Juliette by Fibre Mood

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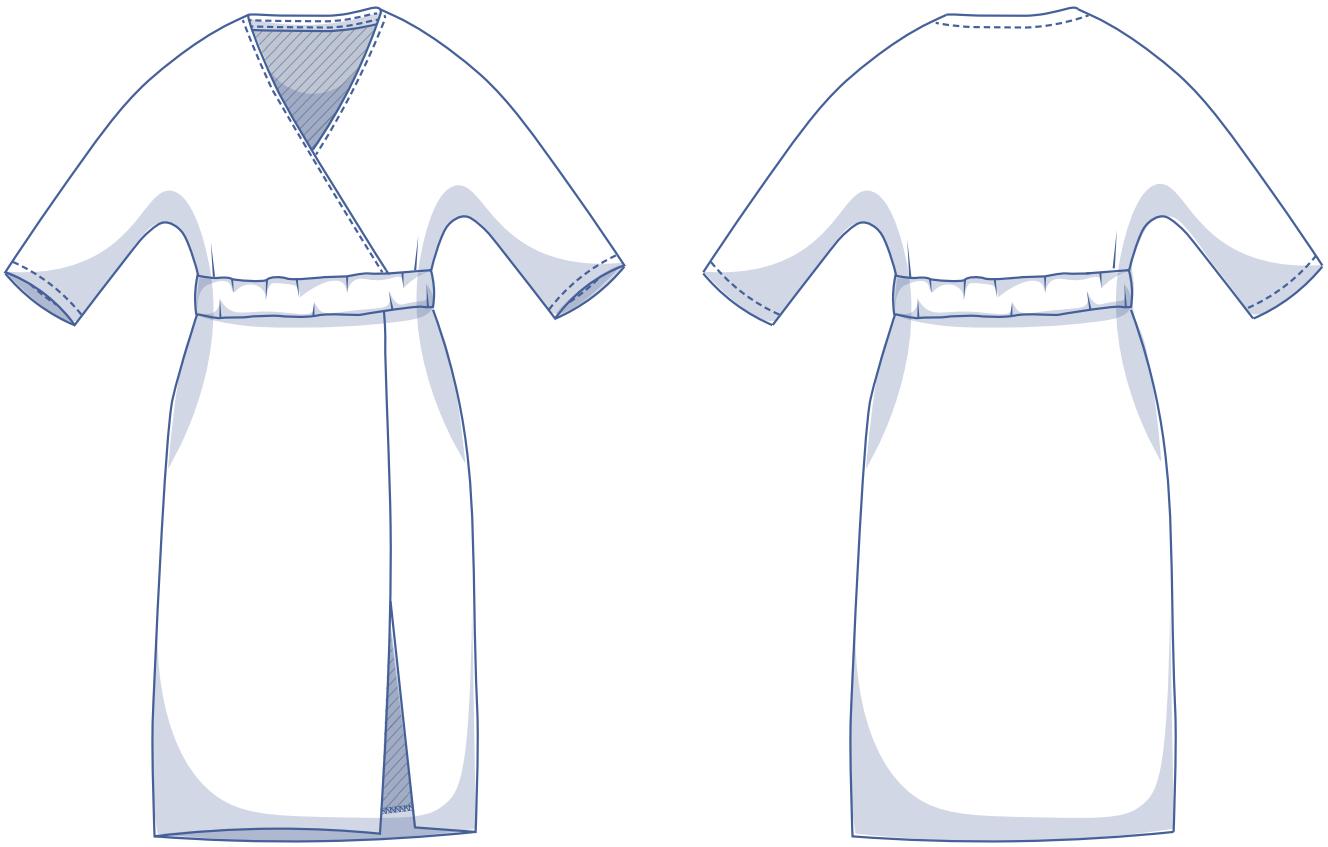
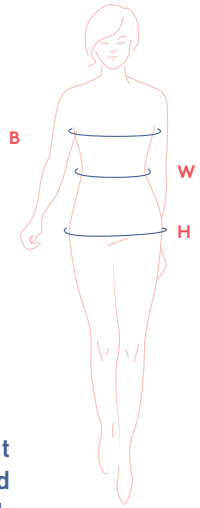
0 - 26

Ciao bella! The Juliette wrap dress has got it going on. It has a super sexy cut with an open slit at the front and made up in a flowing jersey that celebrates your curves! The elasticated waistband gives shape and definition with a subtle billow effect. You can't help but feeling like your most radiant self when you put on the Juliette.



size chart (in inches)

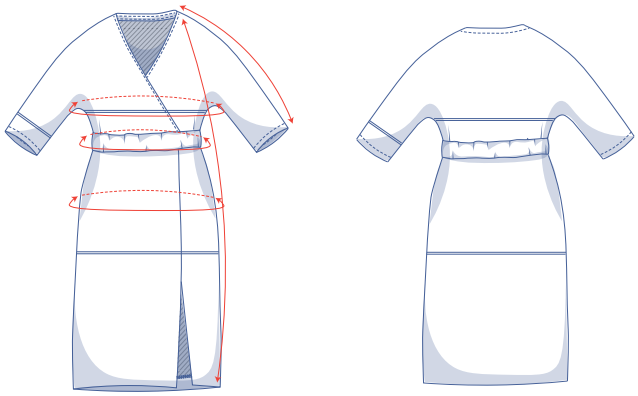
size	0	2	4	6	8	10	12	14	16	18	20	22	24	26
US	0	2	4	6	8	10	12	14	16	18	20	22	24	26
B	76	80	84	88	92	96	100	104	110	116	122	128	134	140
W	66	68	70	74	78	82	84	88	94.5	101	107.5	114	120.5	127
H	86	90	94	97	100	103	106	109	115	120	125	130	135	140



Bust (B): measure horizontally around the fullest part of the bust.
Waist (W):measure horizontally at the narrowest point of the body.
Hip (H): measure horizontally around the widest part of the lower body.

