

Poppy by Fibre ood



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2 - 14 years

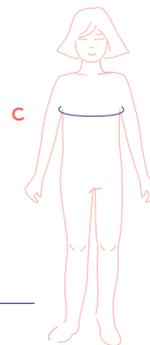
One of must-sew items for girls this summer is the Poppy dress. This maxi dress has wide ruffles for the ultimate flounce. The Poppy dress comes with two mix-and-match options for shoulder straps: a halterneck style or straps tied in bows. You can also play around with the length of the dress. If you prefer a shorter dress or one without ruffles, you can have both.



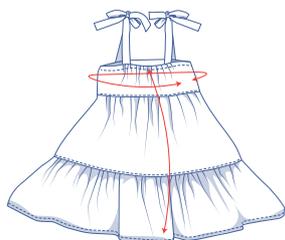
size chart

age	2	3	4	5	6	8	10	12	14
C (cm)	52	54	56	58	60	64	68	72	76

Chest (C): measure horizontally around the fullest part of the chest.



finished garment measurements (in cm)



size	2	3	4	5	6	8	10	12	14
length (long dress)	42.5	48.75	54.75	61.5	68	80.5	93.25	105.75	118.25
length (short dress)	33.5	37	40.5	43.75	47.25	54.25	61.25	68.25	75.25
chest	59	61	63	65	67	71	75	79	83

* Measured on CB.

Compare the stated lengths to the measured or desired lengths. **Lengthen** or **shorten** the dress by cutting the pattern pieces at the height of the indicated double lines and by moving the pattern pieces X cm apart or on top of each other as required. Make sure that the CF and CB lines and the side seams are always straight.



IMPORTANT

Adapt the amount of fabric based on these alterations.

supplies



- Thread
- Elastic band: see table
- Fabric: see table

elastic (in cm)	2	3	4	5	6	8	10	12	14
0.5 cm wide	16.5	17	17.5	18	18.5	19	19.5	20	20.5

fabric used (in cm) F collection	2	3	4	5	6	8	10	12	14
fabric with orange and white stripes* long dress fabric width 165 cm	110	110	115	165	170	180	220	235	235
white fabric with structure short dress fabric width 134 cm	120	125	135	140	145	160	170	210	215

* The pattern pieces were cut in the other direction to create vertical stripes.

Discover the Fibre Mood fabric collection and the accompanying fabric layouts [here](http://www.fibre mood.com/en/fabrics) or on www.fibre mood.com/en/fabrics.

fabric used (in cm) standard	2	3	4	5	6	8	10	12	14
fabric width 140 cm long dress	140	150	160	175	190	210	235	260	285
fabric width 140 cm short dress	120	125	135	140	145	160	170	185	200

The corresponding fabric layout can be found on the last page of these sewing instructions.

fabric advice



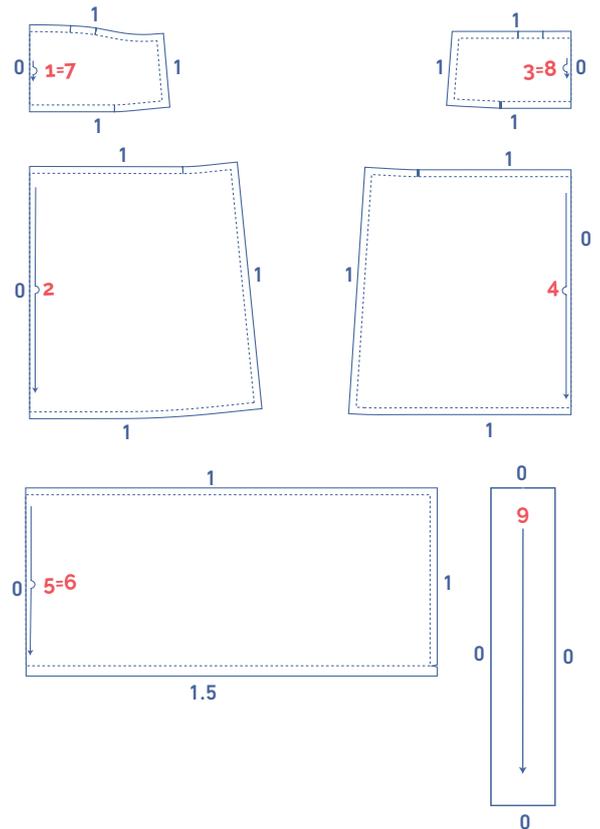
The best fabric for this romantic Poppy dress is a nice cotton. This type of fabric will give the ruffles the required volume, is cool and comfortable to wear and moreover, it's easy to care for. Viscose, linen or even French Terry are good options too. Discover the Fibre Mood fabric collection and the accompanying fabric layouts [here](#) or on www.fibre mood.com/en/fabrics.

