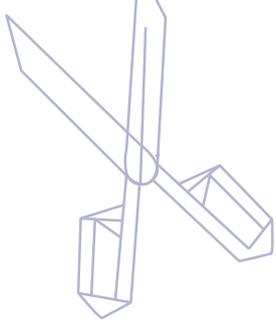
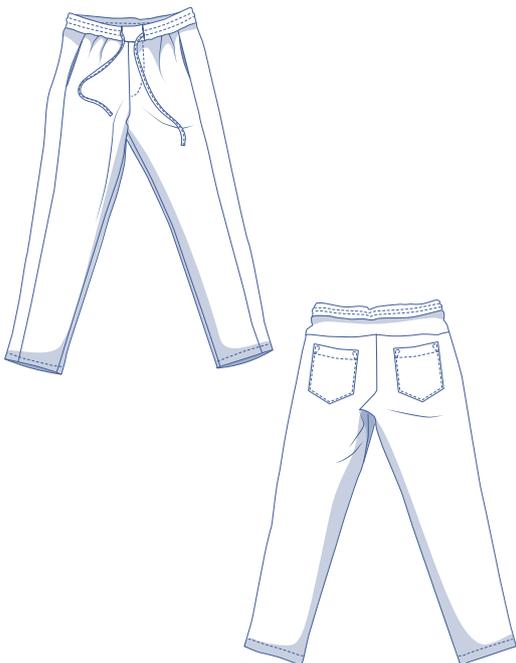




Owen by Fibre ood



#Owen



XS - XL

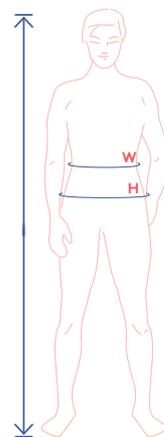


The Owen for men is your new favourite loungewear upgrade - comfortable tracksuit bottoms that can also be worn casually! These trousers have side seam pockets, back pockets and an elastic waistband with drawstring. We made the trousers in ribbed fabric and sewed the pieces together at different angles to create an interesting effect.

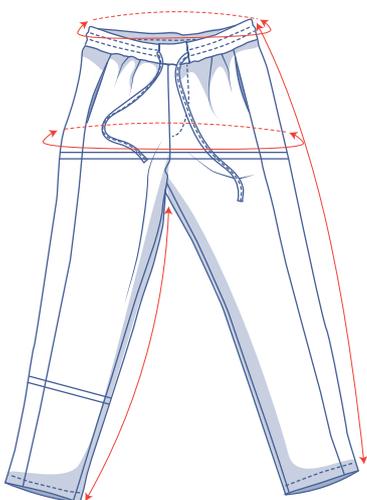
size chart (in cm)

size	XS		S		M		L		XL	
body height	172	172	174	174	176	176	180	180	184	184
W (waist)	68	72	76	80	84	88	92	96	100	104
H (hip)	82	86	90	94	98	102	106	110	114	118

To choose your size, start with your **waistline measurement**. The waistline measurement is a snap to alter with the elastic in the waistband. Pick the size that's the best match for your waistline. Next, see which size is closest to your hip measurement. When tracing the pattern, simply trace from the line of one size to the other.



pattern measurements (in cm)



— shorten or lengthen the pattern here

This chart's measurements are the pattern measurements based on the fabric type and serve as a reference. Ease has been added to the width measurements (in addition to the exact body measurements) for a more comfortable fit. Owen is designed to have a **comfortable cut**. Depending on the preferred cut, you could decide to go a size smaller or larger than the recommended size.

size	XS	S	M	L	XL
side length*	102.75	103.75	104.75	105.75	106.75
inseam length	77	77	77.25	77.25	77.25
waistline**	86.5	94.5	102	110	118
hips	95	103	111	119	127.5

* Including the waistband.

** Without elastic.

Compare the stated lengths to the measured or desired lengths. **Shorten** or **lengthen** the trouser legs and rise by cutting the pattern pieces at the indicated double lines. Then either increase the distance between the cut pieces by the desired amount (to lengthen), or overlap the pieces (to shorten). Make sure that the CF and CB lines and the side seams are always straight.