Choose your size based on your bust measurement. Are your hips larger than the hip measurement indicated on the size chart? If so, have a look at the hip measurements on the size chart below to find out whether there's enough ease in the hip area, or whether the hip measurement needs to be altered. You can easily alter the pattern by tracing the line of the one size instead of tracing the line of the other.

finished garment measurements (in inches)



you can lengthen or shorten the pattern here

This chart's measurements are the pattern measurements based on the fabric type and serve as a reference. Ease has been added to the width measurements (on top of the exact body measurements) for a more comfortable fit and to achieve a more fitted cut. Depending on what you prefer, you could possibly go a size smaller or larger than the 'right' size according to the body measurements.

size	0	2	4	6	8	10	12	14	16	18	20	22	24	26
length	48	48.25	48.50	49	49.25	49.50	50	50.25	51.50	51.75	52.25	52.75	53.25	53.75
sleeve length*	21.25	38.75	40.25	42	43.50	45	46.75	48.25	50.50	53	55.25	57.75	60	62.50
bust	37.25	31	32.50	34	35.75	37.25	38.75	40.25	42.75	45	47.50	49.75	52.25	54.50
waistline**	29.25	31	32.50	34	35.75	37.25	38.75	40.25	42.75	45	47.50	49.75	52.25	54.50
waistline***	26.75	27.50	28.25	30	31.50	33	33.75	35.50	38	40.50	43	45.75	48.25	50.75
hips	34.25	35.75	37.50	38.50	39.75	41	42.25	43.25	45.75	48	50.25	52.50	54.75	57

** Including the shoulder length.*
*** Without elastic band.*
**** With elastic.*

Compare the stated lengths to the measured or desired lengths. Lengthen or shorten the dress and/or the sleeves by cutting the pattern pieces at the indicated double lines and then spreading the pattern pieces out X inches from each other or overlapping them where needed. Make sure that the CF and CB lines and the side seams are always straight.

IMPORTANT

Adjust the amount of fabric to be used based on the alterations.

supplies

- Thread
- Snap (Ø 1/5"): 1
- Iron-on interfacing: max. 1/5 yd
- Bias tape: see table
- Elastic band: see table
- Fabric: see table

bias tape (in yards)	0	2	4	6	8	10	12	14	16	18	20	22	24	26
length	1 ¼	1 ¼	1 ½	1 ½	1 ½	1 ½	1 ½	1 ⅖	1 ½	1 ½	1 ½	1 ⅗	1 ⅗	1 ⅗

elastic band (in yards)	0	2	4	6	8	10	12	14	16	18	20	22	24	26
2" wide	1	1	1	1	1	1	1	1	1 ¼	1 ¼	1 ¼	1 ¼	1 ¼	1 ½

fabric used (in yards) standard	0	2	4	6	8	10	12	14	16	18	20	22	24	26
fabric width 43"	3 ½	3 ½	3 ½	3 ¾	3 ¾	3 ¾	3 ¾	4	4	4	4 ¼	4 ¼	4 ½	4 ½
fabric width 55"	2 ½	2 ½	2 ½	2 ¾	3	3	3	3	3	3	3 ¼	3 ¾	3 ¾	3 ¾

The corresponding fabric layout can be found as of page 6 of these sewing instructions.

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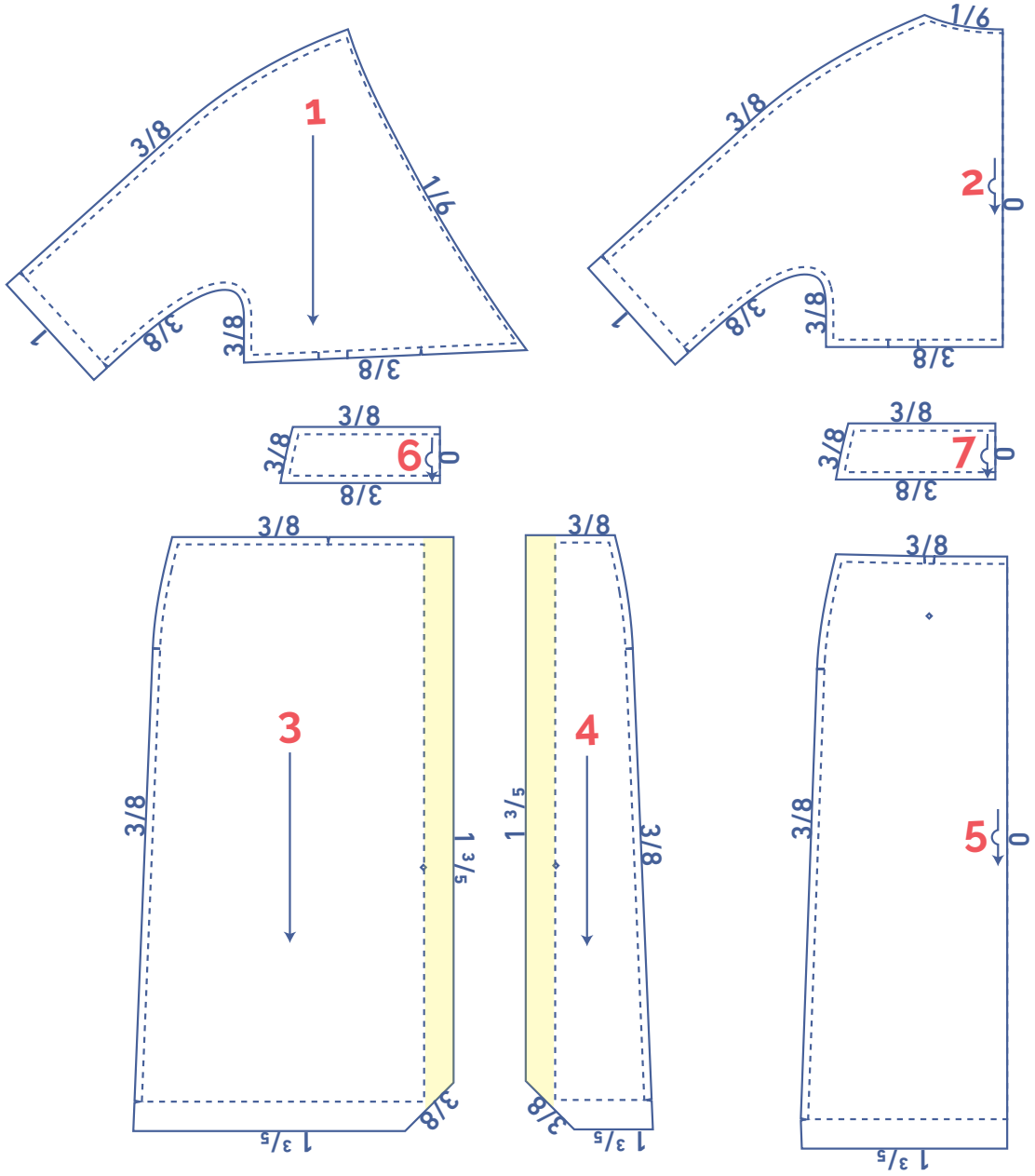
fabric advice