pattern pieces & seam allowances (in cm)

To prepare the pattern before cutting you must first add the illustrated seam allowances around the paper pattern pieces as shown below.

1. front: 1x on fabric fold
2. upper band front: 1x on fabric fold
3. back: 1x on fabric fold
4. upper band back: 1x on fabric fold
5. lower band front: 1x on fabric fold
6. lower band back: 1x on fabric fold
7. front facing: 1x on fabric fold
8. back facing: 1x on fabric fold
9. Shoulder strap 2x (long version) or 4x (short version). Create this pattern section yourself using the measurements from the table (in cm)

size	2	3	4	5	6	8	10	12	14
width	9	9	9	9	9	9	9	9	9
height	44.5	45	45.5	46	46.5	47.5	48.25	49.25	50



IMPORTANT

Pattern pieces 1 and 7, 3 and 8 and also 5 and 6 are the same pattern pieces.

Mark the following important points on the pattern:

- Snip the pattern paper and fabric at the places where a single vertical line (I) and double vertical lines (II) are indicated.
- Cut a small corner out of the fabric at a V notch or at the finished hemline.
- Cut a small corner (V notch) out of the pieces that lie on the fabric fold to mark the middle of these pieces.

sewing instructions



The method used to finish sewing the garment seams depends on the fabric used. The pieces are always sewn together with right sides facing, unless stated otherwise.

F front

B back

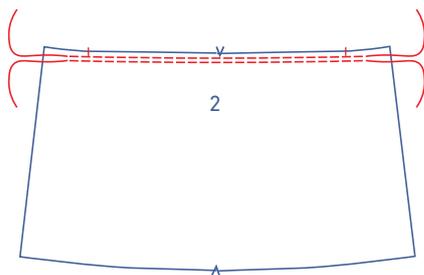
CF centre front

CB centre back

 right side

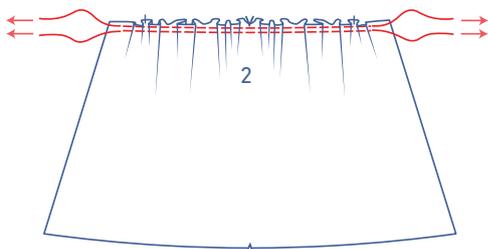
 wrong side

 elastic band

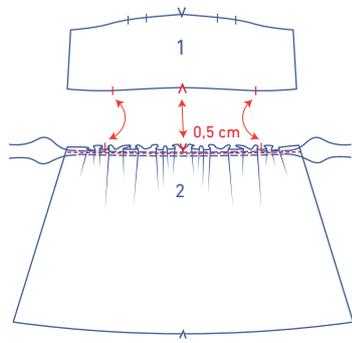


1

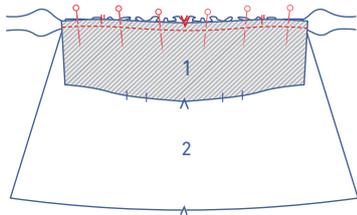
Using a long stitch and add a lower thread tension, sew two lines of stitching, within the seam allowance, along the top of the centre panel F (2). Leave a length of thread at the start and ends, and do not backstitch. Leave a length of thread at the start and end of the stitch.



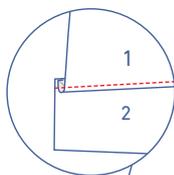
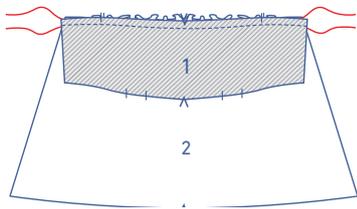
Carefully pull the ends of the threads to gather the fabric evenly into ruffles.



