

Nola by Fibre ⚡ood

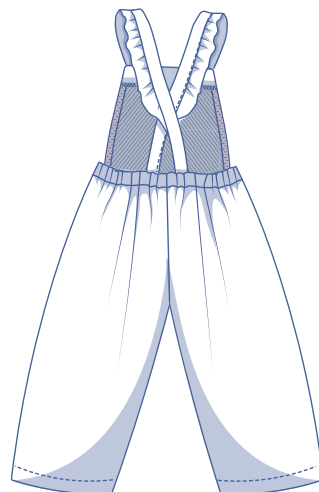
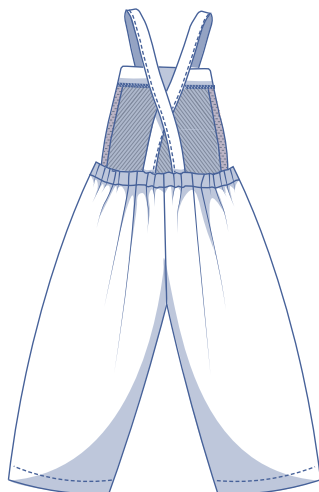
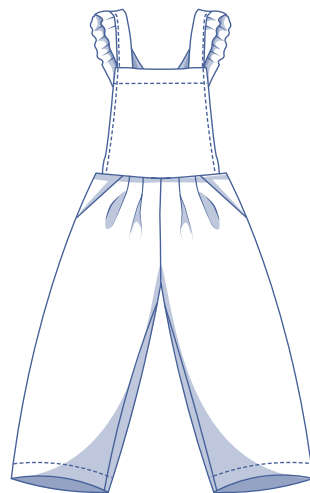
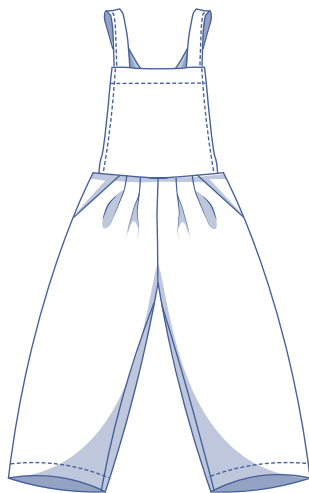


Nola by Fibre Mood



2 - 14 years

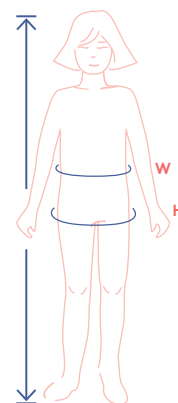
Dungarees simply don't get any cuter than this, especially with adorable ruffled shoulder straps. Is the cute factor too much for you? Just leave the ruffles off. These dungarees will still be the bees knees – definitely with a thick winter jumper underneath. The waistline pleats give Nola an extra touch of whimsy. The deep, hidden side seam pockets are the perfect place to collect special rocks, giant chestnuts, and other treasures found in nature. This pattern effortlessly grows along with the wearer thanks to the elastic at the back. And to make it even easier, we even got rid of the zip. You know we love you! Feel like twinning with Nola? Simply sew yourself the Constance dungarees from Fibre Mood's very first issue!



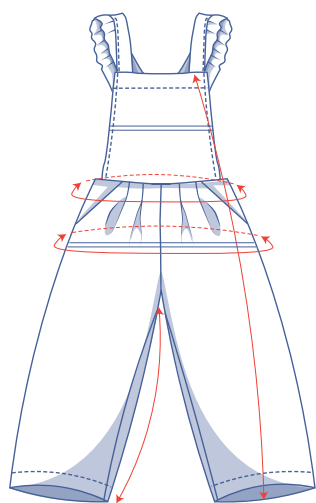
size chart (in cm)

size	2	3	4	5	6	8	10	12	14
body height	92	98	104	110	116	125	137	150	160
W (waist)	50	52	53	54	55	57	60	63	66
H (hips)	56	58	60	62	64	68	72	76	80

Select the size based on the hip measurement (regardless of age or height). Pick the size closest to the hip measurement. After that, the waist measurement is a snap to alter with the elastic in the waistband. Alter the length of the chosen size based on the height associated with the age or based on the specific child's height. Check the table below for the correct lengths.



pattern measurements (in cm)



The measurements in the chart below are the pattern measurements based on the fabric type and serve as a reference. Ease has been added to the width measurements (on top of the exact body measurements) for a more comfortable fit. Nola is designed to have a loose cut.

size	2	3	4	5	6	8	10	12	14
length front	60.5	65	69.5	74.25	78.75	88	97.5	106.75	116.25
inseam length	21.75	24.75	28	31	34	40.25	46.5	52.5	58.75
waistline measurements**	52	54	55.5	57	58.5	61.5	65	68.5	72
hips	91.25	93.25	95.25	97.25	99.5	103.5	107.5	111.75	115.75

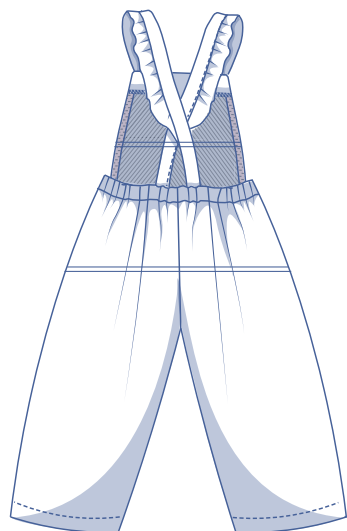
** With elastic.

Compare the stated lengths to the measured or desired lengths. **Lengthen** or **shorten** the trousers by cutting the pattern pieces at the indicated double lines. Then either increase the distance between the cut pieces by the desired amount (to lengthen), or overlap the pieces (to shorten). Make sure that the CF and CB lines and the side seams are always straight.



IMPORTANT

Adjust the amount of fabric to be used based on these alterations.



supplies



- Thread
- Iron-on interfacing: max. 20 cm
- Buttons (Ø 2 cm): 2
- Elastic band (width 3 cm): see table
- Bias tape: see table
- Fabric: see table

elastic band		2	3	4	5	6	8	10	12	14
length	cm	17.5	18.5	19	19.5	20	21	22.5	24	25.5

bias tape		2	3	4	5	6	8	10	12	14
length	cm	32	34	36.25	38.5	40.5	45	49.5	54.25	58.75

fabric		2	3	4	5	6	8	10	12	14
fabric width 110 cm	cm	120	120	125	125	135	165	175	190	200
fabric width 140 cm	cm	100	105	110	110	120	130	145	155	160

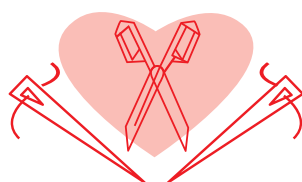
The corresponding fabric layout can be found on page 6 of these sewing instructions.

fabric advice



Nola requires fabric with sufficient body, that can handle active living. Poplin, denim, corduroy, and (checked) wool, are all great options.

