

Benita by Fibre ⚡ood



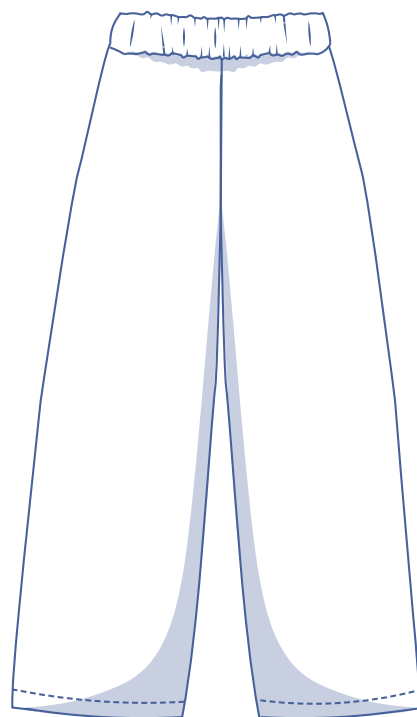
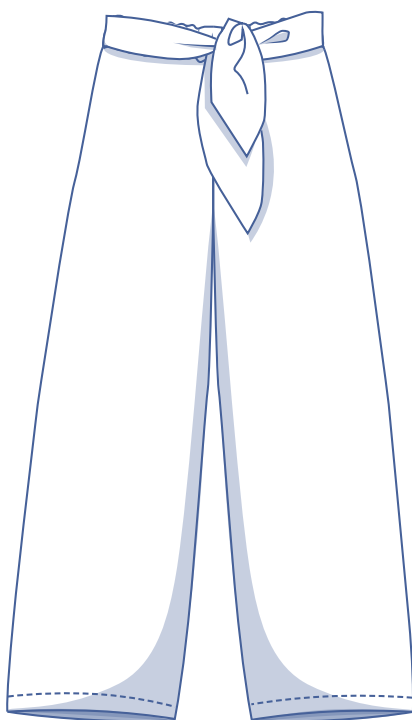
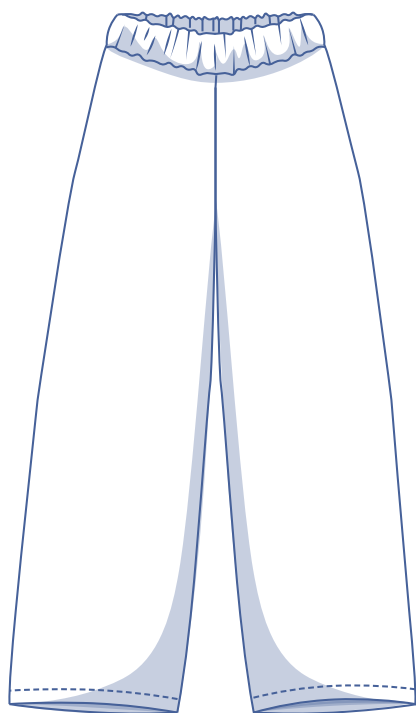
Benita by Fibre Mood



0 - 26

Simple and comfortable, the Benita trousers will be your go-to this winter! These easy wearing trousers feature an elasticated waistband and straight leg.

As far as length and style go, there are options galore: casual or chic, full length or cropped culottes...anything goes! Add flair with a festive bow at the waistband.



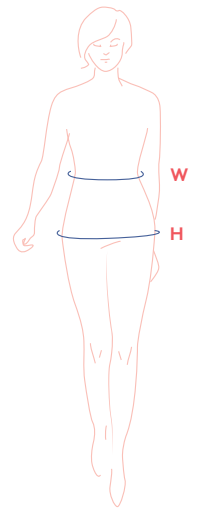
size chart

| size (US) | 0 | 2 | 4 | 6 | 8 | 10 | 12 | 14 | 16 | 18 | 20 | 22 | 24 | 26 |
|------------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| W (inches) | 26 | 26.8 | 27.6 | 29.1 | 30.7 | 32.3 | 33.1 | 34.6 | 37.2 | 39.8 | 42.3 | 44.9 | 47.4 | 50 |
| H (inches) | 33.9 | 35.4 | 37 | 38.2 | 39.4 | 40.6 | 41.7 | 42.9 | 45.3 | 47.2 | 49.2 | 51.2 | 53.1 | 55.1 |

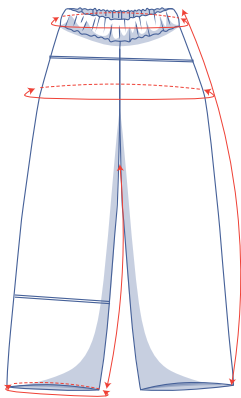
Waist (W): measure horizontally around the widest part of the waist.