The Juliette dress pattern should only be made in jersey! All kinds of knit fabrics work well. The simplicity of the dress is what makes it gorgeous, which is why a solid looks best; however if you prefer a print, go for it!

pattern pieces & seam allowances (in inches)

To sew the garment as described in the instructions, you must draw the illustrated seam allowances around the paper pattern pieces before cutting them out.



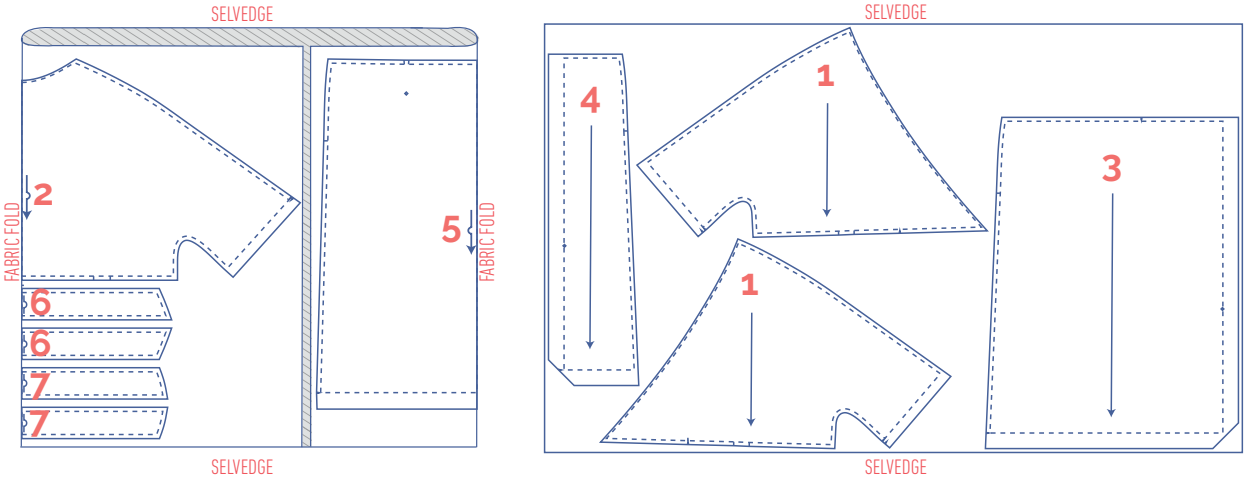
1. front: 2x
2. back: 1x on fabric fold
3. skirt F A: 1x
4. skirt F B: 1x
5. skirt B: 1x on fabric fold
6. waistband F: 2x on fabric fold
7. waistband B: 2x on fabric fold

IMPORTANT

The pieces highlighted in light yellow have iron-on interfacing attached to the wrong side.