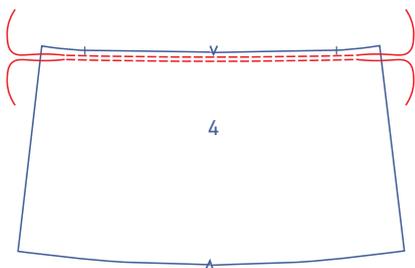
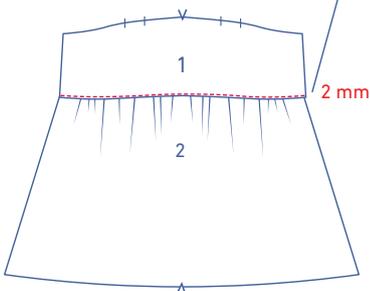
Distribute the gathers up to the snips so that the V in the centre panel F matches up with the few snips and the V snip on the bottom of the F (1). With a regular stitch length, pin and sew (with right sides facing) the top of the lower band to the base of the middle band. Remove the basting stitches. Sew the gathers in place at 0.5 cm away from the top edge.



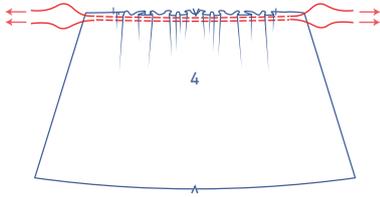
Pin and stitch the top of the centre panel F to the bottom of the F and remove the gathering threads.



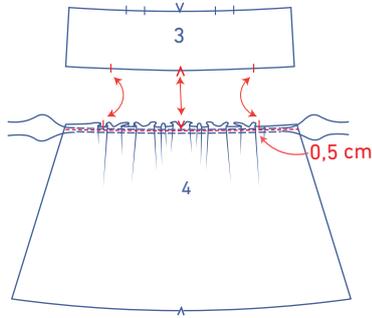
Fold the seam allowance towards the F and stitch at 2 mm from the seam through all layers (F + underlying seam allowance).



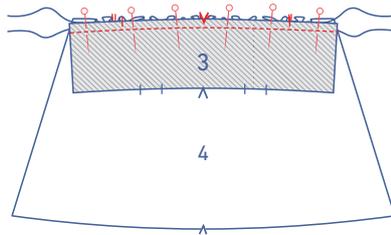
Sew two lines of stitching, within the seam allowance, along the top of the centre panel B (4). Leave a length of thread at the start and ends, and do not backstitch.



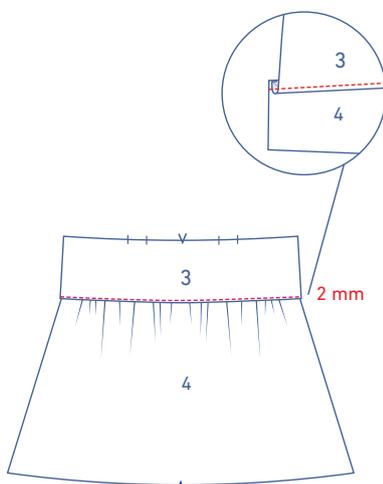
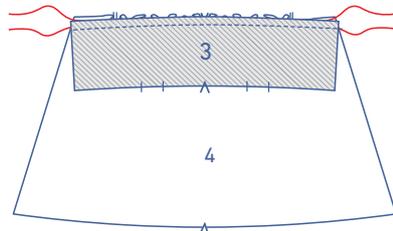
Carefully pull the ends of the threads to gather the fabric into ruffles.