Proud to be #Sewista

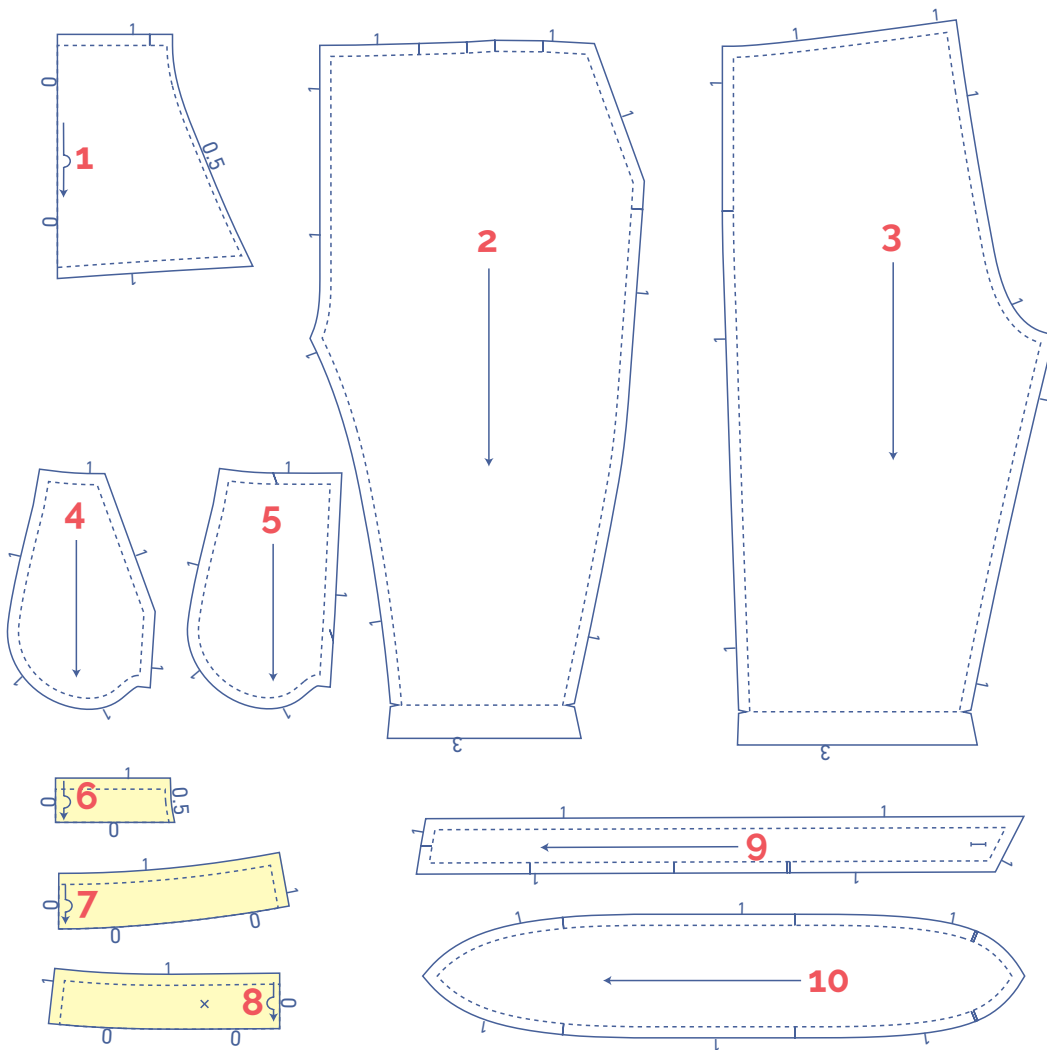


pattern pieces & seam allowances (in cm)

To sew the garment as described in the instructions, draw the illustrated seam allowances around the paper pattern pieces before cutting them out. If you are using a PDF pattern, the pattern can be printed with or without seam allowance.

To find out more, watch the [video](#).

1. top piece front: 1x on fabric fold
2. trouser front: 2x
3. trouser back: 2x
4. inner pocket bag: 2x
5. pocket opening: 2x
6. facing top: 1x on fabric fold
7. facing trouser front: 1x on fabric fold
8. facing back: 1x on fabric fold
9. shoulder strap: 4x
10. flounce: 2x



IMPORTANT

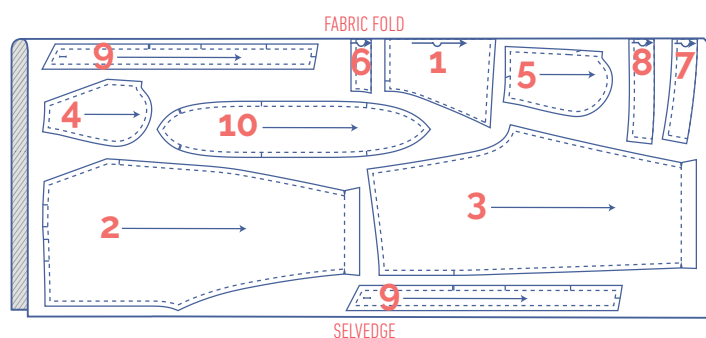
The pieces highlighted in light yellow have iron-on interfacing attached to the wrong side.

