

Vita by Fibre ⚡ood

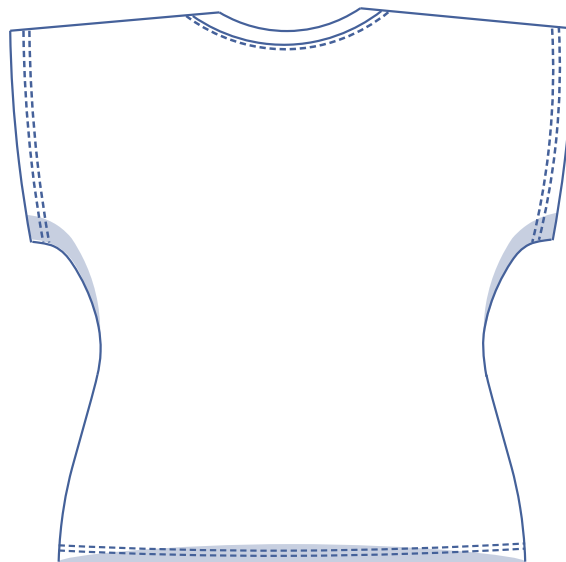


Vita by Fibre Mood



XS - XXXL

Vita is the perfect go-to T-shirt for your everyday wardrobe and features a flattering V-neck, cap sleeves and an optional pocket. Pair it with jeans, a paper-bag waist skirt or your favourite summer shorts.
Can't decide on a colour? Make two or three!
This project will take you no time at all!

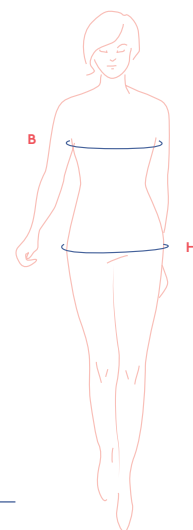


size chart

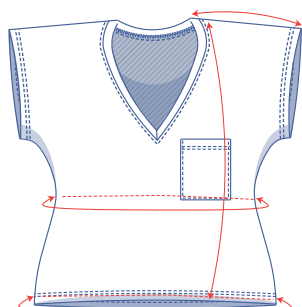
size	XS		S		M		L		XL		XXL		XXXL		
EU	32	34	36	38	40	42	44	46	48	50	52	54	56	58	60
UK	4	6	8	10	12	14	16	18	20	22	24	26	28	30	32
US	0	2	4	6	8	10	12	14	16	18	20	22	24	26	28
B (cm)	76	80	84	88	92	96	100	104	110	116	122	128	134	140	146
H (cm)	86	90	94	97	100	103	106	109	115	120	125	130	135	140	145

Bust (B): measure horizontally around the fullest part of the bust

Hips (H): measure horizontally around the widest part of the lower body.



finished garment measurements(in cm)



size	XS	S	M	L	XL	XXL	XXXL
length	55.75	58	60	62.25	65.75	68.75	72
sleeve length*	22.5	24	25.5	27	29	31.5	34
waistline measurement	75	83	91	99	109	121	133
hips	88.25	96.25	104.25	112.25	122.25	134.25	146.25

* Including the shoulder length.

Compare the stated lengths to the measured or desired lengths. **Lengthen** or **shorten** the T-shirt by cutting the pattern pieces at the indicated double lines and then spreading the pattern pieces out X cm from each other or overlapping them, where necessary. Make sure that the CF and CB lines and the side seams are always straight.



IMPORTANT

Adapt the amount of fabric based on these alterations.

supplies



- Thread
- Fabric: see table

fabric used (in cm) F collection	XS	S	M	L	XL	XXL	XXXL
blue, pink or green jersey fabric width 156 cm	70	75	140	145	150	160	165

Discover the Fibre Mood fabric collection and the accompanying fabric layouts [here](https://www.fibremood.com/en/fabrics) or on www.fibremood.com/en/fabrics.

fabric used (in cm) standard	XS	S	M	L	XL	XXL	XXXL
fabric width 140 cm	130	135	140	145	150	160	165

The corresponding fabric layout can be found on the last page of these sewing instructions.

