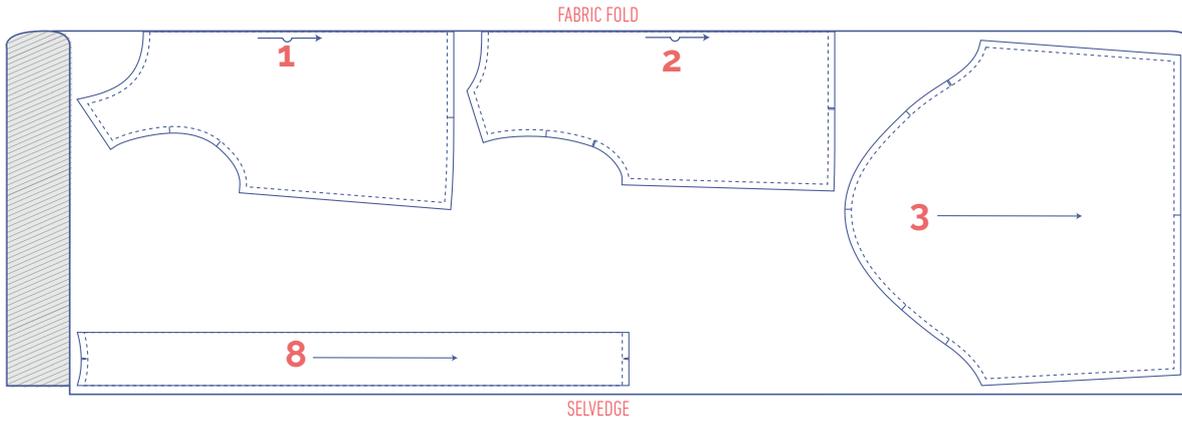
+



**IMPORTANT**

Pattern pieces 8 is optional and is only needed once.

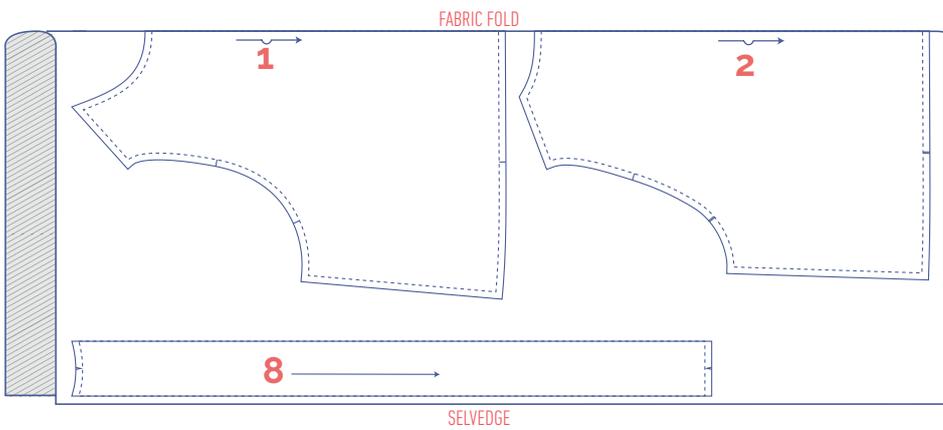
L - XL



**IMPORTANT**

Pattern pieces 8 is optional and is only needed once.