?	material type
□	fabric
□	iron-on interfacing

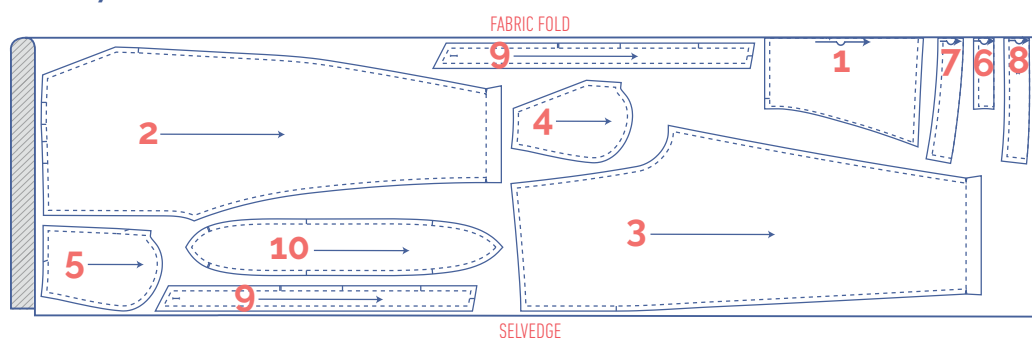
fabric layout – solid fabrics

fabric width 110 cm

2 - 6 years



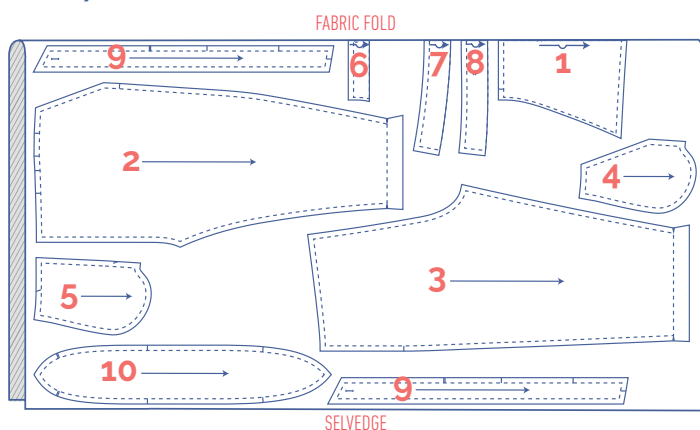
8 - 14 years



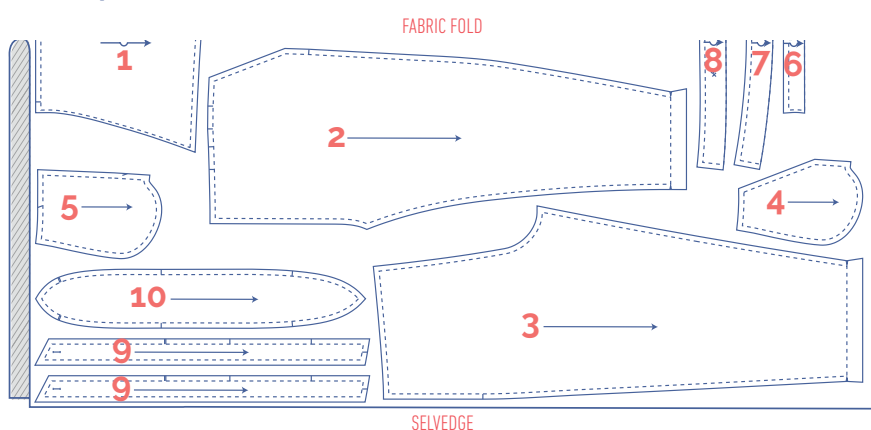
fabric layout – solid fabrics

fabric width 140 cm

2 - 8 years



10 - 14 years



marking pattern pieces

	notch the pattern paper and fabric at the following points
	single notch
	double notch
V	V notch
	mark the following points using marking thread
	centre point
	snap/button
	buttonhole

sewing instructions



The method used to finish the seams depends on the fabric used.
The pieces are always sewn together with the right sides of the fabric facing, unless stated otherwise.

F front

B back

CF centre front

CB centre back

 right side

 wrong side

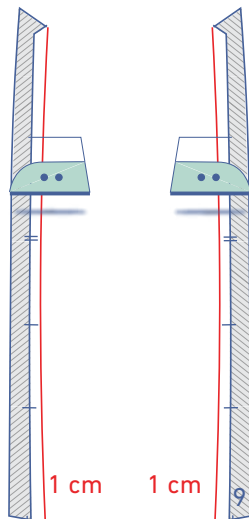
 iron-on interfacing

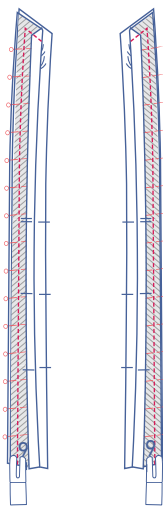
 elastic band

 bias tape

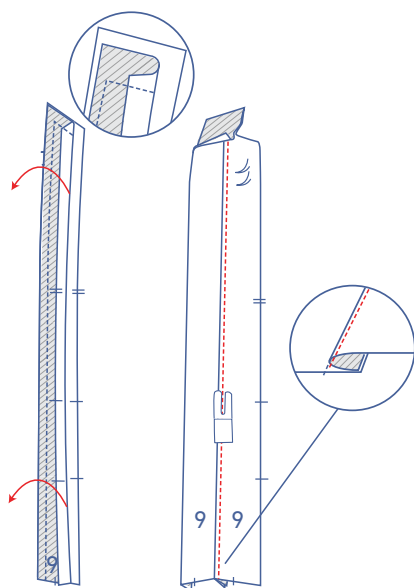
1

For each shoulder strap set, press the notched end of one shoulder strap (9) 1 cm over towards the wrong side.





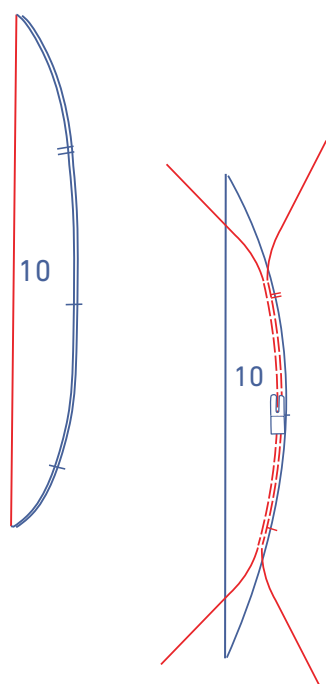
Pin and sew each of the indicated ends of the shoulder straps together.



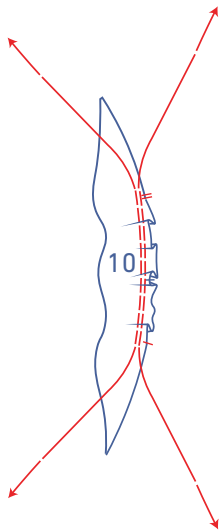
Fold the shoulder strap with the unpressed seam allowance over and sew to the seam allowance underneath, right next to the seam.