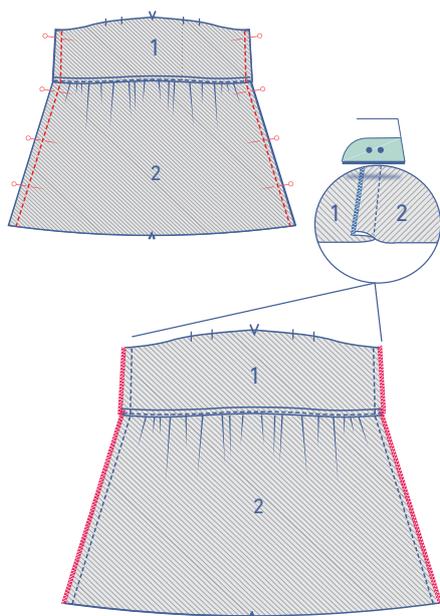
Distribute the gathers up to the snips and so that the V snip in the centre panel B lies in line with the few snips and the V snip on the bottom of the B (3). Pin and sew the top of the lower band to the base of the middle band and remove the basting threads. Sew the ruffles in place at 0.5 cm away from the top edge.



Pin and stitch the top of the centre panel B to the bottom of the B and remove the gathering threads.

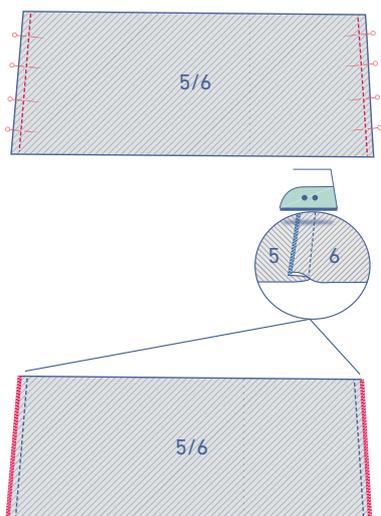


Fold the seam allowance towards the B and stitch at 2 mm from the seam through all layers (B + underlying seam allowance).



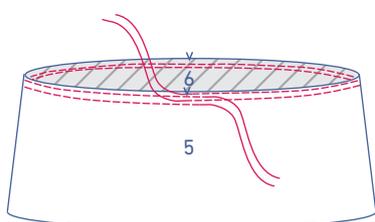
Pin and sew the side seams into place.

Finish the raw edges together using an overlock stitch. Iron the seam allowance towards the F.

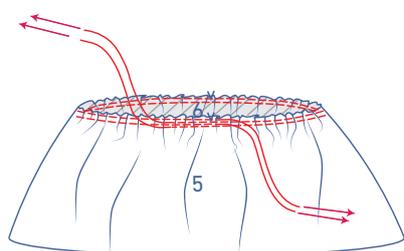


2

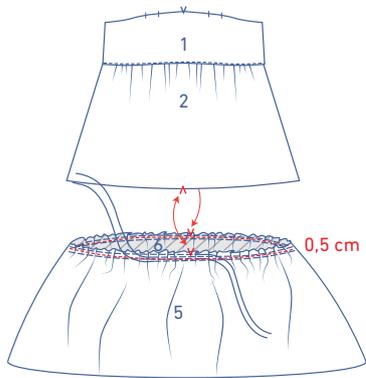
Pin and sew the side seams of the bottom band F (5) and B (6) together and finish with an overlock stitch. Iron the seam allowance towards the F.



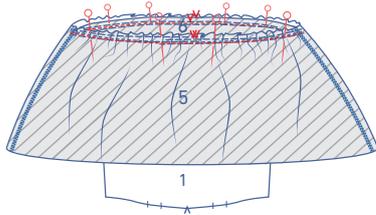
Using a basting stitch sew two lines of stitching, within the seam allowance, along the top of the centre panel B (4). Leave a length of thread at the start and ends, and do not backstitch.



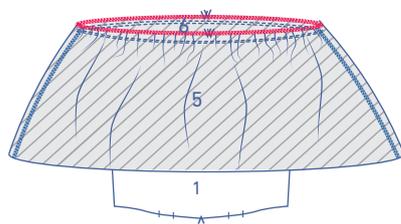
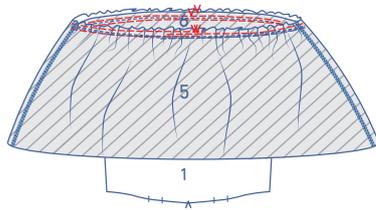
Carefully pull the ends of the threads to gather the fabric into ruffles.