IMPORTANT

Adjust the fabric to be used based on these alterations.

supplies



- Thread
- Elastic: see table
- Fabric: see table

elastic		XS	S	M	L	XL
4 cm wide	cm	77	81	85	89	93

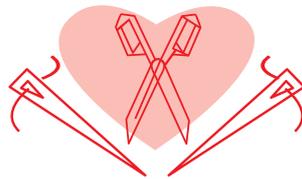
fabric		XS	S	M	L	XL
fabric width 140 cm	cm	170	177	215	225	235

The corresponding fabric layout can be found on page 6 of these sewing instructions.

fabric advice Make the Owen in sweatshirt fabric, French Terry, Ponte Roma, interlock, neoprene, etc. You could also go for jersey for something more lightweight.



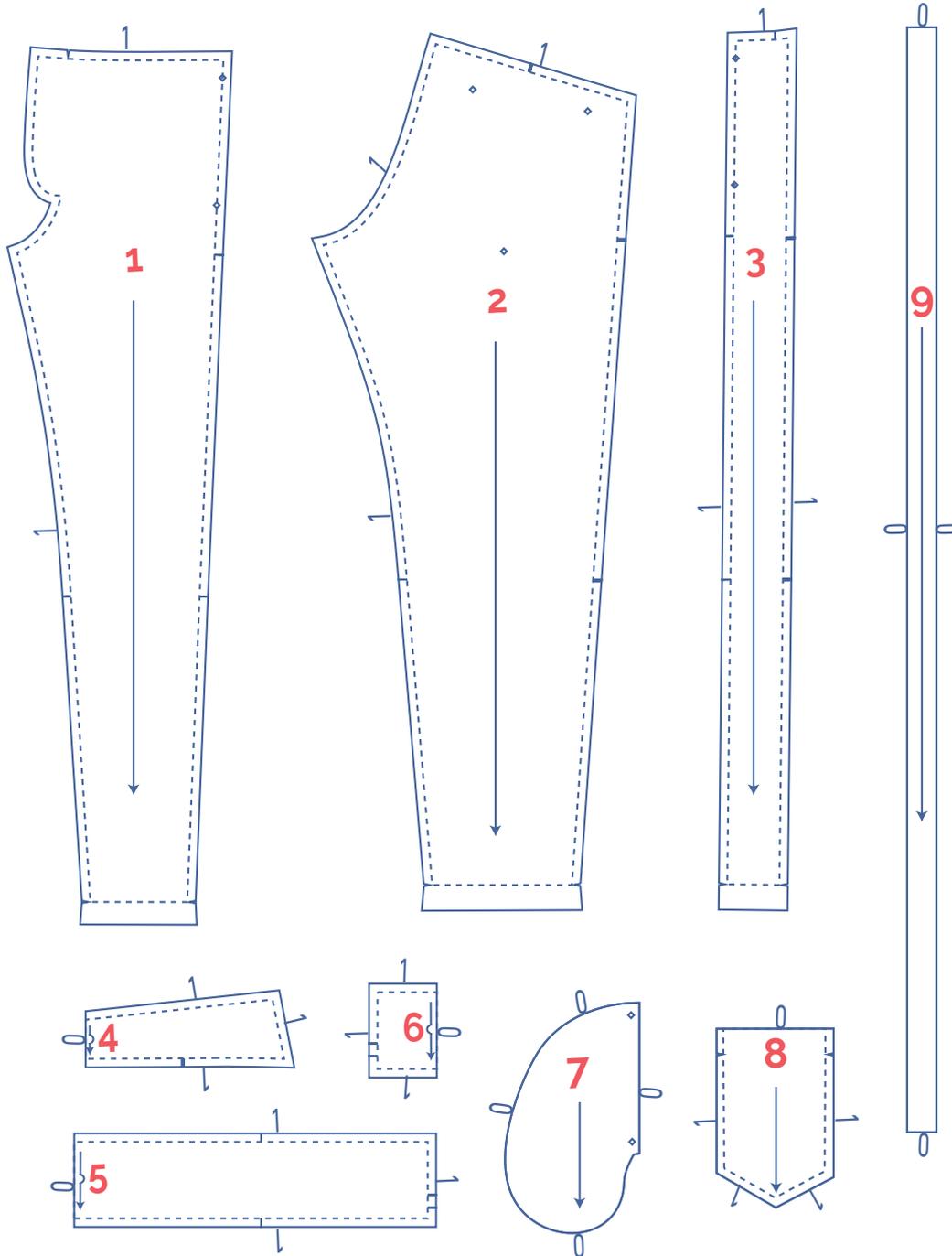
Proud to be #Sewista



pattern pieces & seam allowances (in cm)