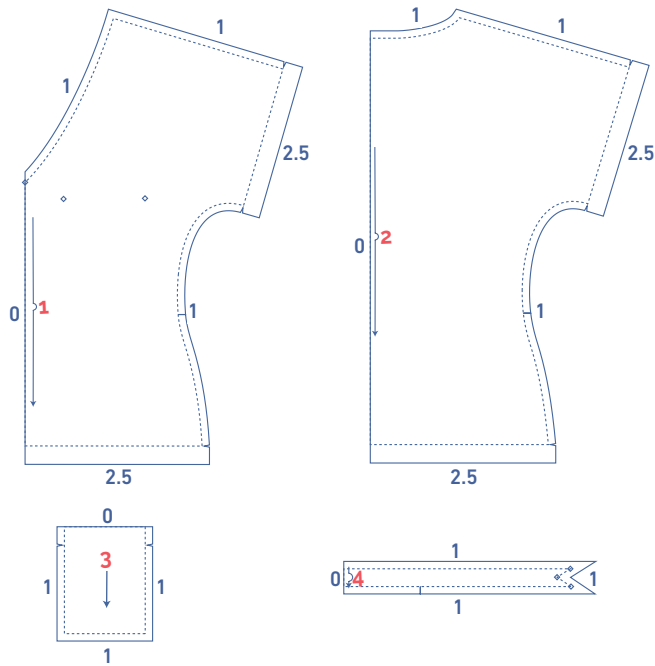
fabric advice



Make the Vita T-shirt in a jersey, i.e. a knit fabric. This could be a cotton, linen, viscose or wool knit and may or may not have lycra content. Discover the Fibre Mood fabric collection and the accompanying fabric layouts [here](#) or on www.fibre mood.com/en/fabrics.

pattern pieces & seam allowances (in cm)

To prepare the pattern before cutting you must first add the illustrated seam allowances around the paper pattern pieces as shown below.



1. front: 1x on fabric fold
2. back: 1x on fabric fold
3. chest: 1x
4. neck binding: 1x on fabric fold

Mark key points on the pattern piece using a basting thread.

- Mark the tip of the V neck on the front along with the collar by using needle and basting thread (↖) to indicate the middle (◊).

Indicate crucial points on the outline of the pattern.

- Snip the pattern paper and fabric at the places where a single vertical line (I) and double vertical lines (II) are indicated.
- Cut a small corner out of the fabric at the V notch or the finished hemline.
- Cut a small corner (V notch) out of the pieces that lie on the fabric fold to mark the middle of these pieces.

sewing instructions



The method used to finish sewing the garment seams depends on the fabric used. The pieces are always sewn together with right sides facing, unless stated otherwise.

F front

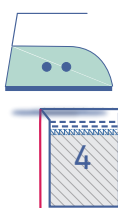
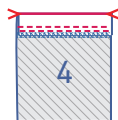
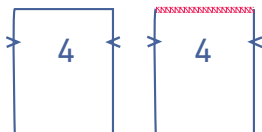
B back



right side



wrong side

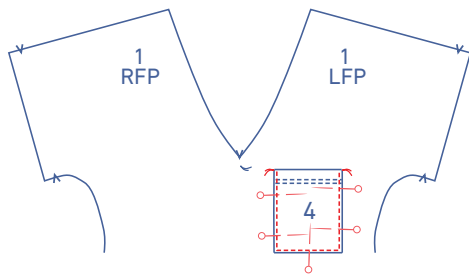


1

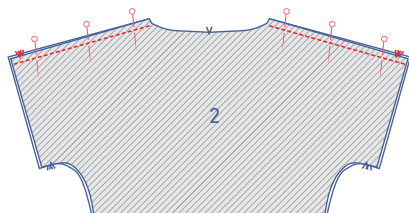
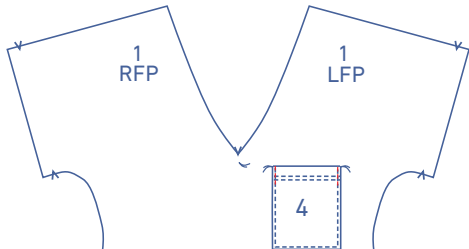
Finish the top of the breast pocket (4) using an overlock stitch.

Fold the shaped facing over at the V notches and sew in place with two rows of topsitching.

Press the remaining edges 1 cm over to the inside.