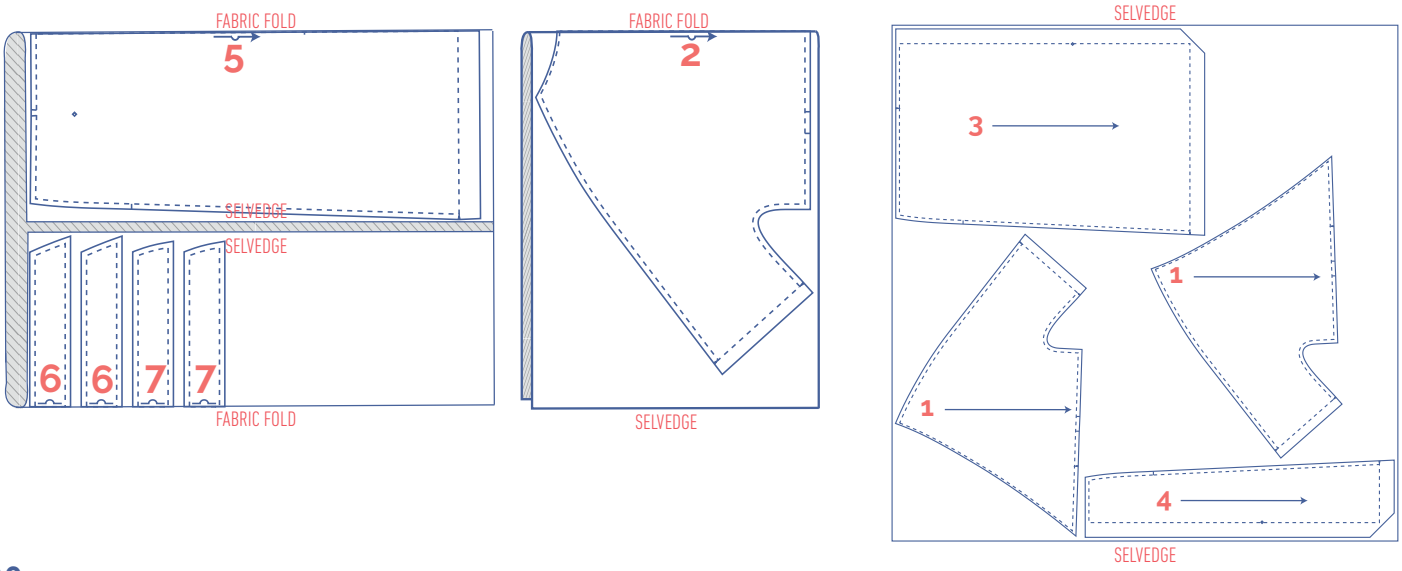
fabric layout for fabrics 43" wide

0-26



fabric layout for fabrics 55" wide

0-18



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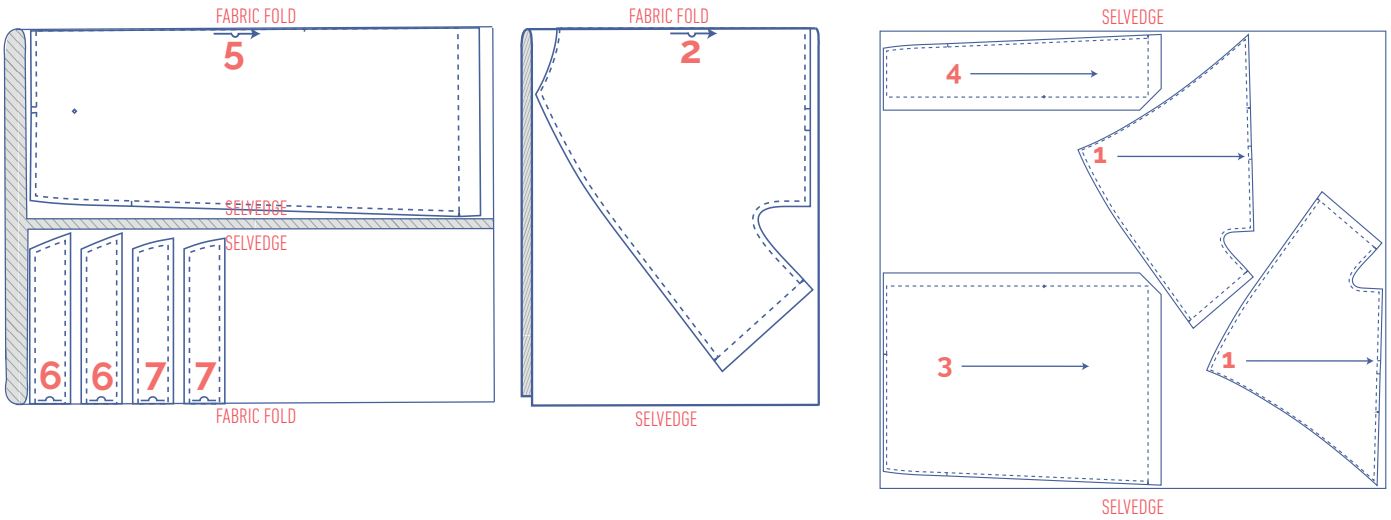
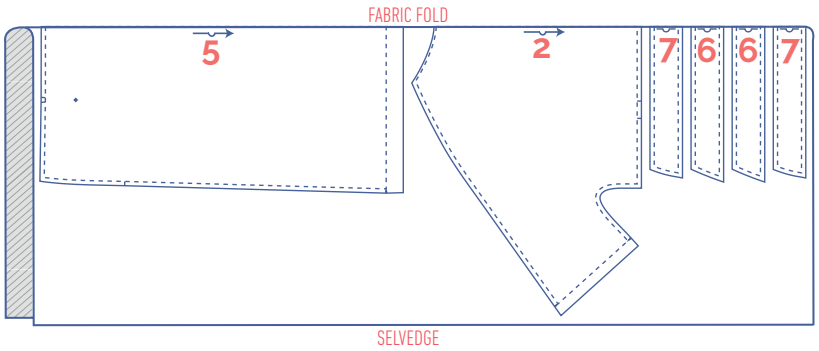
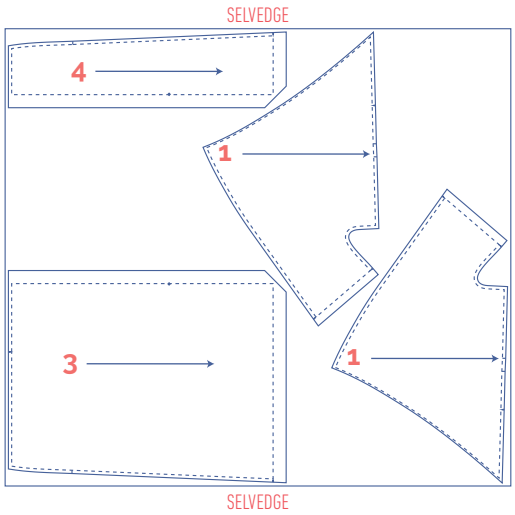