To sew the garment as described in the instructions, draw the illustrated seam allowances around the paper pattern pieces before cutting them out. If you are using a PDF pattern, the pattern can be printed with or without seam allowance.

To find out more, watch the [video](#).

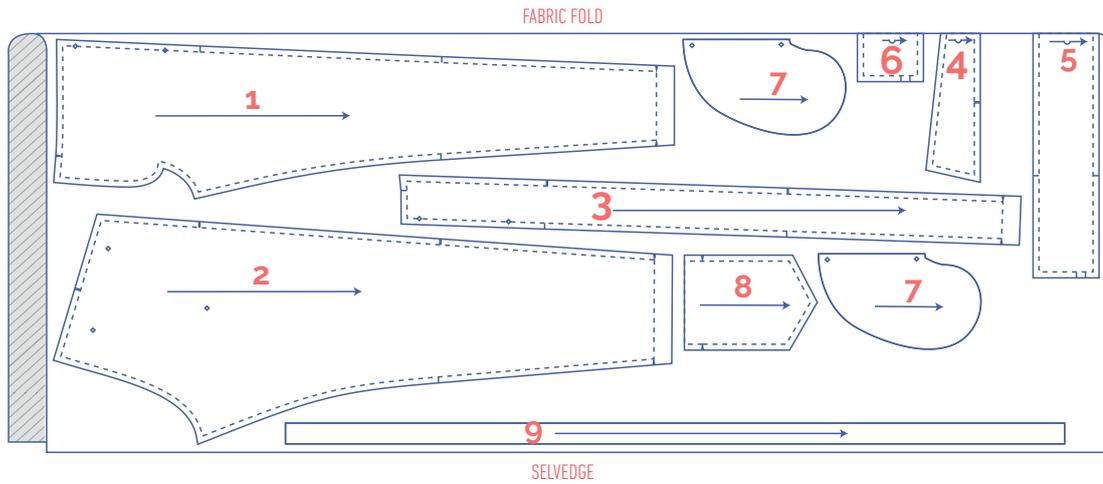


1. front: 2x
2. back: 2x
3. side strip: 2x
4. yoke back: 1x on fabric fold
5. waistband: 1x on fabric fold
6. centre of waistband: 1x on fabric fold
7. side seam pocket: 4x
8. pocket back: 2x
9. drawstring: 1x