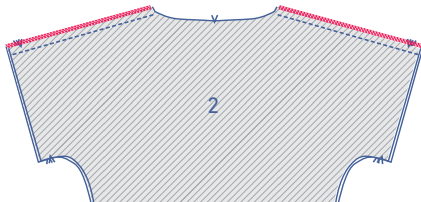


Pin the chest pocket where indicated and sew in place right close to the edges.
Sew reinforcement triangles by sewing a second line of stitching over the previous stitching at the tops.



2

Pin and sew the shoulder seams.

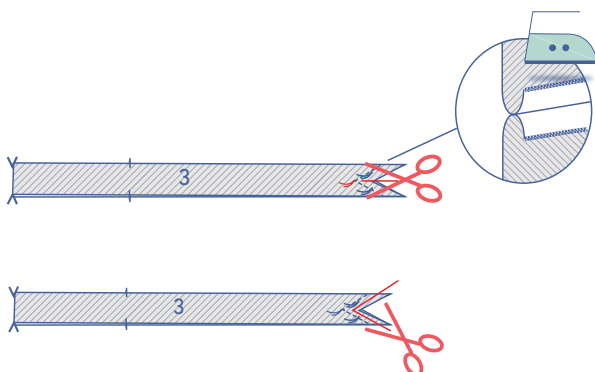


Finish both raw edges together using an overlock stitch.



3

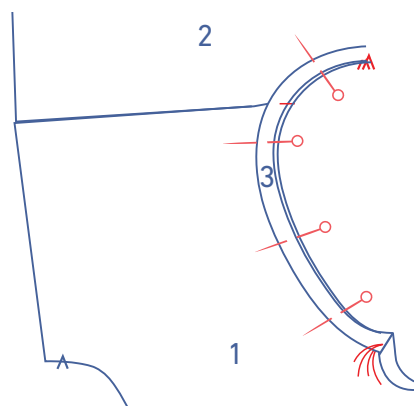
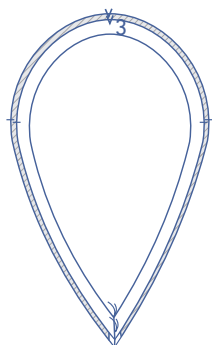
Sew the neck binding as shown.



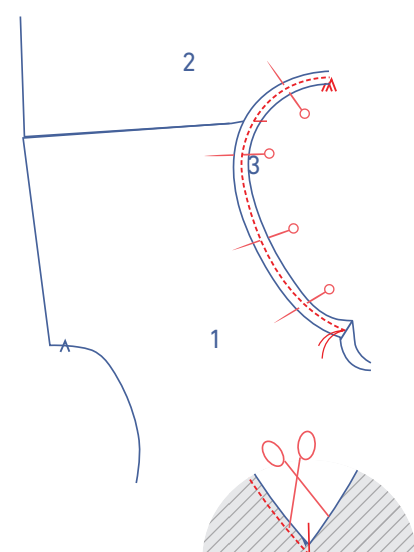
Snip into the seam allowance stopping just before the basting and press the seam open. If there is any excess seam allowance, carefully trim.



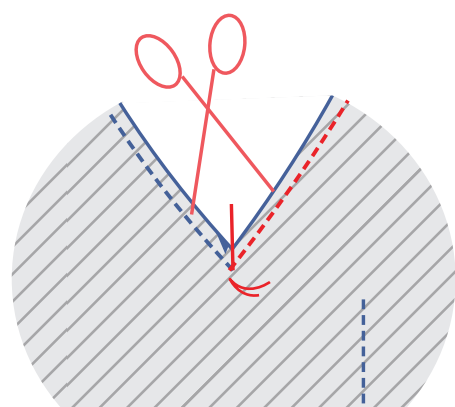
Fold the collar in half lengthwise with the right side of the fabric facing outwards.



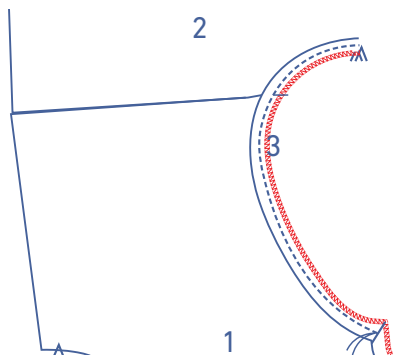
Pin both raw edges of the collar to the neckline. The basting threads should be perfectly lined up.