OPTIONAL

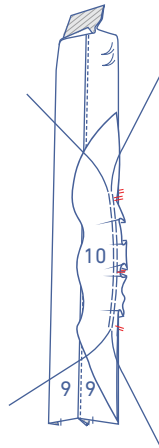
Fold the flounce (10) in half with the wrong sides touching.



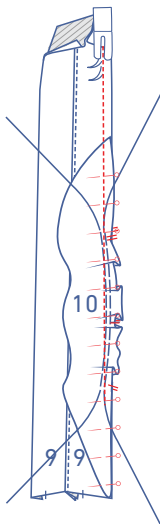
Stitch two parallel rows along the curved edge until just past the notches. Use a long stitch at a low thread tension. Leave a length of thread at the start and end of the rows.



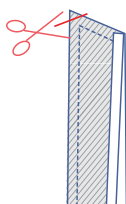
Carefully tug the ends of the gathering threads to create ruffles in the fabric.



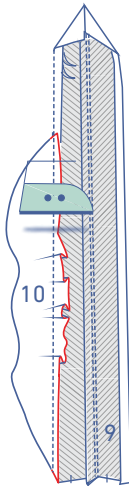
Pin the flounce to the shoulder strap with the unpressed seam allowance and distribute the ruffles evenly until the notches are matching.



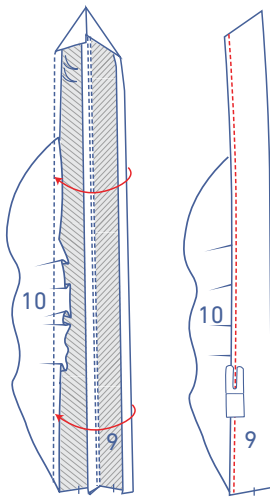
Stitch the flounce into place and continue sewing up to the edge of the shoulder strap. The purpose of this stitching is to make it easier to press the seam allowance towards the inside of the strap later on.



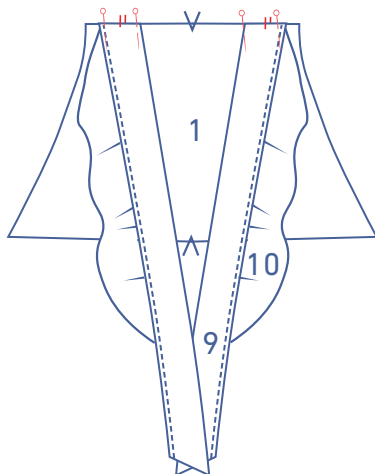
Trim the seam allowance at the corner.



Turn the shoulder strap the wrong way out and press the seam allowance of the flounce towards the inside of the shoulder strap along the stitching.

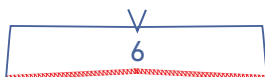


Fold the shoulder strap in half lengthwise and place the pressed fold line directly over the stitching. Stitch into place right next to the edge.

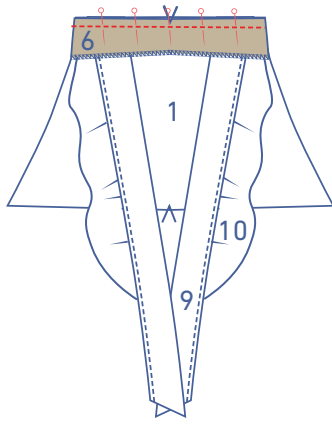


2

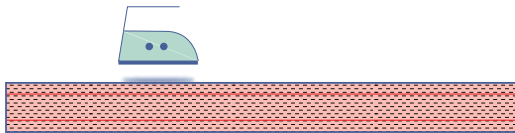
Pin the top of the shoulder straps (with the raw edge) to the top of the top piece front (1) with the notches matching.



Finish the bottom of the facing top (6) with overlock stitching.

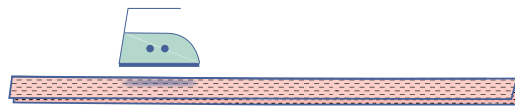


Pin and sew the facing top to the top front piece.

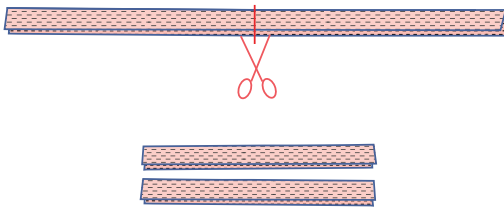


3

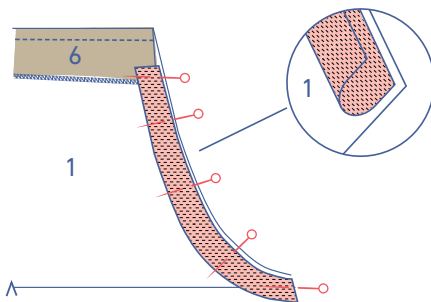
Open the pre-pressed bias tape out and press flat.



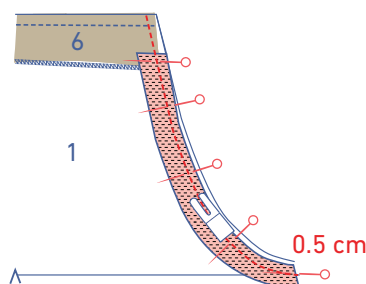
Then press the bias tape in half lengthwise with the wrong sides facing.



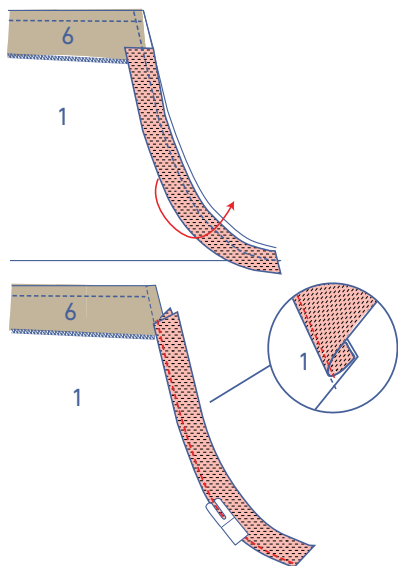
Cut the bias tape down the middle into two pieces of the same size.