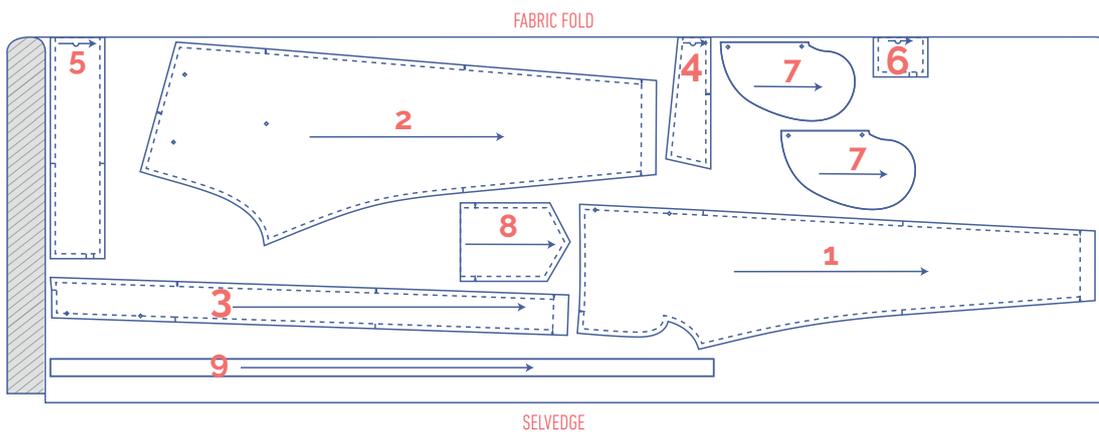
fabric layout – solid fabrics

fabric width 140 cm

XS - S



M - XL



marking pattern pieces

	notch the pattern paper and fabric at the following points
	single notch
	double notch
∨	V notch

	mark the following points using marking thread
	centre point



sporty

sewing instructions



The method used to finish sewing the garment depends on the fabric used. The pieces are always sewn together with the right sides of the fabric matching exactly, unless stated otherwise.

F front

B back

RF right front



LF left front



CF centre front

CB centre back



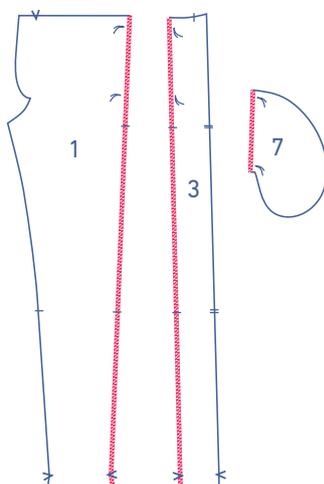
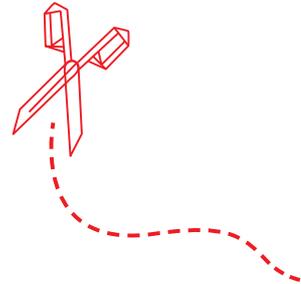
right side



reverse side

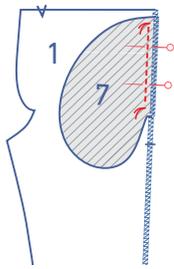


elastic

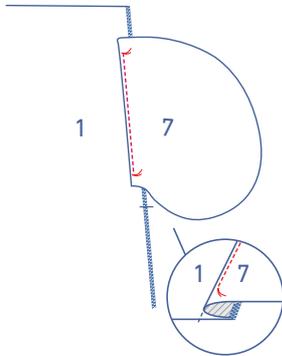


1

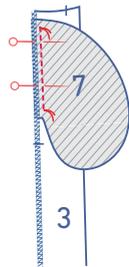
Finish the side of the front (1), the side of the side strip (3) with the basting threads and the straight edge of the pocket pieces (7) using an overlock stitch.



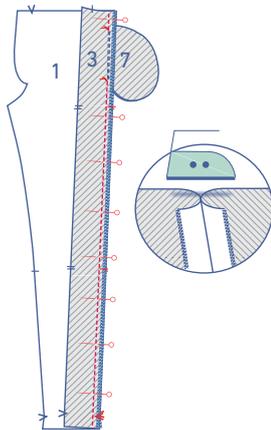
Pin the right side of the pocket to the side seam of the front with the marking threads matching. Sew between the marking threads.



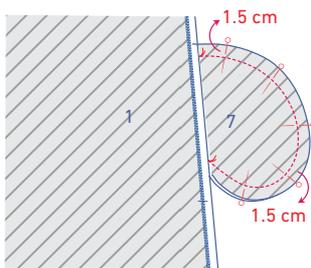
Fold the pocket over. Stitch between the marking thread at 2mm from the seam, sewing through all layers (= the pocket + the seam allowance).



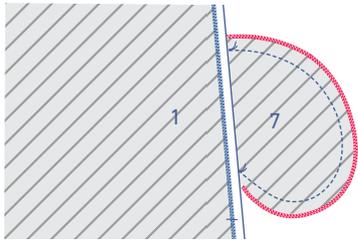
Pin the other pocket piece to the overlapped edge of the side strip (right sides together), between the marking threads. Sew between the marking threads.