Hips (H): measure horizontally around the widest part of the lower body.

To select the right size for this pattern, the hip measurement should be your guideline. Pick the size that is the best match for your hips. Altering the waist is simple. When you are tracing the waist, simply merge between the two size lines of the waist and hip for a custom fit.



finished garment measurements (in inches)



This chart's measurements are the pattern measurements based on the fabric type and serve as a reference. Ease has been added to the width measurements (on top of the exact body measurements) for a more comfortable fit and to achieve a particular cut (fitted, loose or oversized). Depending on the preferred fit, you could choose to size up or down accordingly.

| size | 0 | 2 | 4 | 6 | 8 | 10 | 12 | 14 | 16 | 18 | 20 | 22 | 24 | 26 |
|-------------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| side length* | 39.25 | 39.25 | 39.50 | 39.75 | 40 | 40.25 | 40.25 | 40.50 | 40.75 | 41 | 41.25 | 41.25 | 41.50 | 41.75 |
| inseam length | 28 | 28 | 28 | 28.25 | 28.25 | 28.25 | 28.25 | 28.25 | 28.25 | 28.25 | 28.25 | 28.25 | 28.25 | 28.25 |
| waistline** | 23.25 | 24 | 24.75 | 26.50 | 28 | 29.50 | 30.25 | 32 | 34.50 | 37 | 39.50 | 42.25 | 44.75 | 47.25 |
| hips | 35.75 | 37.25 | 39 | 40.25 | 41.75 | 43 | 44.25 | 45.50 | 48 | 50.25 | 52.25 | 54.50 | 56.50 | 58.75 |
| hem circumference | 21.25 | 22.50 | 23.75 | 24.50 | 25 | 25.50 | 26.50 | 26.75 | 28.25 | 29.25 | 30 | 31 | 32 | 33 |

* Including the waistband.

** Waistline with elastic.

Compare the stated lengths to the measured or desired lengths. **Lengthen** or **shorten** the trouser legs and/or the rise by cutting the pattern pieces at the place(s) indicated by a double line on the drawing above and then spreading the pattern pieces out X inches from each other or overlapping them, where necessary. Make sure that the CF and CB lines and the side seams are always straight.



IMPORTANT

Adjust the fabric to be used based on these alterations.

supplies



- Thread
- Elastic (width 2"): see table
- Fabric: see table

| elastic (in yards) | 0 | 2 | 4 | 6 | 8 | 10 | 12 | 14 | 16 | 18 | 20 | 22 | 24 | 26 |
|--------------------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| length | 0.68 | 0.70 | 0.75 | 0.77 | 0.81 | 0.85 | 0.87 | 0.92 | 0.99 | 1.06 | 1.13 | 1.20 | 1.27 | 1.35 |

| fabric used (in yards) standard | 0 | 2 | 4 | 6 | 8 | 10 | 12 | 14 | 16 | 18 | 20 | 22 | 24 | 26 |
|------------------------------------|---|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| fabric width 55" | 2 | 2 ¼ | 2 ¼ | 2 ¼ | 2 ¼ | 2 ½ | 2 ½ | 2 ½ | 2 ½ | 2 ¾ | 2 ¾ | 2 ¾ | 2 ¾ | 2 ¾ |

The corresponding fabric plan can be found on the last page of these sewing instructions.

fabric advice




Depending on the look you want, there are a variety of fabric options to choose from. For an athleisure look, use stable interlock, French terry or sweatshirt knit. Elevate Benita to evening wear with a velour jersey, ribbed jersey or even a woven crepe with a print. Choose a fabric that moves with the body.

[illegible]

sewing instructions



The method used to finish the garment will depend on your chosen fabric. The pieces are always sewn together with right sides facing, unless stated otherwise.