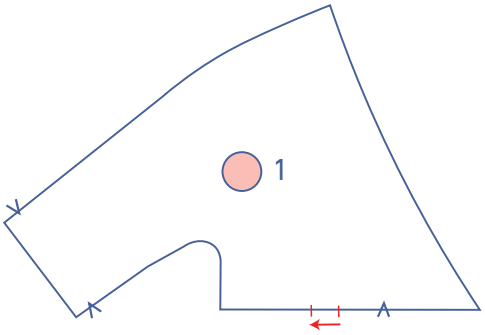
Indicate crucial points on the outline of the pattern:

- Nick the pattern paper and fabric at the places where a single vertical line (I) and double vertical lines (II) are indicated.
- Cut a small notch out of the fabric at a V notch symbol or on the finished hemline.
- Cut a small notch (V notch) out of the pieces that lie on the fabric fold to mark the middle of these pieces.

sewing instructions

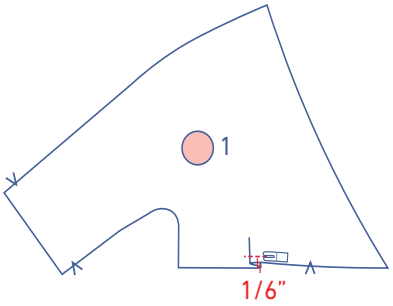
The method used to finish the garment will depend on your chosen fabric.
The pieces are always sewn together with right sides facing, unless stated otherwise.

F	front
B	back
RF	right front
LF	left front
CF	centre front
CB	centre back
	right side
	wrong side
	iron-on interfacing
	elastic band
	bias tape

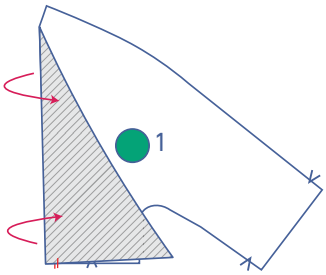


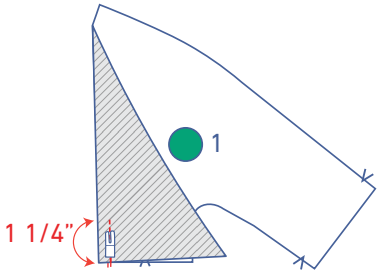
1

Shape the pleat of the RF (1) by overlapping each of the notches at the bottom over towards the side seam.

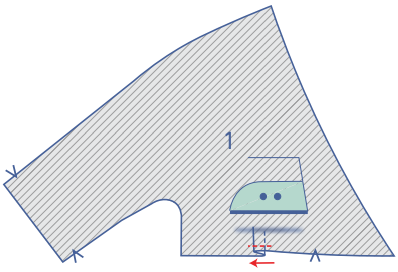


Sew the pleat horizontally into place at 1/6" from the raw edge.



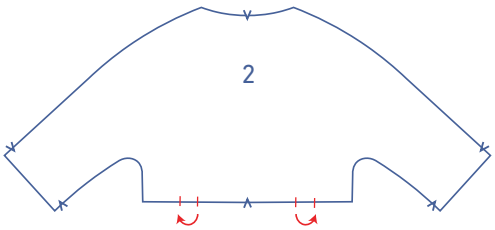


Fold the pleat in the LF with the right side of the fabric facing inwards. Be sure that the notches on the bottom are neatly lined up. Sew the pleat vertically into place at 1 1/4" above the raw edge.

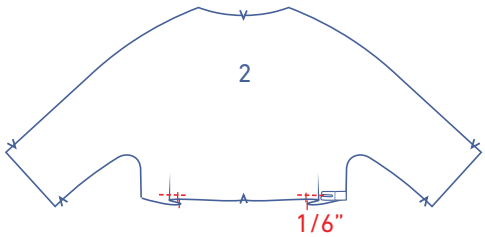


Press the pleat allowance towards the side seam and sew into place at 1/6" from the raw edge.

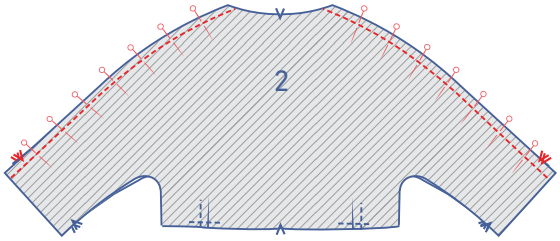
2



Make the back pleats by lining up and overlapping all of the notches at the bottom towards the side seam.

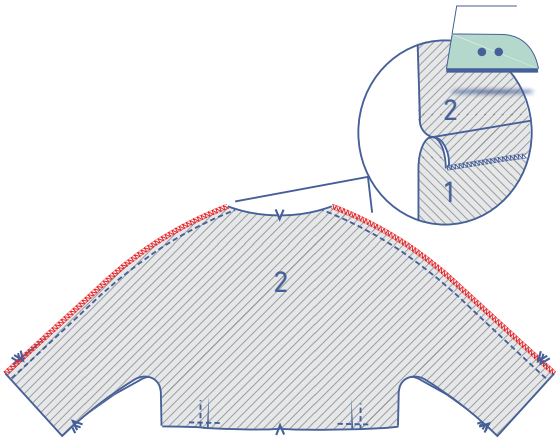


Sew the pleats horizontally into place at 1/6" from the raw edge.