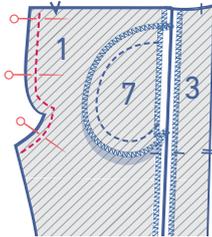
Pin the side strip (3) and the front (1) above and below the pocket opening with the corresponding notches matching. Sew above and below the pocket opening and the marking threads as shown, backstitching when you get to the marking threads to secure. Make sure you keep the pocket pieces out of the way. Press the seams open.



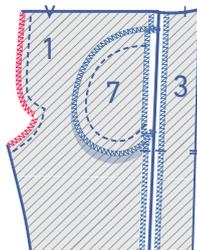
Pin and sew the contours of the pocket pieces with a 1.5 cm seam allowance, starting and ending at the marking threads. Keep the seam allowance of the front and the side strip out of the way.



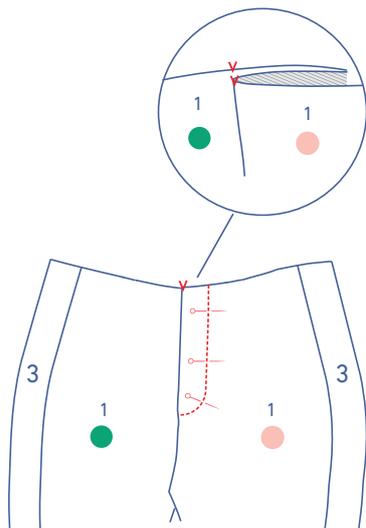
Finish the raw edges together using an overlock stitch.



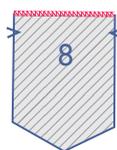
Pin and sew the CF seam.



Finish the raw edges together using an overlock stitch.

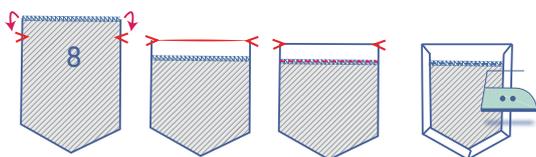


Fold the LF shaped facing over at the V notch. Top stitch the LF at 3 cm from the CF, following the shape of the facing.

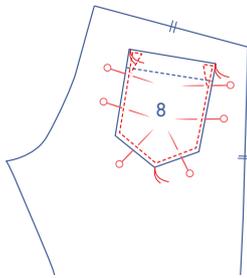


2

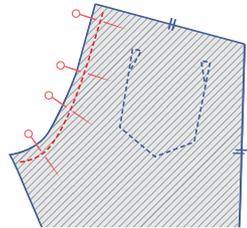
Finish the top of the back pocket (8) using an overlock stitch.



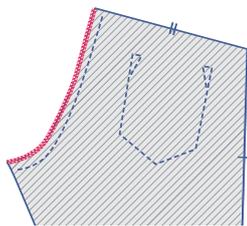
Press the top of the pocket over at the V notches. Sew in place right next to the edge. Then fold over the other sides by 1cm and press.



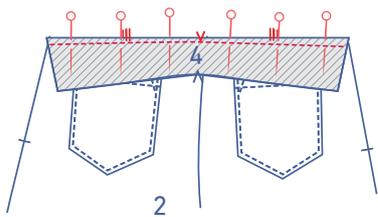
Pin and sew the pocket at the place indicated on the back. At the top, sew a reinforcement triangles on both sides as shown.



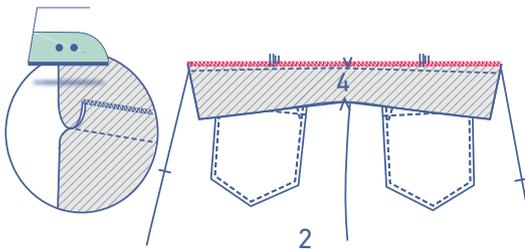
Pin and sew the CB seam.



Finish the raw edges together using an overlock stitch.