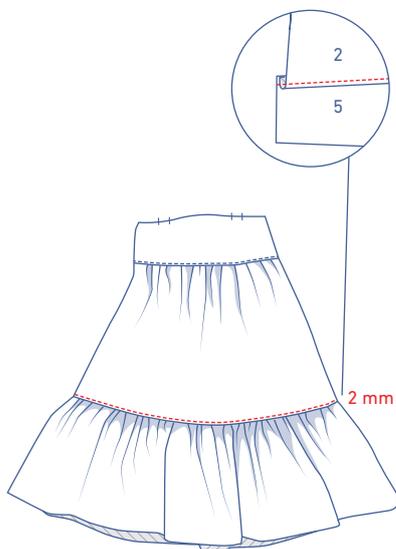
Distribute the gathered fabric until the V notches line up with the V notches of the middle band. Sew the ruffles in place at 0.5 cm away from the top edge.



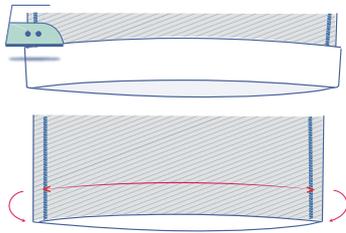
Pin and sew the top of the bottom band to the bottom of the mid-most band and remove the basting stitches.



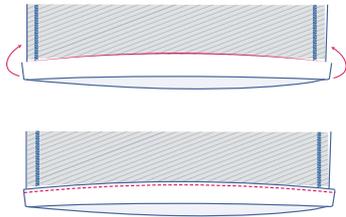
Finish the raw edges together using an overlock stitch.



Fold the seam allowance towards the centre panel and sew at 2 mm from the seam through all layers (F + underlying seam allowance).

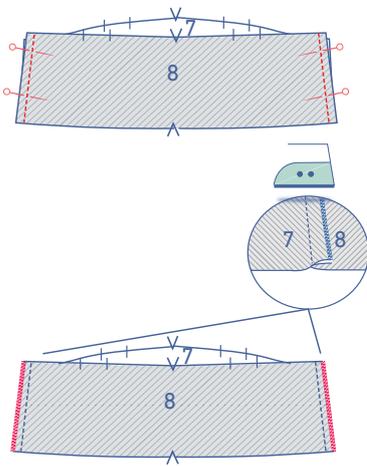


Finish the hem: iron the hem allowance back at the V snip and open back out.



Place the raw edge along the pressed crease and then fold once again.

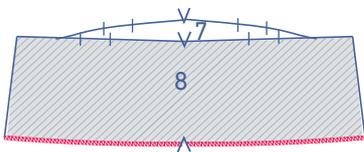
Sew in place next to the edge.



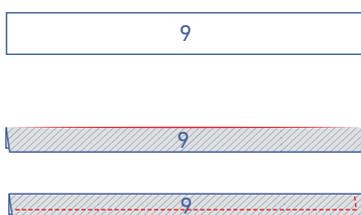
3

Pin and sew the side seams of the facing F (7) and facing B (8) together.

Finish the raw edges together using an overlock stitch. Iron the seam allowance towards the B.



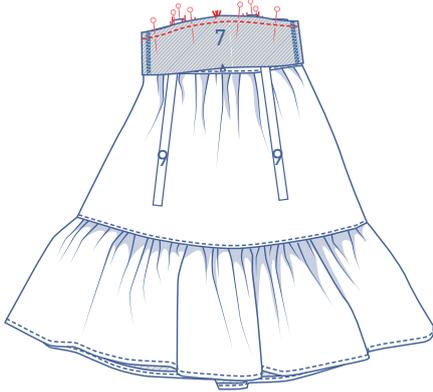
Finish the bottom of the facing using an overlock stitch.