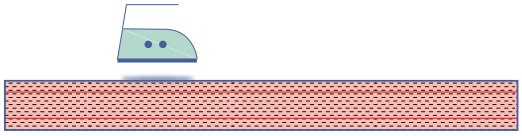


3

Pin and sew the shoulder seams.

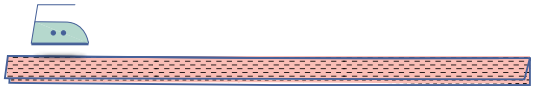


Finish the raw edges together with overlock stitching and press the seam allowance towards the front.

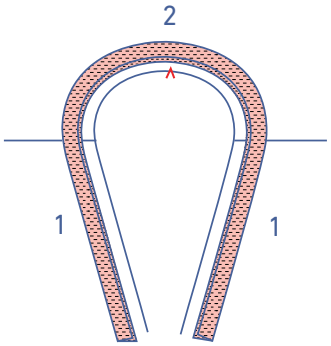


4

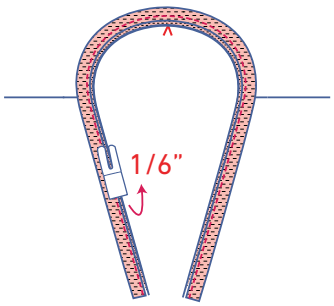
Press the pre-pressed fold lines out of the bias tape.



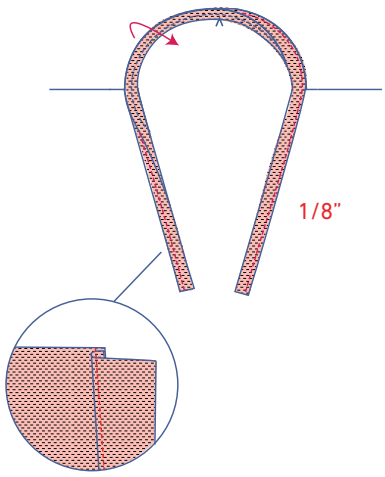
Press the bias tape (5) in half lengthwise with the right side of the fabric facing outwards.



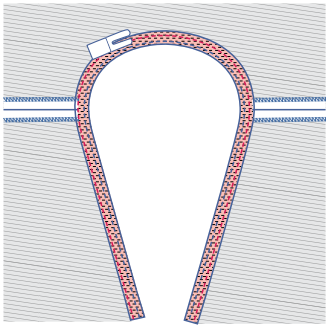
Pin both raw edges of the bias tape to the neckline along the right side of the piece.



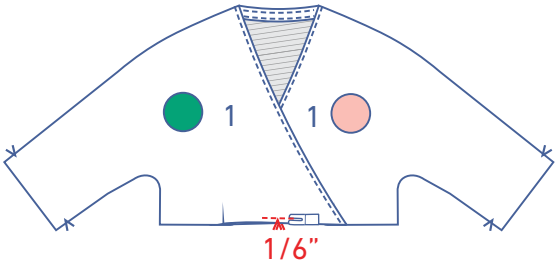
Sew into place at 1/6" from the raw edges.



Fold the bias binding at the seam allowance away from the main piece towards the neckline and understitch by sewing the bias binding into place at 1/8" from the seam through all layers (= the bias tape + the seam allowance underneath).

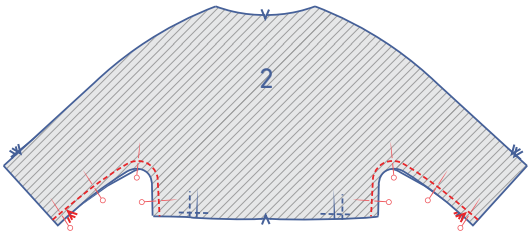


Fold the bias tape all the way over to the wrong side and sew it into place right next to the edge.

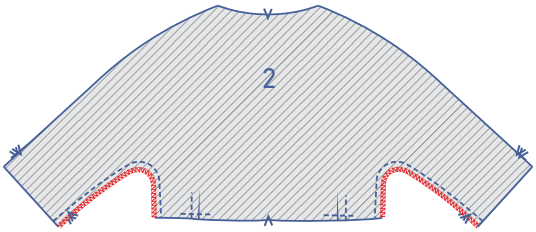


Pin the RF on top of the LF with the V notches indicating the CF neatly aligned. Sew into place at 1/6" from the bottom.

5



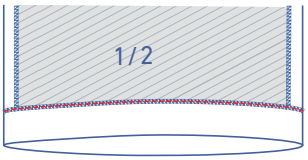
Pin and sew the side and underarm seams.



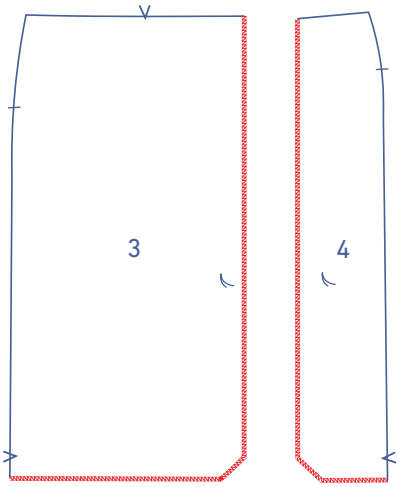
Finish the raw edges together with overlock stitching.

Finish the sleeve hems with overlock stitching.