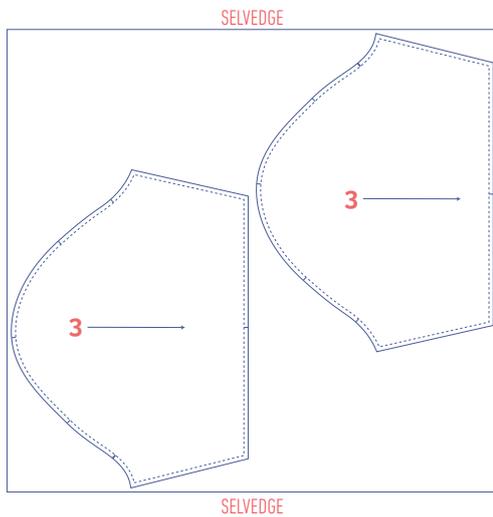
XXL - XXXL



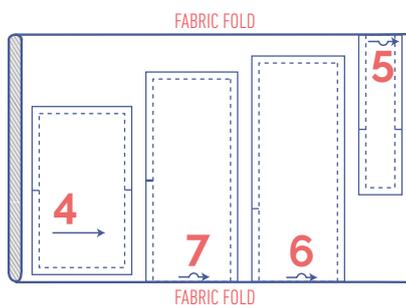
**IMPORTANT**

Pattern pieces 8 is optional and is only needed once.

+



**trim fabric for XS - XXXL**



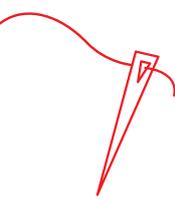
**marking pattern pieces**

	notch the pattern paper and fabric at the following points
	single notch
	double notch
∨	V notch

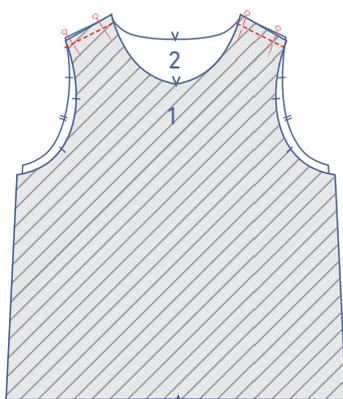
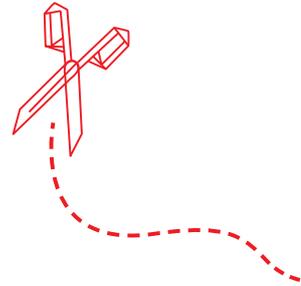
# sewing instructions



The sewing instructions explain how to make the top if you don't have an overlock machine. Use a stretch stitch setting on your sewing machine to sew the seams and an overlock stitch to finish the raw edges. The top can also be made solely with a 4-thread overlocker, i.e. 2 upper looper threads and 2 lower looper threads. This finishes the raw edges and sew the seams together at the same time. The seams will stay stretchy.

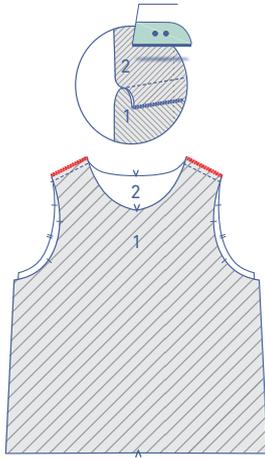


F	front
B	back
CF	centre front
CB	centre back
	right side
	wrong side
	trim fabric



## 1

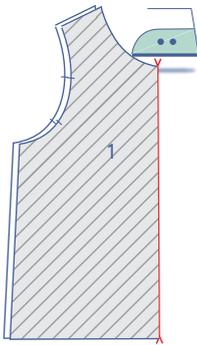
Pin and sew the shoulder seams of the front (1) and back (2) together.



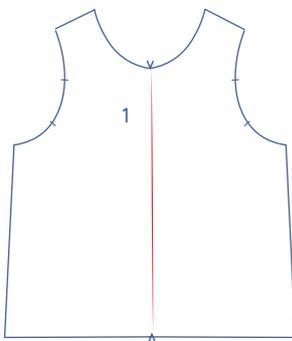
Finish the raw edges and press the seam allowance towards the front.

### OPTIONAL RUFFLE

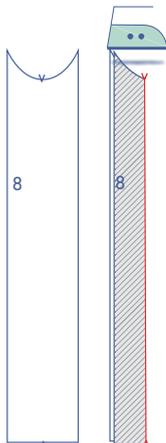
Press the front in half lengthwise at the V notches to create a fold line.