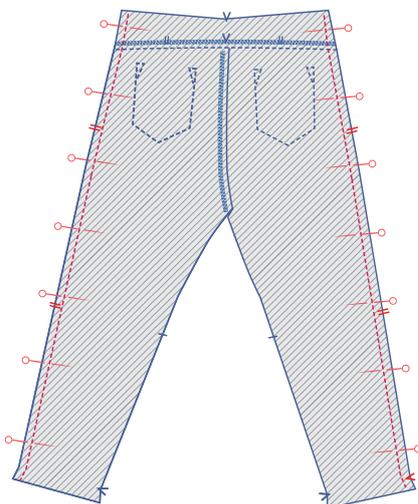
Pin and sew the yoke back (4) to the back, matching the notches.

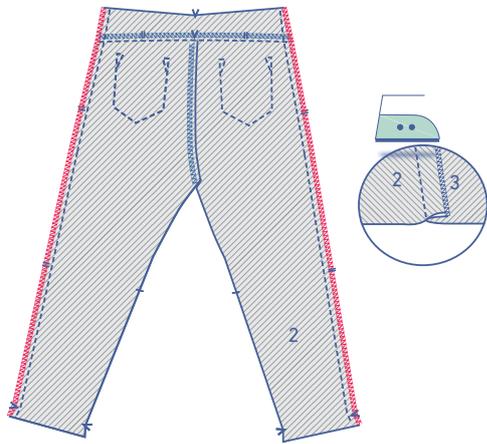


Finish the raw edges together using an overlock stitch. Press the seam allowance towards the top of the pants.

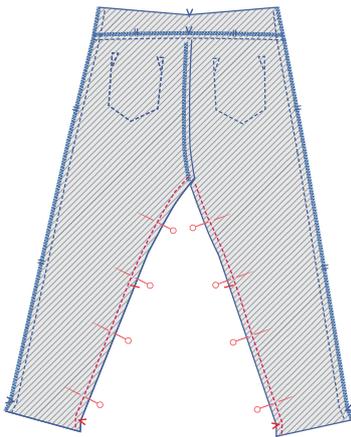
3

Pin and sew the side seams into place.

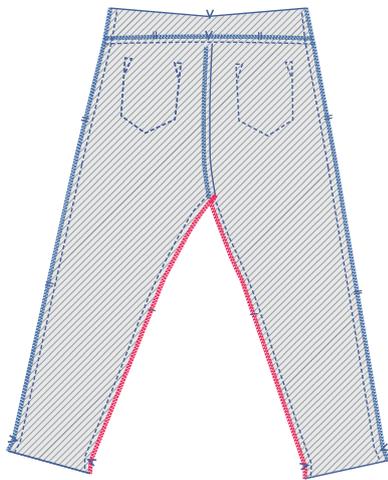




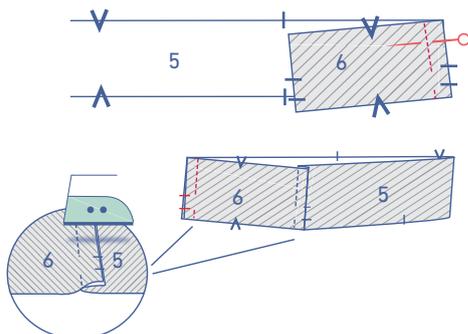
Finish the raw edges using an overlock stitch and press the seam allowance towards the side strip.



Pin and sew the inseams.

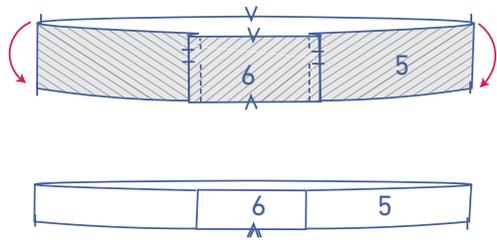


Finish the raw edges together using an overlock stitch.

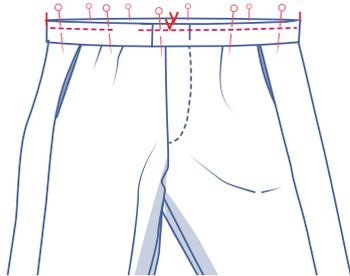


4

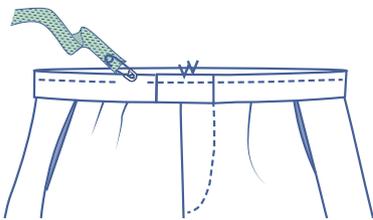
Pin and sew each of the waistband's (5) short sides to the middle of the waistband (6). Leave an opening between the notches. The opening will be used for threading the drawstring through later. Press the seam allowance towards the waistband (5).