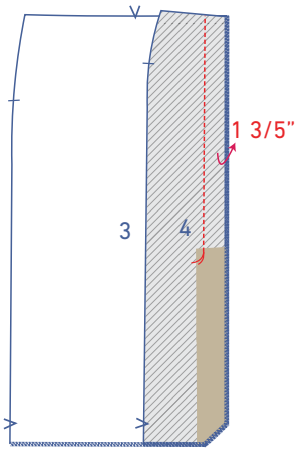
Fold the seam allowance inwards all the way around at the V notches and sew into place.



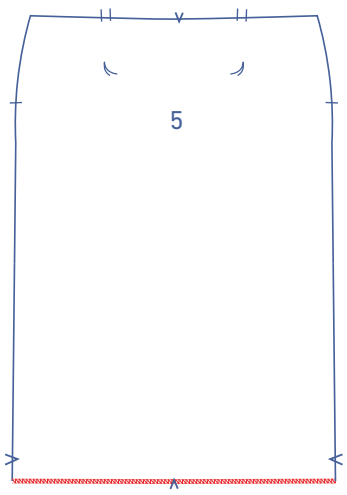
6



Finish the side with the marking thread and the hem of the skirt front A (3) and skirt front B (4) using an overlock stitch.

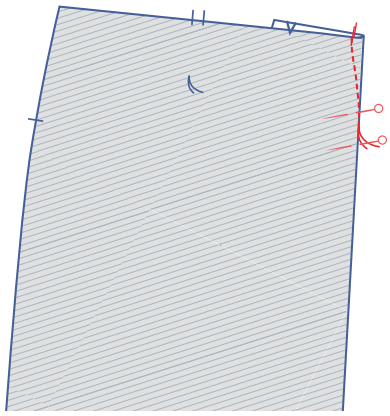


Sew the straight sides of the skirt front A and the skirt front B together up to the marking thread at 1 3/5" from the raw edge.

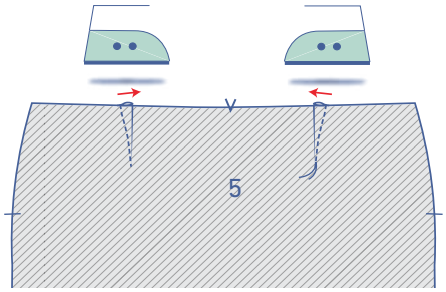


7

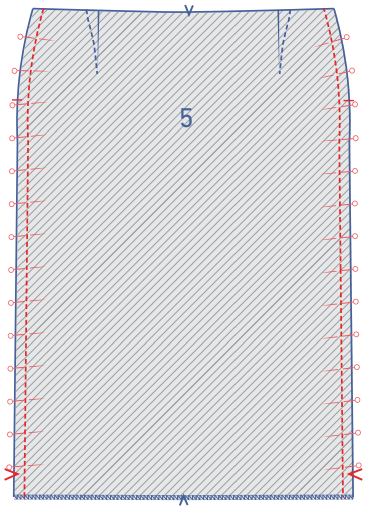
Finish the hem of the skirt back (5) with overlock stitching.



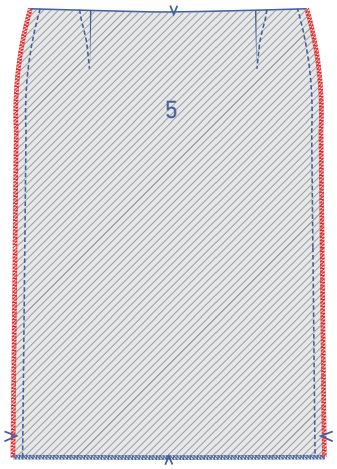
Fold the skirt back on itself with the right side of the fabric facing inwards. Ensure that all the waistband notches on the waistband seam are matching. Sew the dart towards the marking thread and past the edge of the fabric. Snip the thread and make a knot.



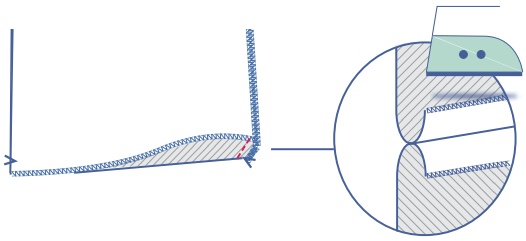
Press the dart towards the CB.



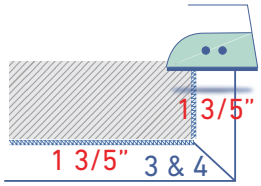
Pin and sew the side seams of the skirt, with the corresponding notches neatly aligned.



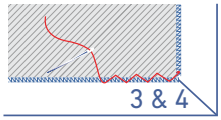
Finish the raw edges together with overlock stitching.

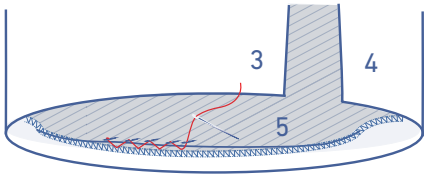


Finish the slit at the front. To do this, tuck the small slanted bit at the corner of the hem together with the right sides of the fabric facing. Do this for both skirt front A and skirt front B. Sew the slanted end together and press the seam allowance open as shown.

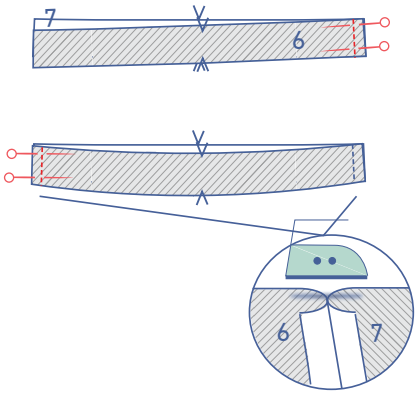


Now press the slit allowance of the hem 1 3/5" over.