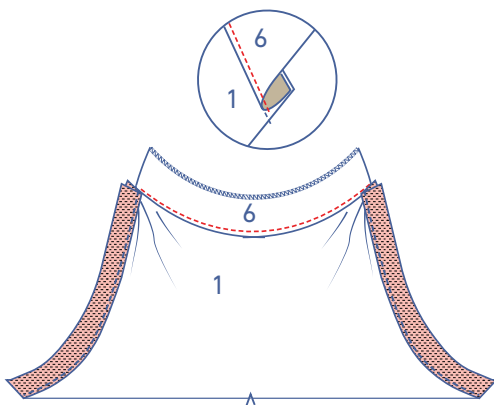
Pin the raw edges of the bias tape to the armhole along the right side of the front piece. The bias tape should be even with the bottom of the top and slightly overlap the facing.



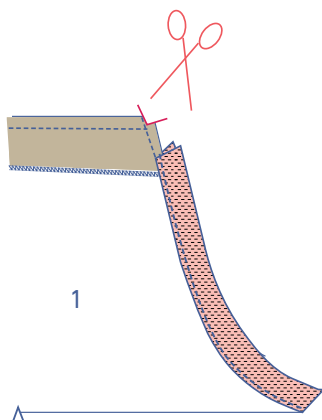
Sew into place at 0.5 cm.



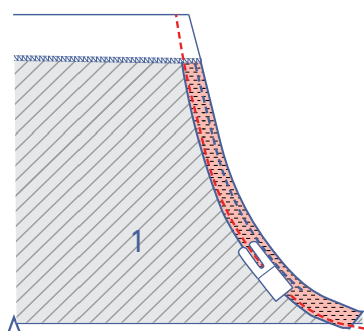
Fold the bias tape and seam allowance over and stitch the bias tape to the seam allowance underneath, right next to the seam.



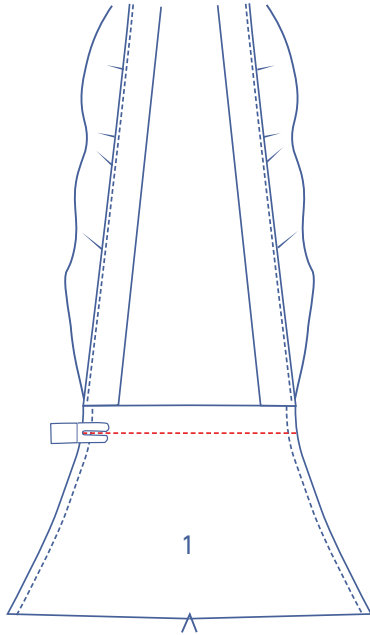
Fold the facing and seam allowance over and sew the facing to the seam allowance underneath, right next to the seam. Sew off as far as possible.



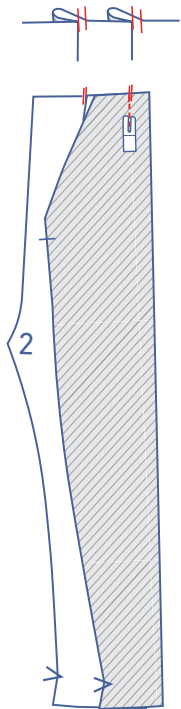
Trim the seam allowance at the corner.



Now, fold the bias tape and facing all the way over to the wrong side. Sew the bias tape into place right next to the edge.

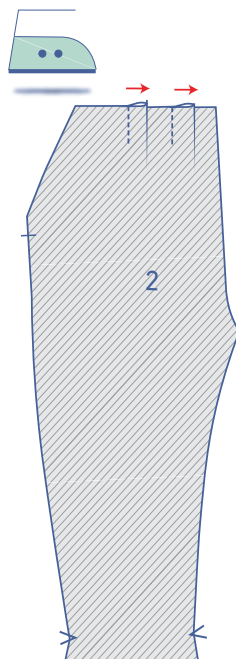


Sew the facing into place.

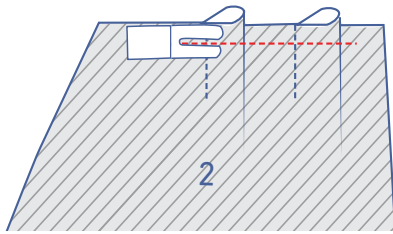


4

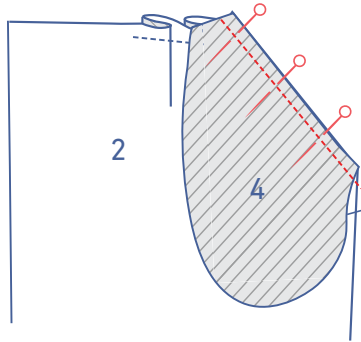
Make the pleats at the trouser front (2) by folding the notches in the waist seam horizontally with the right sides of the fabric facing inwards as shown. Sew the pleats vertically into place.



Turn the front over so that the wrong side is facing up. Press the pleats towards the CF.

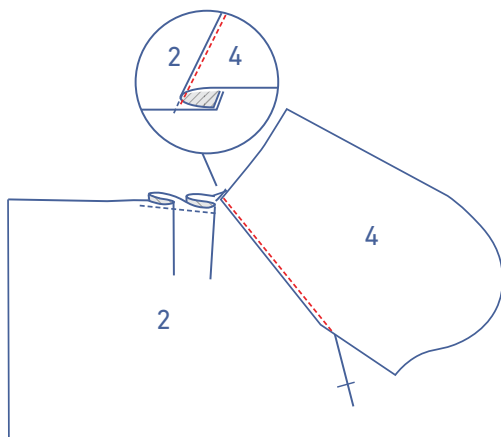


Sew the pleats into place at presser foot width from the raw edge.

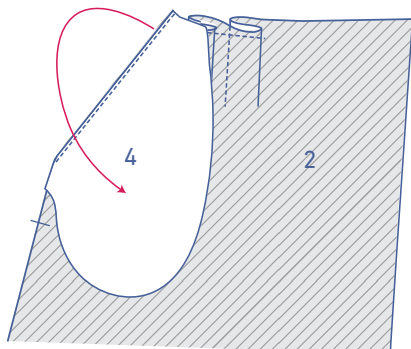


5

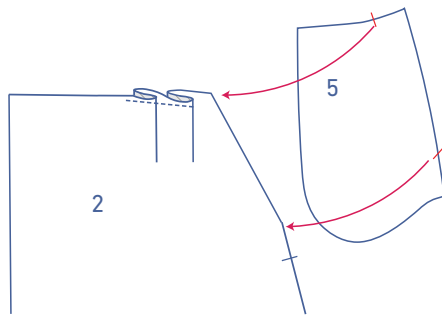
Pin and sew the slanted ends of the trouser front and inner pocket bag (4) together.