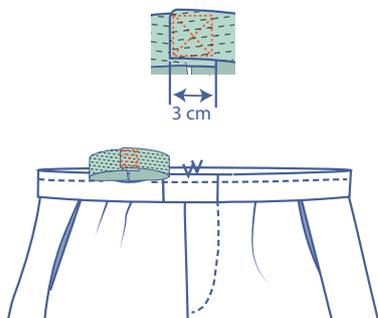
Fold the waistband in half lengthwise with the wrong sides facing. The openings in the waistband should be on the outside.



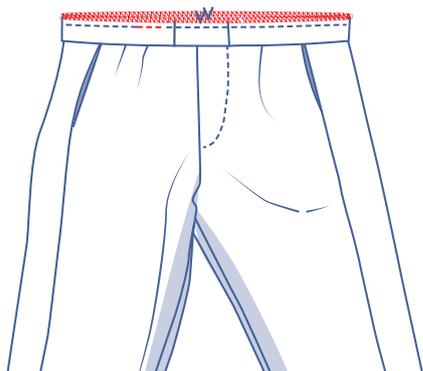
Pin and sew both of the raw edges of the waistband to the waistline of the trousers. Leave an opening in the waist seam.



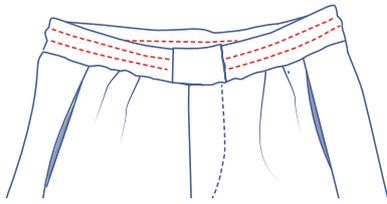
Thread the elastic through the waistband via the opening in the waistband.



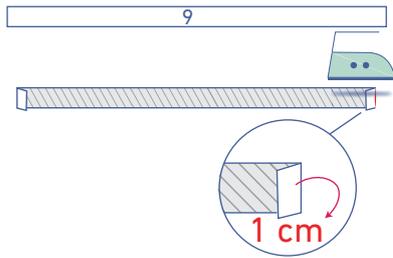
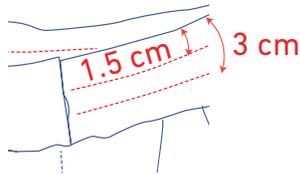
Allow 3 cm of the ends to overlap and sew together using a box X stitch.



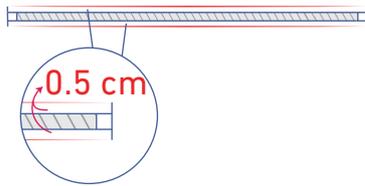
Pull the elastic through the casing completely. Sew the opening in the waist seam closed and finish the raw edges together using an overlock stitch.



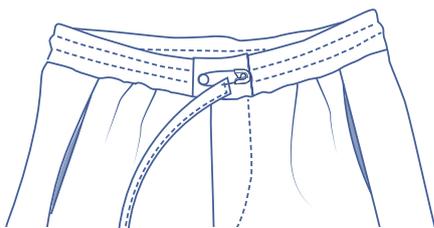
Sew 2 parallel rows along the waistband to make a tunnel. The first row should be 1.5 cm from the edge and the next at 3 cm from the edge.



First press the short side of the drawstring (9) over 1 cm to the wrong side. Then press the long sides 0.5 cm over.



Fold in half lengthwise and stitch all the way around at 2 mm from the edge.



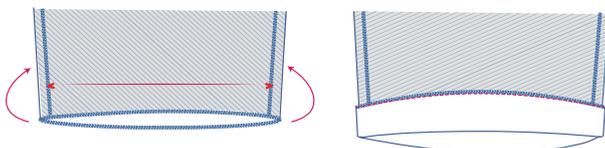
Thread the drawstring between the 2 rows of top stitching.

5

Finish the hem using an overlock stitch.



Press the hem 3 cm over to the wrong side. Sew in place right next to the edge.



#Owen



@draadjes.be



@Corine Tijssen



@Vanessa Soete