F front

B back

CF centre front

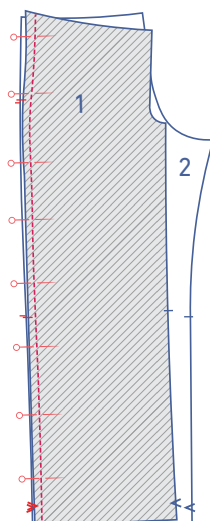
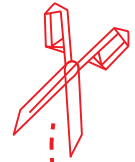
CB centre back

 right side

 wrong side

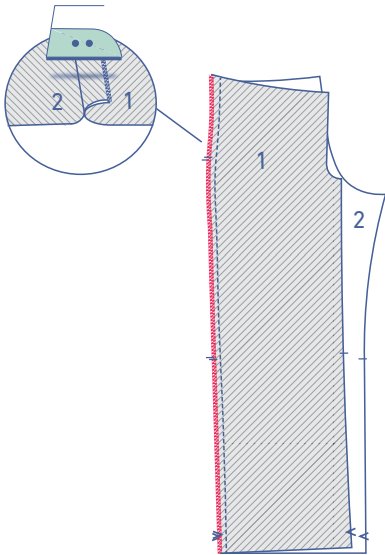
 cuff fabric

 elastic band

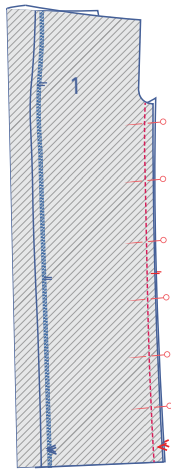


1

Pin and of the front (1) and back (2) together.

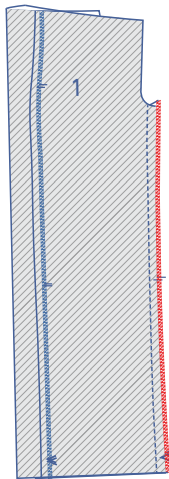


Finish the raw edges together with overlock stitching.
Press the seam allowance toward the front.

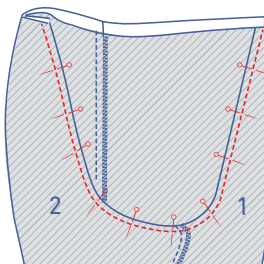


2

Pin and sew the inside leg seams (inseams) of both trouser legs.

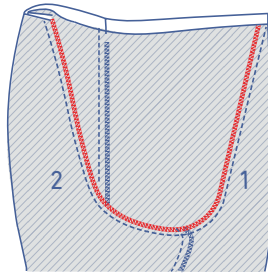


Finish the raw edges together with overlock stitching.

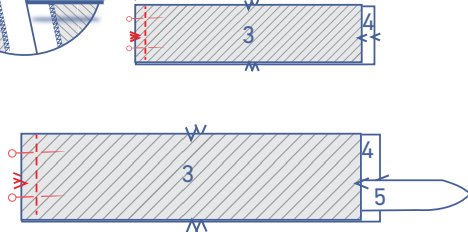
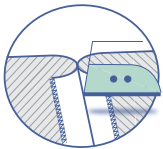
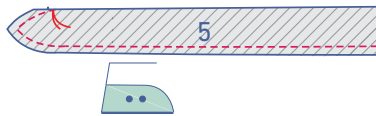


3

Slide both trouser legs into each other with the right sides faced together. Pin and sew the crotch seam.



Finish the raw edges together with overlock stitching.

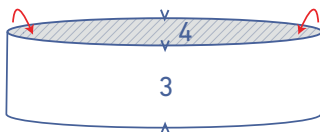


4

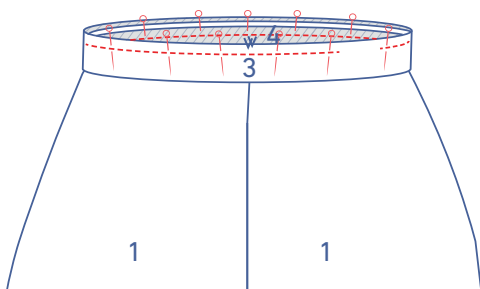
This step is optional.

Fold the ties (5) in half lengthwise with the right side of the fabric facing inwards and stitch the indicated sides starting from the basting thread. Next, turn the ribbons out the right way and handstitch the opening closed.

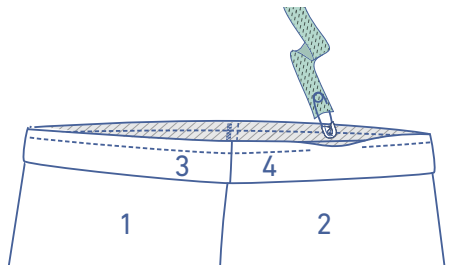
Pin the side seams of the waistband front (3) and waistband back (4) together. Press open the seam allowances. **(Optional)** If you're adding ties, slide the finished ties between both waistband pieces so that the raw edges are neatly aligned. The top of the ties should sit slightly below the V notch that indicates the midpoint of the waistband.