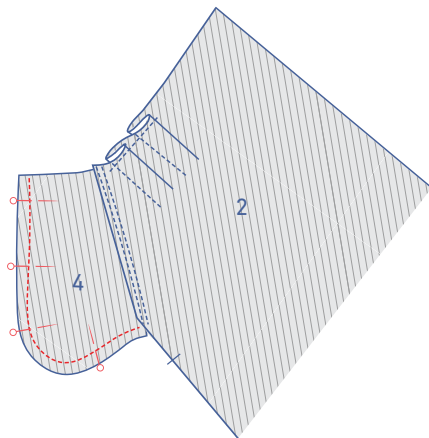
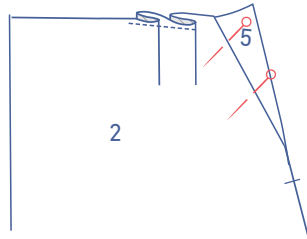
Fold the inner pocket bag and the seam allowance over and stitch the inner pocket bag to the seam allowance underneath, right next to the seam.



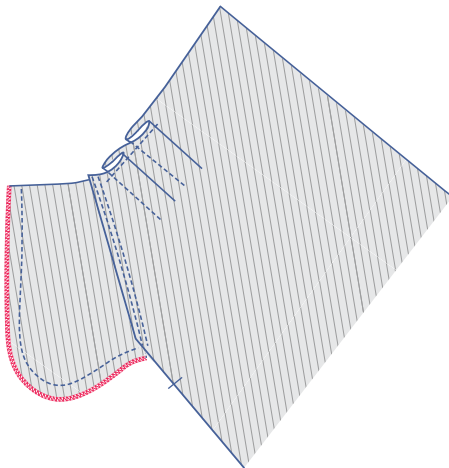
Fold the pocket bag all the way over to the wrong side.



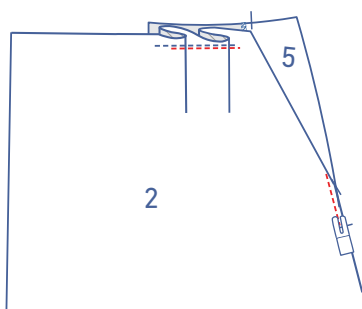
Slide the pocket opening (5) behind the trouser front. The right side should be facing up. Pin into place.



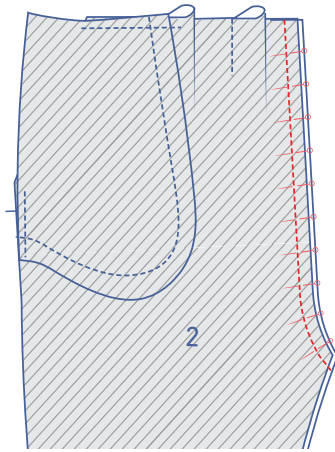
Move the trouser front to the side and place the pocket pieces (4 + 5) neatly on top of each other. Pin and sew the contours of the pocket pieces together.



Finish the raw edges of the pocket pieces together with overlock stitching.

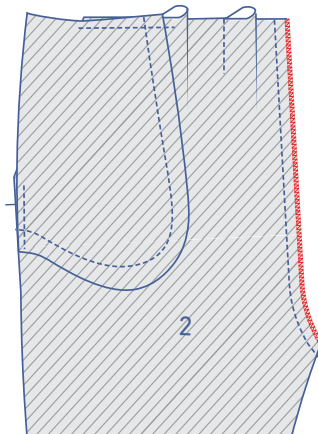


Move the trouser front back in front of you with the wrong side facing down. Sew the pocket pieces to the trousers at the top and side at presser foot width from the raw edges.

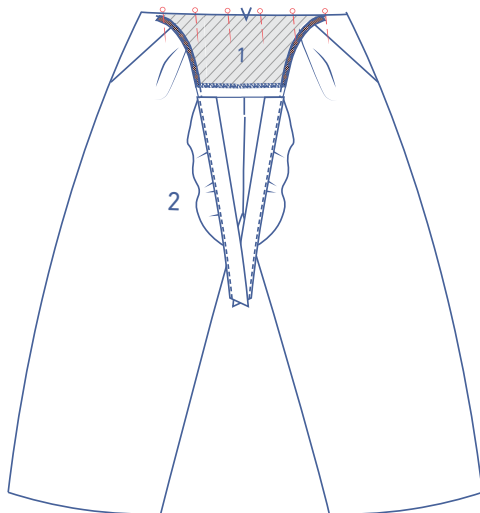


6

Pin and sew the crotch seam of both trouser front pieces.



Finish the raw edges together with overlock stitching.

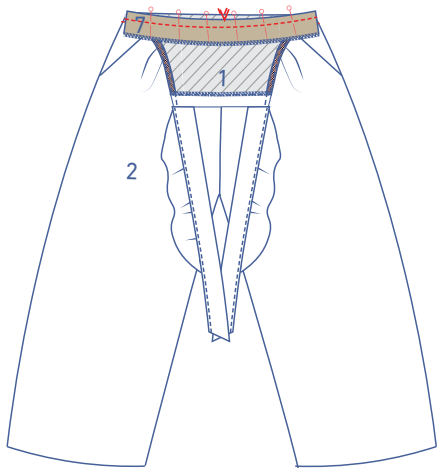


7

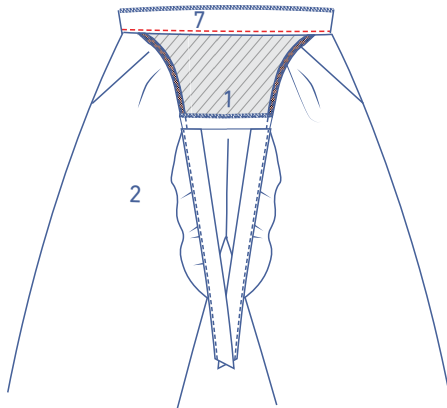
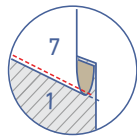
Pin the top piece front to the trouser front.



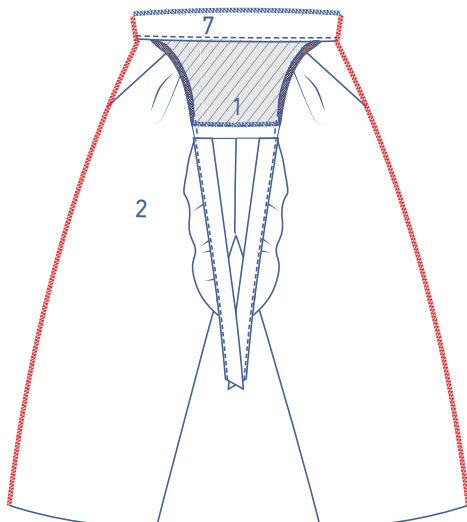
Finish the bottom of the trouser facing front (7) with overlock stitching.