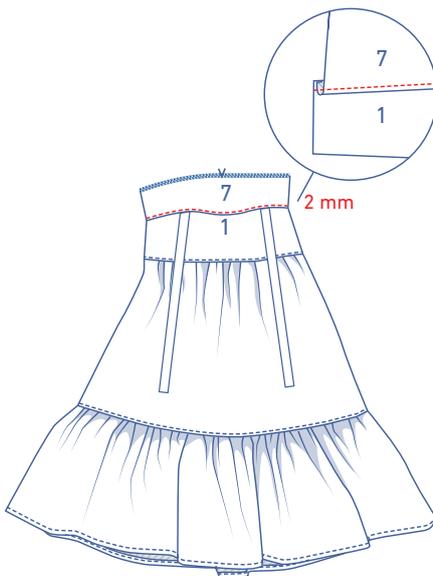
Fold the straps (9) in half lengthwise with the right side of the fabric facing inwards. Sew across the short end and along the length.



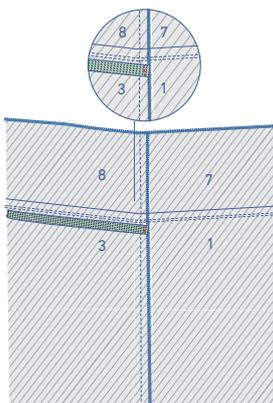
Line up the raw edges of the shoulder straps with the edge of the dress, between the snips.



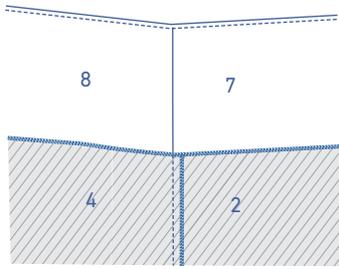
Pin and sew the top of the facing to the top of the garment, catching the straps in between.



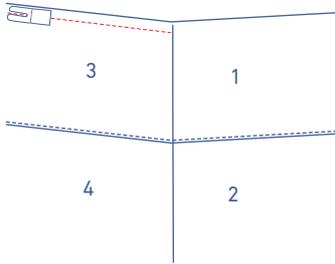
Fold the seam allowance towards the facing and sew at 2 mm from the seam through all layers (facing + underlying seam allowance).



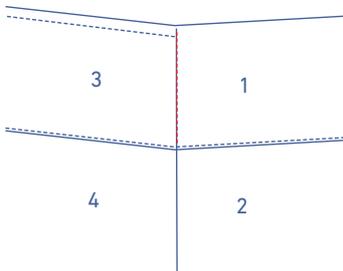
Sew the ends of the elastic to each side seam. Fold the facing to the wrong side of the garment.



At presser foot width, sew the top to create the casing, stretching the elastic as you go.

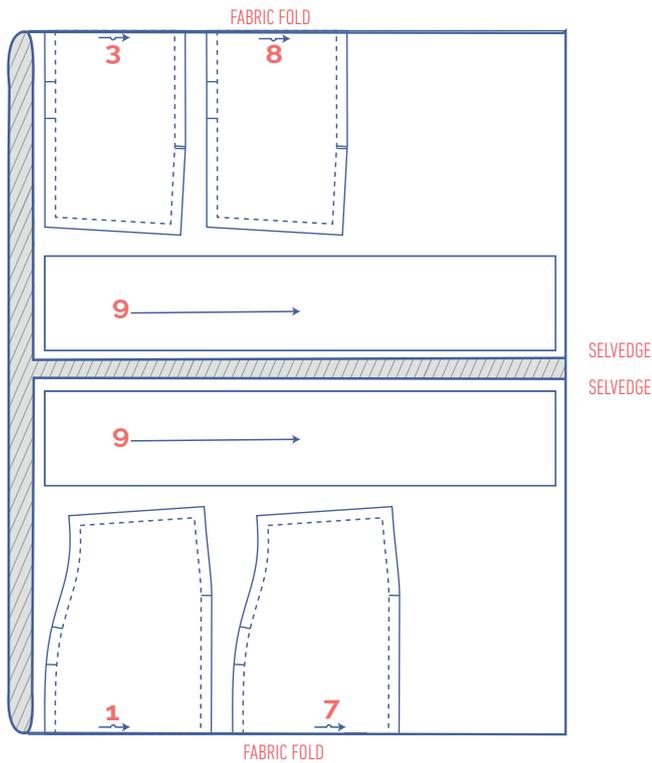


Place the facing at the height of the side seams and sew the seam allowances, dress and facing together.