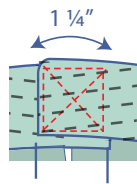
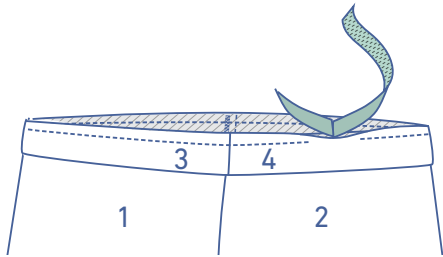
Fold the waistband in half widthways with the right side facing outwards until the V notches meet.



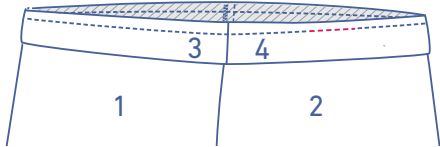
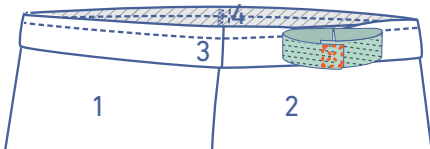
Pin and sew both of the raw edges of the waistband to the waistline of the trousers with the side seams and the corresponding nicks matching. Leave an opening in the waist seam so that you can thread the elastic through.



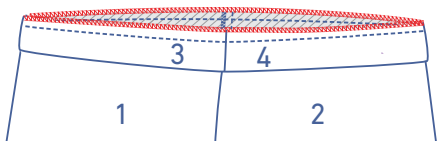
Thread the elastic through the waistband via the opening in the waistband.



Allow 1 1/4" of the ends to overlap and sew together using a box X stitch. Pull the elastic all the way through the casing.

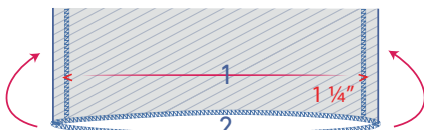


Sew the opening in the waist seam closed and finish the raw edges together with overlock stitching.

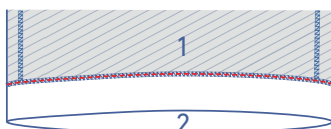


5

Finish the hem with overlock stitching.