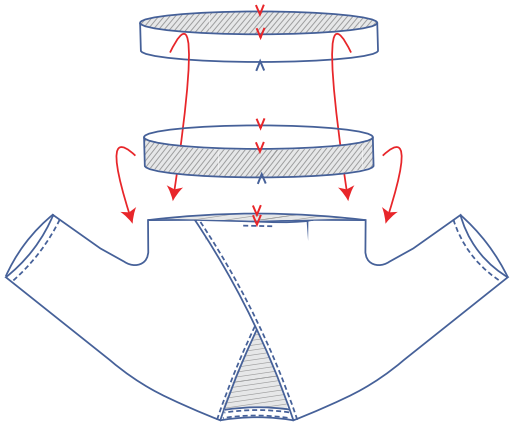


Hand sew or stitch the hem allowance into place.

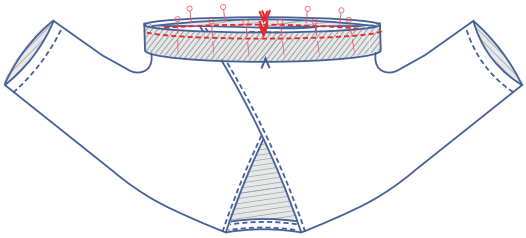


8

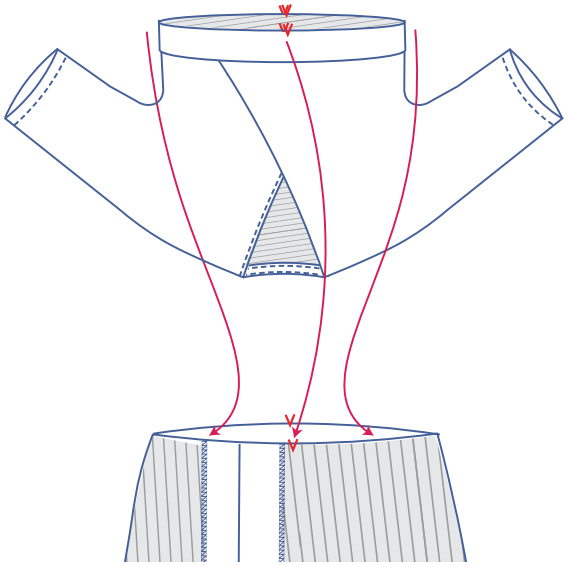
Pin and sew all of the side seams of the waistband front (6) and the waistband back (7). Press open the seam allowance.



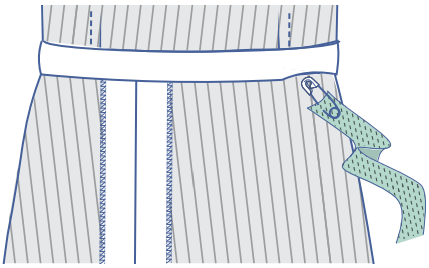
Place both waistbands with the right sides facing together and slide the top piece between. Match all seams and notches.



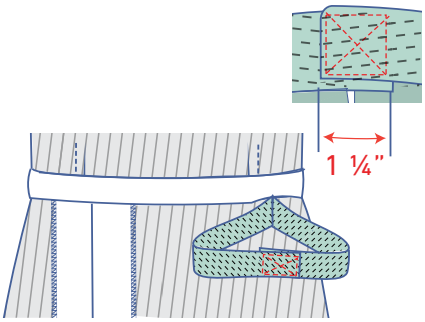
Pin and sew into place.



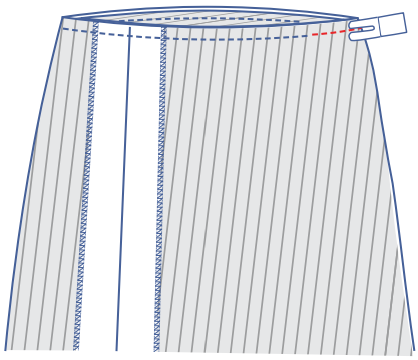
Pin and sew both raw edges of the waistband to the waistline of the skirt with the side seams and the corresponding notches neatly aligned. Leave an opening in the waist seam so that you can thread the elastic through.



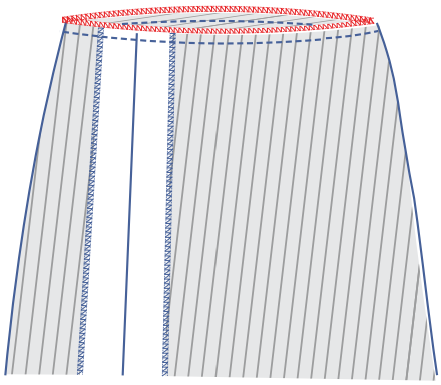
Thread the elastic band through the waistband via the opening in the waistband.



Allow 1 1/4" of the ends to overlap and sew together using a Box X stitch. Pull the elastic all the way through the casing.

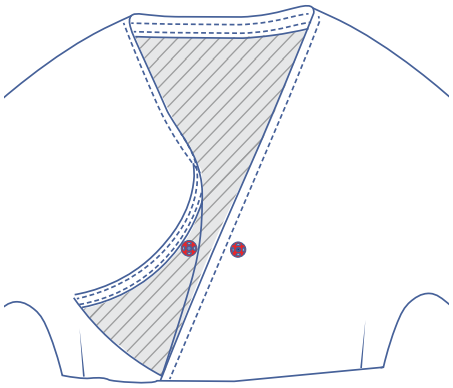


Now sew the opening of the waist allowance closed.



Finish the raw edges together with overlock stitching.

9



Sew a snap on if you like, for extra security.