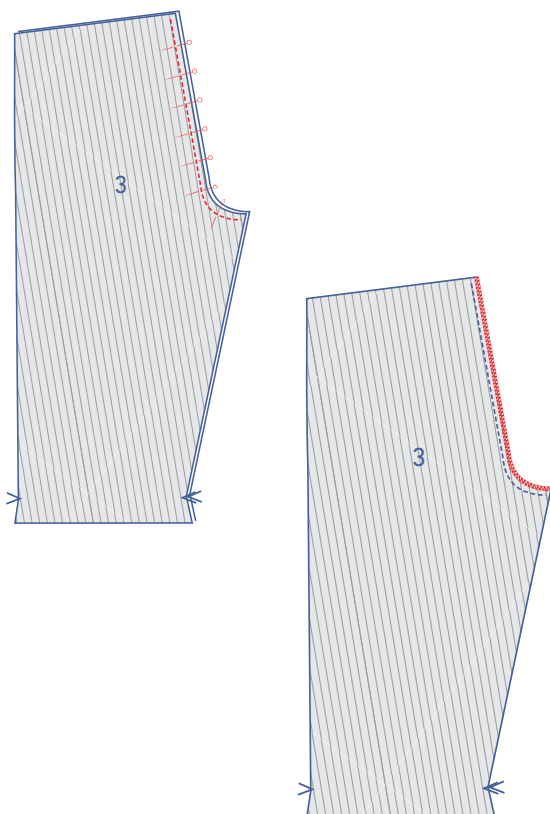
Place the trouser facing front with the non -overlocked end on top of the top piece front + trouser front. Pin and sew.



Fold the facing and seam allowance over and sew the facing to the seam allowance underneath, right next to the seam.



Make sure the trouser facing front is folded up and then finish the side seams with overlock stitching.



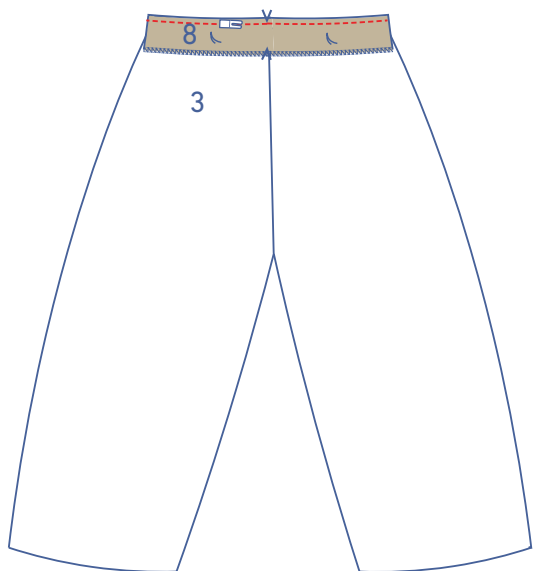
8

Pin and sew the crotch seam of the trouser back (3).

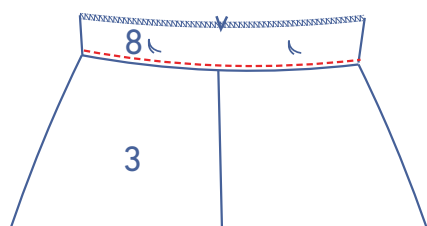
Finish the raw edges together with overlock stitching.



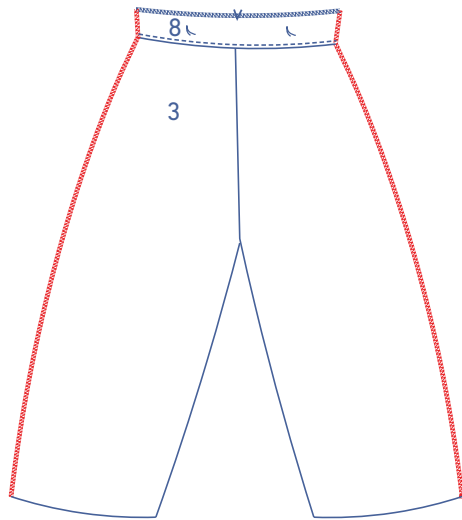
Finish the bottom of the facing back (8) with overlock stitching.



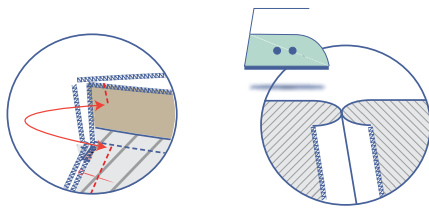
Pin and sew the facing back with the non-overlocked end to the trouser back.



Fold the facing and seam allowance over and sew the facing to the seam allowance underneath, right next to the seam.

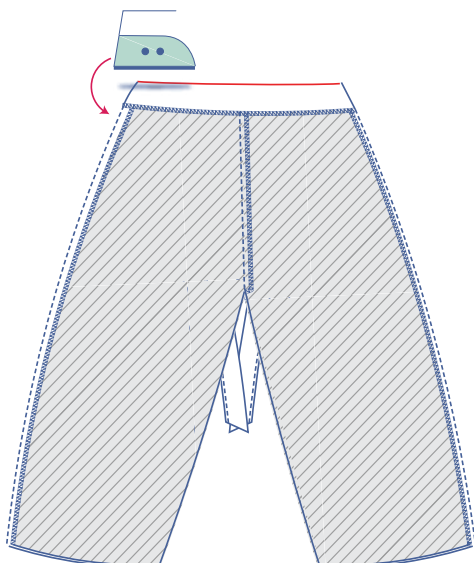
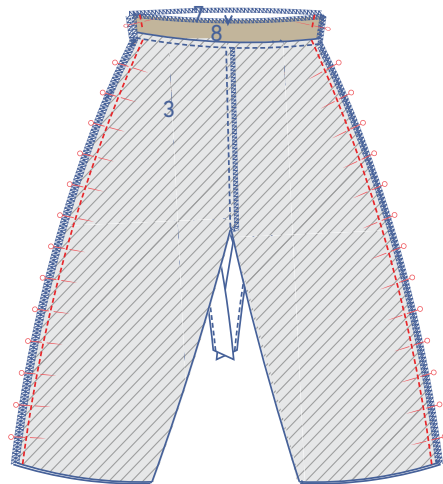


Make sure the trouser back facing is folded up and then finish the side seams with overlock stitching.