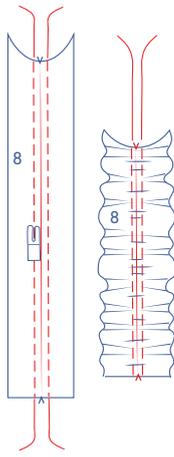


Open the front back out.

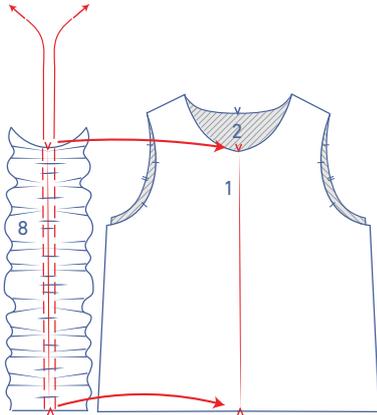


Press the ruffle (8) in half lengthwise at the V notches (right sides together) to create a fold line.

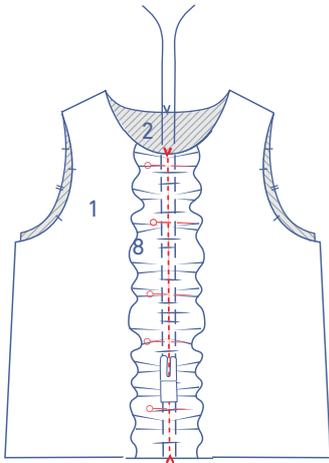




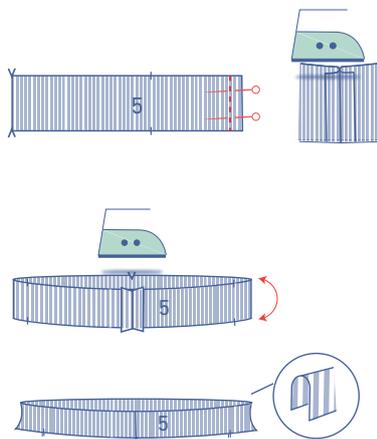
Open back out. Stitch down either side of the pressed fold line using a long stitch at a low thread tension. Leave a length of thread at the start and end of the rows. Carefully tug the ends of the threads to gather the fabric into ruffles.



Place the ruffle on the front, neatly matching the fold lines and V notches. Distribute the gathers equally across the full length of the ruffle.



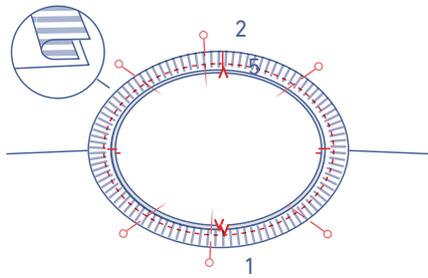
Stitch down the pressed fold line.  
Remove the gathering threads.



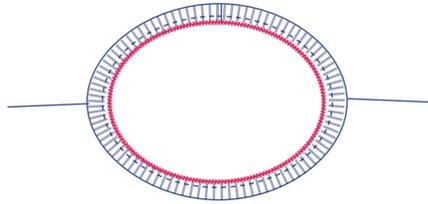
## 2

Fold the neck band (5) in half with the right sides of the fabric facing. Pin and stitch the short ends (ie. the CB seam). Press the seam allowance open.

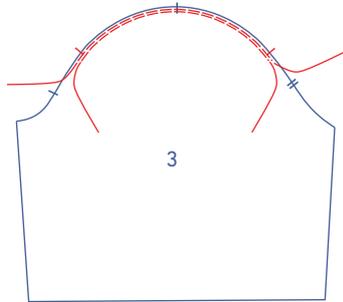
Press the neck band in half lengthwise with the wrong sides of the fabric facing.



Pin and sew the raw edges of the neck band to the neckline. The CB seam of the neck band should line up with the V notch in the back, the single notches in the neck band match those in the shoulder seams, the V notch in the CF of the neck band matches the CF of the jumper. The circumference of the neck trim is smaller than the neckline, so make sure to pin at all the notch points and stretch out the neck band as you sew.