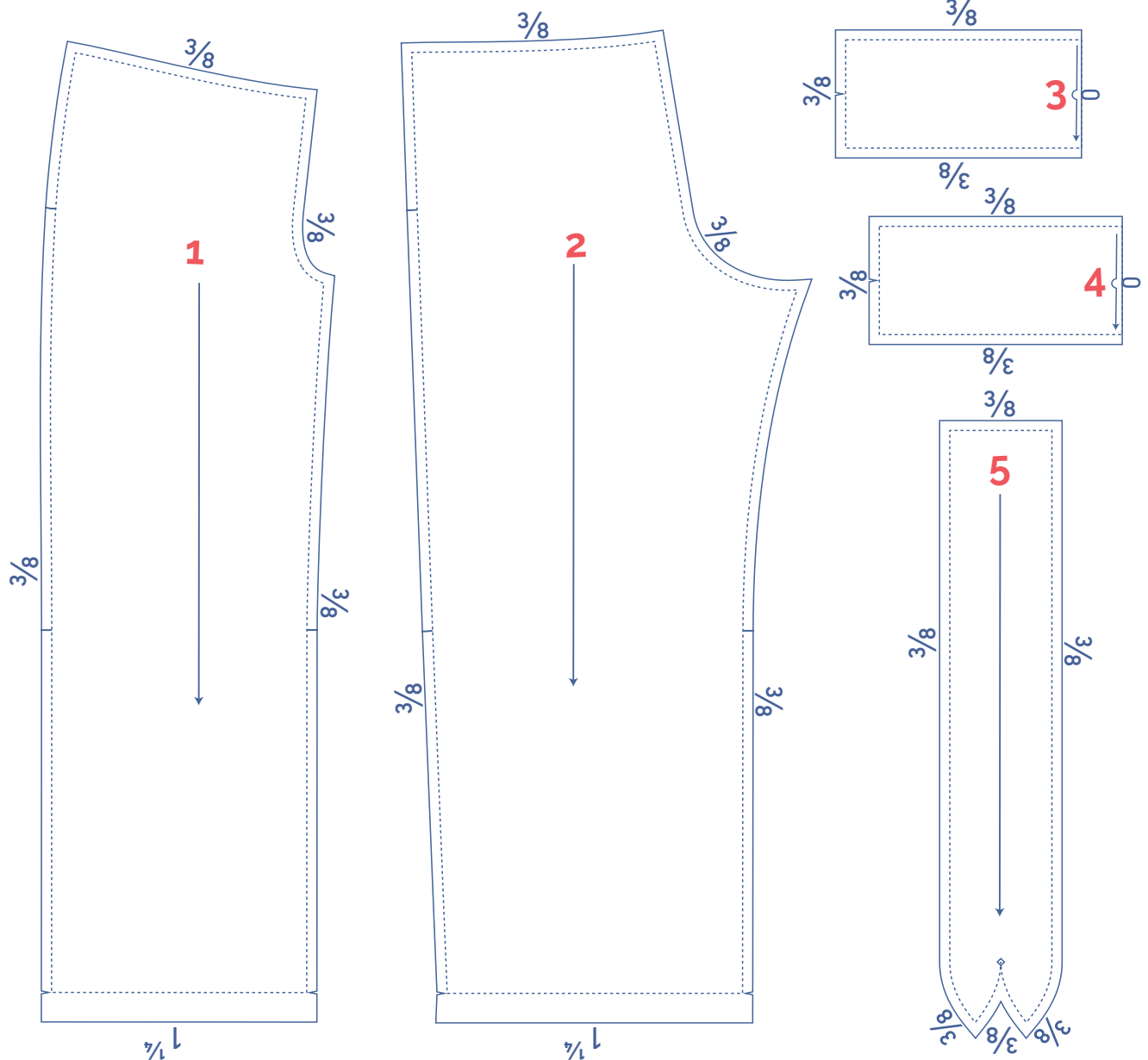
Press the hem 1 1/4" over to the wrong side. Sew in place right next to the edge.



pattern pieces & seam allowances (in inches)

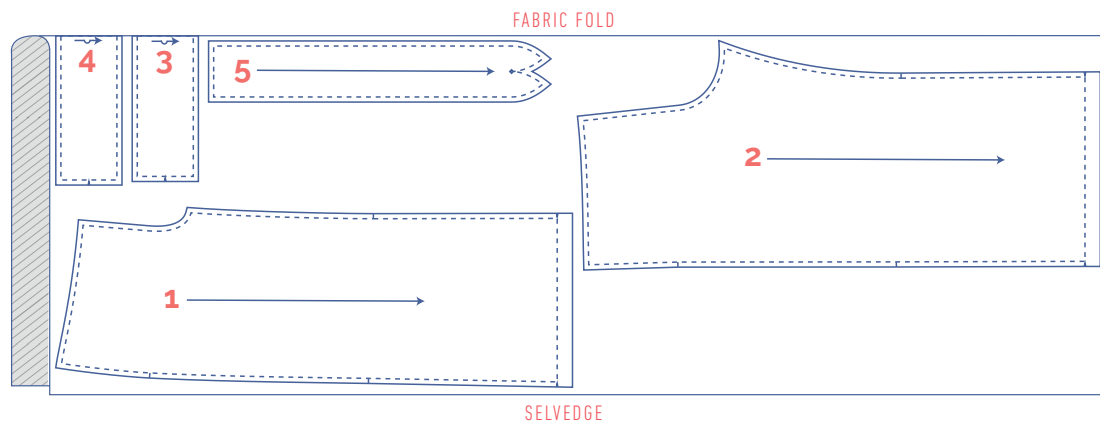
To sew the garment together as described in the instructions, you must draw the illustrated seam allowances around the paper pattern pieces before cutting them out.

1. front: 2x
2. back: 2x
3. waistband facing front: 1x on fabric fold
4. waistband facing back: 1x on fabric fold
5. ties: 2x (optional)



fabric plan for fabrics 55" wide

0-26



marking pattern pieces after cutting

- Mark the following points using basting thread.



- Nick the pattern paper and fabric at the places with a single vertical (|) line.
- Cut a small corner out of the fabric at a V notch symbol or on the finished hemline.
- Cut a small corner (V notch) out of the pieces that lie on the fabric fold (—) to mark the middle of these pieces.