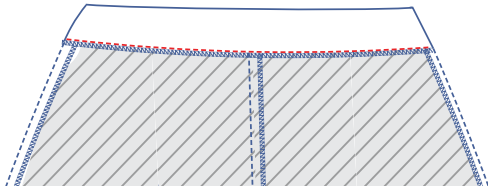


9

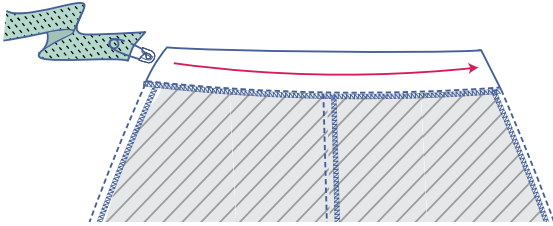
Pin and sew the side seams together, making sure that the facing pieces of the trousers have been folded up. Leave an opening in the waistband at both ends as shown to thread the elastic band through later. Press the seam allowance open.



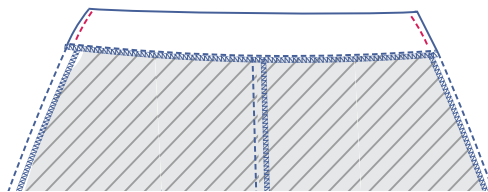
Press the facings towards the wrong side.



Secure the casing at the back by sewing the facing into place just above the overlock stitching.



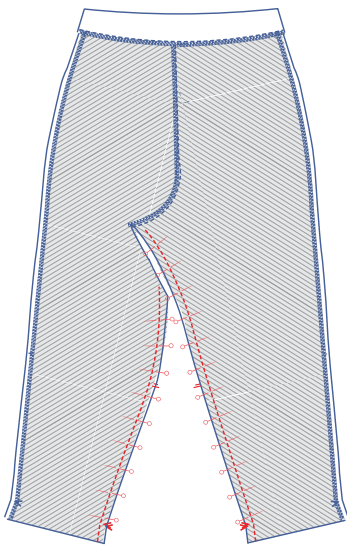
Thread the elastic band through the casing at the opening in the side seam.



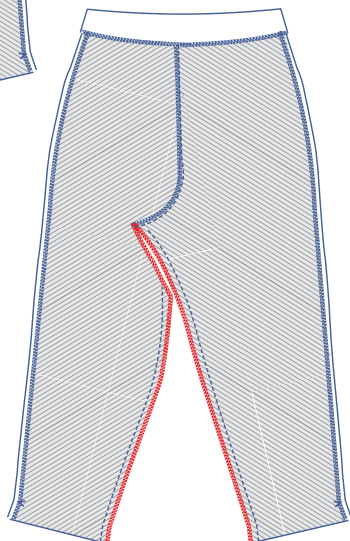
Sew the ends of the elastic band into place at the side seams.

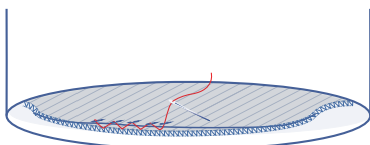
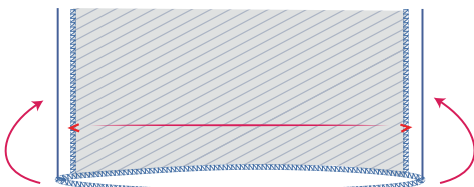
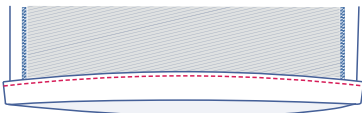
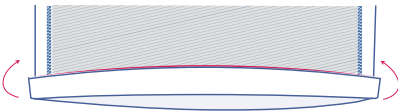
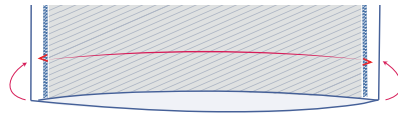
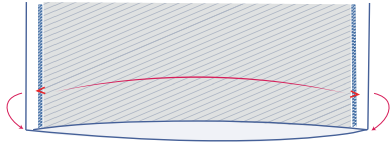
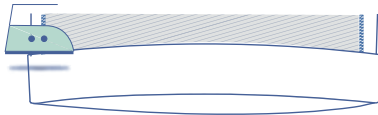
10

Pin and sew the inseams together.



Finish the raw edges together with overlock stitching.





11

Finish the hem based on the type of fabric you are using. Use option 1 if your fabric is not too thick. Use option 2 if you have a heavy fabric.

Option 1

Press the hem allowance up and open back out.

Fold the raw edge to the fold line and then fold up again.

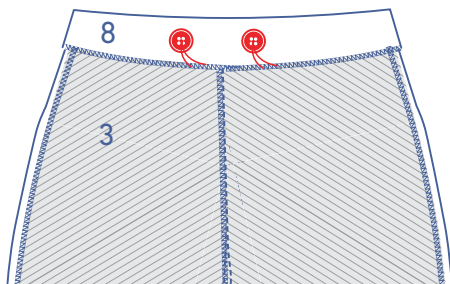
Stitch into place.

Option 2

Finish the hem with overlock stitching.

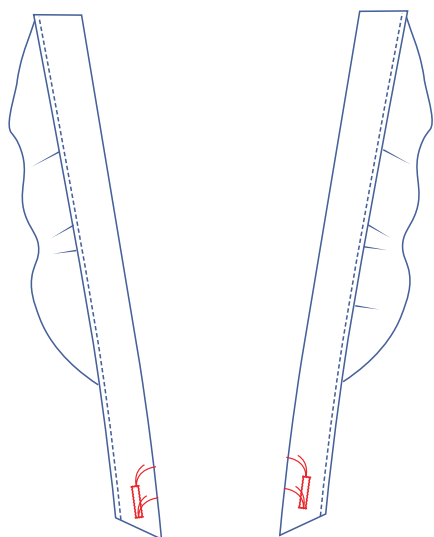
Press the hem allowance up at the V notch.

Sew the hem allowance into place by hand.



12

Sew the buttons on where indicated.



Make vertical buttonholes at the bottom of the shoulder straps to match the location of the buttons.