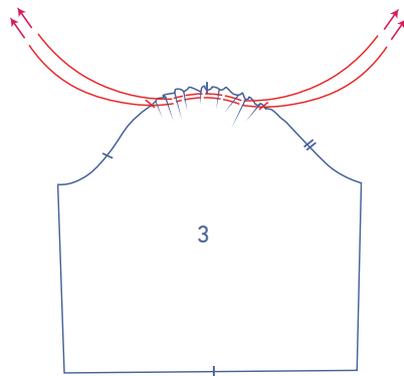


Finish the raw edges with overlock stitching.

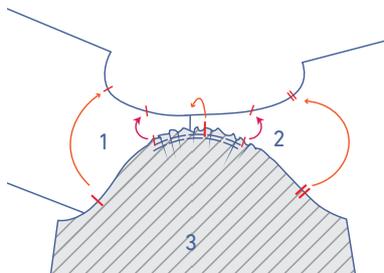


### 3

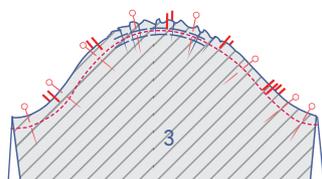
Sew two parallel rows of stitching at presser foot width from the top of the sleeve (3), using a long stitch length at a low thread tension. Sew just past the indicated single notches. Leave a length of thread at the start and end of the rows.

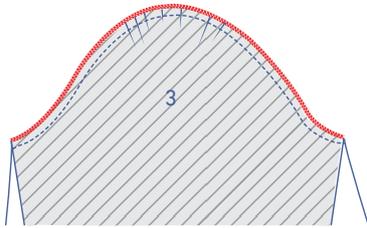


Carefully tug the ends of the threads to gather the fabric into ruffles.

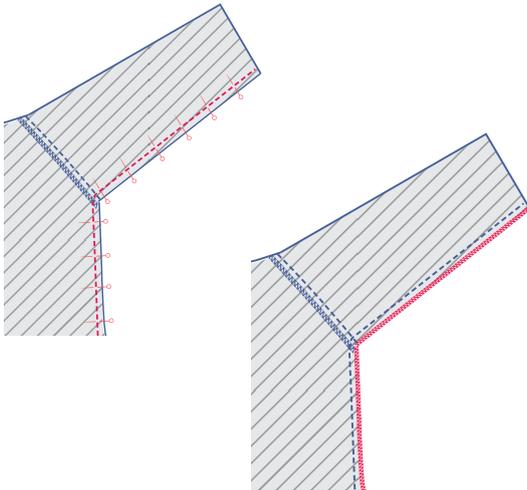


Pin and sew the top of the sleeve (= sleeve cap) to the armhole, matching the notches. The single notch marks the front, while the double notch marks the back. The single notch at the top of the sleeve with the shoulder seam. Distribute the 'excess' fabric evenly between the single notches as shown to create the puffed sleeve head.





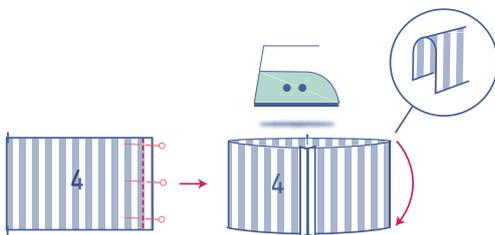
Finish the raw edges together with overlock stitching.



## 4

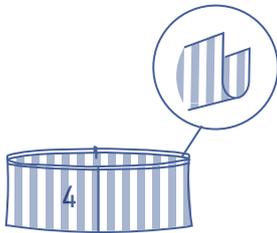
Pin and sew the side and underarm seams.

Finish the raw edges together with overlock stitching.