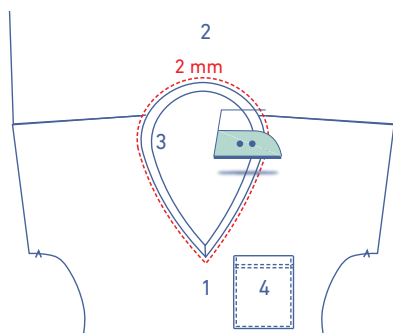
Sew in place. Allow the needle to remain in the tip of the V neck. Lift the presser foot and carefully snip into the seam allowance of the front.



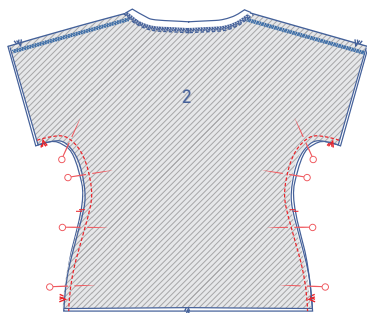
Pivot, lower the presser foot and sew the rest of the neckline.



Finish the raw edges together using an overlock stitch.

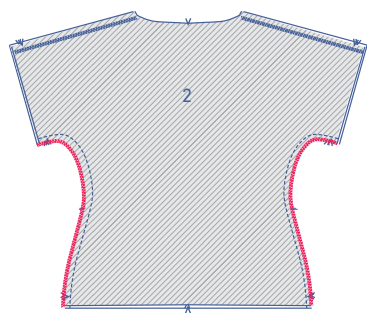


Press the collar nicely flat and top stitch around the front at 2 mm from the edge.

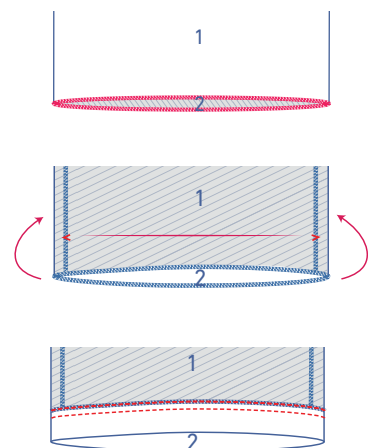


4

Now, pin and sew the side and underarm seams in place.



Finish the raw edges together using an overlock stitch.



5

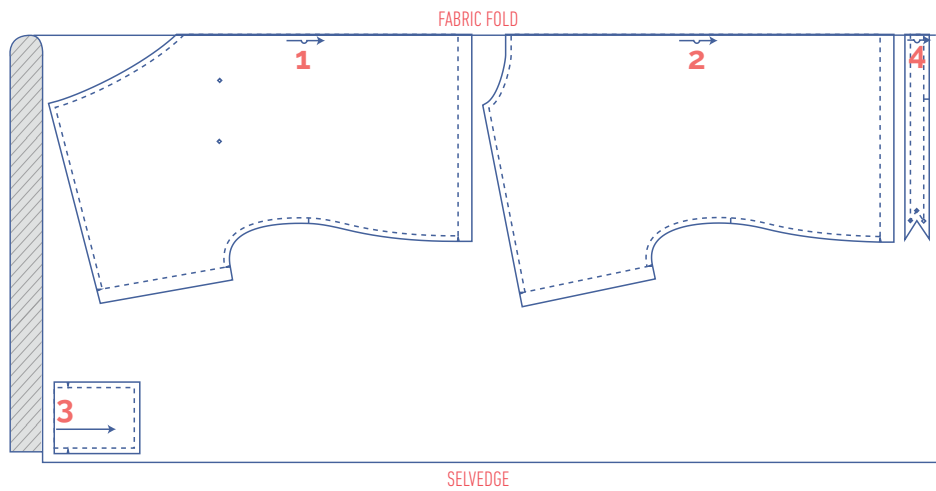
Finish the hem and sleeve hems using an overlock stitch.

Press the hems up to the V notch.

Sew two lines of topstitching around the hem and sleeve hems.

fabric layout for fabrics 140 cm wide

sizes XS - XXXL



You only need to cut pattern piece 3 once.