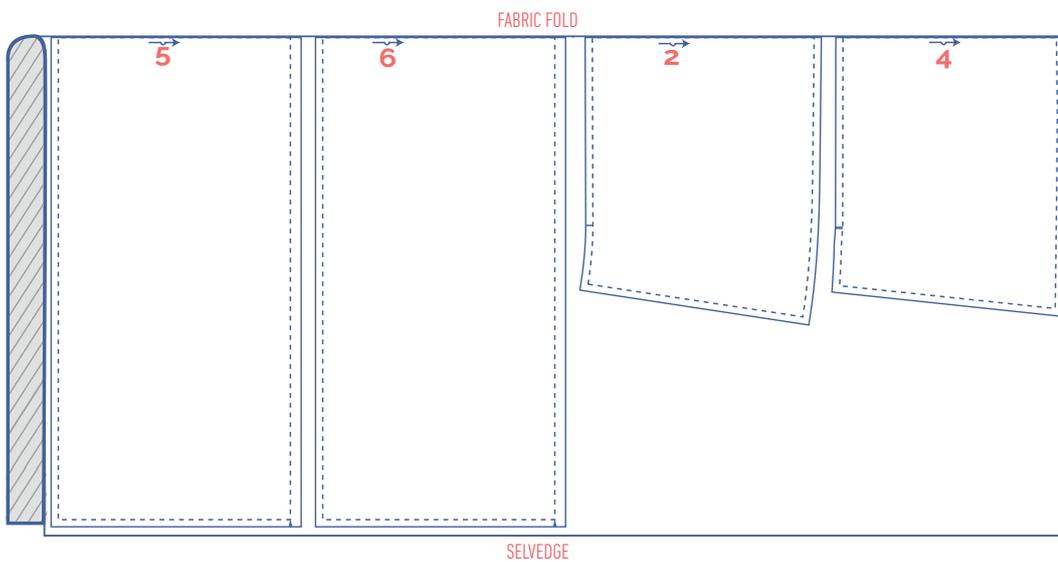
fabric layout for fabrics 140 cm wide

short dress
size 2 - 14y



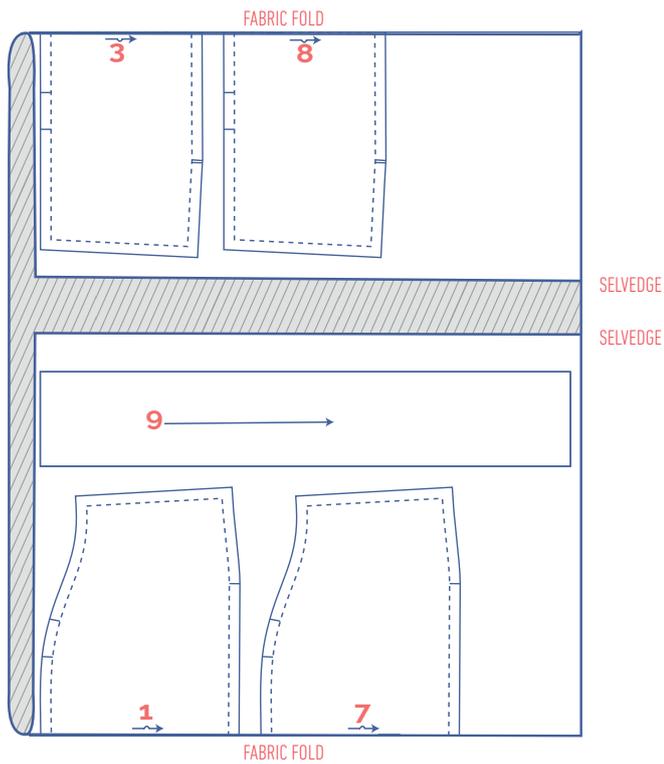
ATTENTION

Halterneckstyle: you need to cut piece 9 2x.
Bow tie straps: you need to cut piece 9 4x.



long dress

size 2 - 14y



ATTENTION

Halterneckstyle: you need to cut piece 9 2x.
Bow tie straps: you need to cut piece 9 4x.