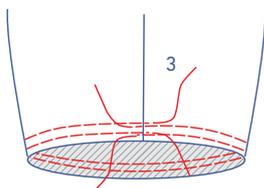


## 5

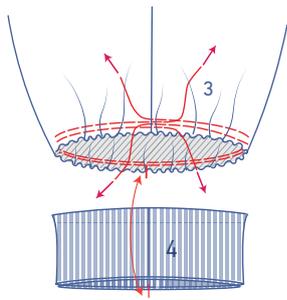
Pin and sew the short ends of the wrist trim (4), right sides together. Press the seam allowance open.



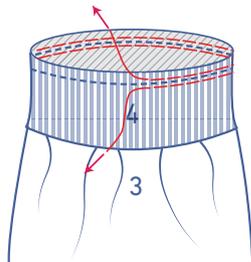
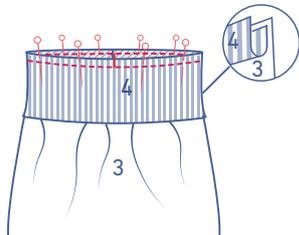
Press the wrist trim in half lengthwise with the wrong sides touching.



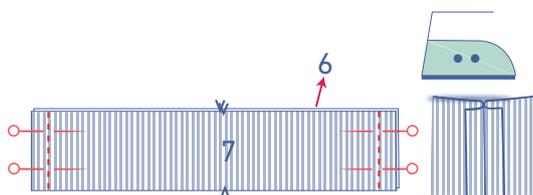
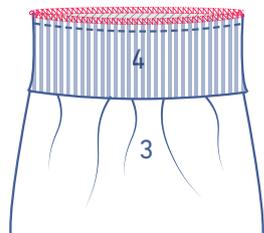
Stitch two parallel rows at presser foot width from the bottom of the sleeve, using a long stitch at a low thread tension. Leave a length of thread at the start and end of the rows.



Carefully tug the ends of the gathering threads to create ruffles in the fabric. Distribute the ruffles so that the notches in the bottom of the sleeve match the notches in the wrist trim. Slide the wrist trim over the bottom of the sleeve so that the raw edges of the wrist trim align with the raw edge of the bottom of the sleeve. Pin into place and stitch the raw edges of the wrist trim to the bottom of the sleeve.

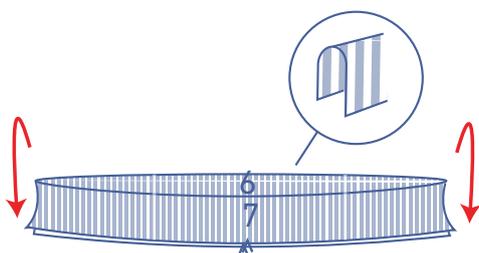


Remove the gathering threads and then join the raw edges with overlock stitching.

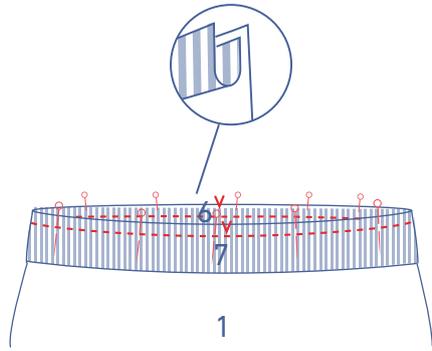


## 6

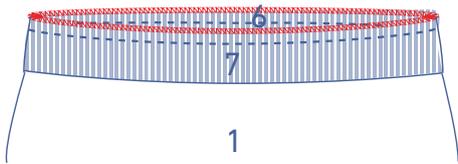
Pin and stitch the short ends of the hem band front (6) and hem band back (7) together and press the seam allowance open.



Press the hem band in half lengthwise with the wrong sides of the fabric facing.



Slide the hem band over the bottom of the jumper so the raw edges are aligned. Pin and sew, making sure the seams and markings match. The circumference of the hem band is smaller than the circumference of the garment, so stretch out the hem band as you sew to match the bottom of the jumper.



Finish the raw edges together with overlock stitching.