Bertha by Fibre Mood

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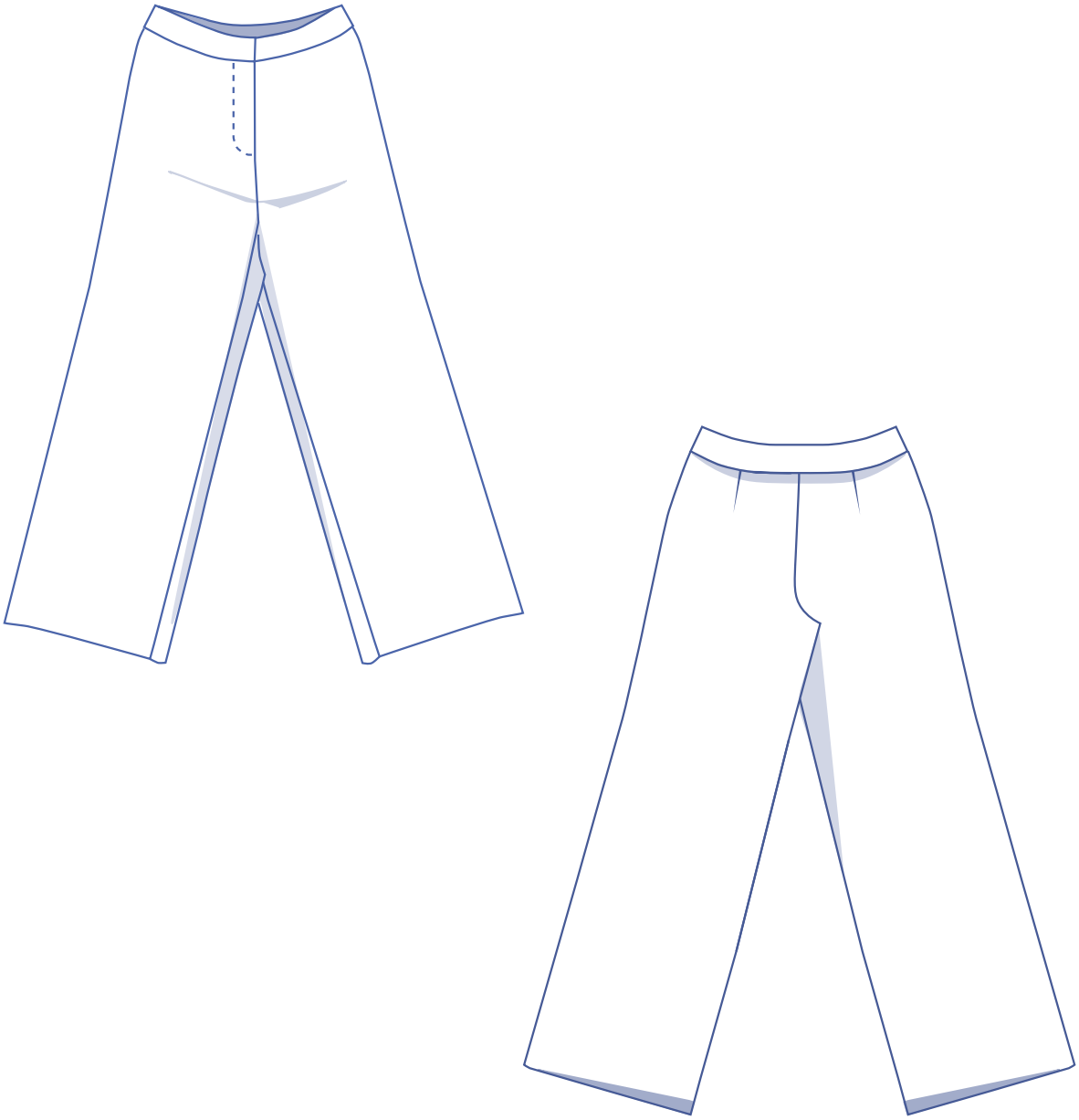
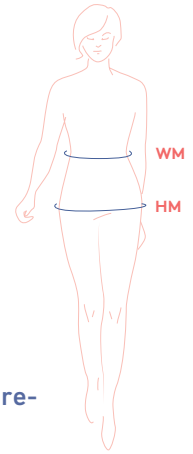
32 - 50

High-waisted pants with straight, wide legs and a fly front zipper. An understated model that's effortless to combine.



sizing chart

size (EU)	32	34	36	38	40	42	44	46	48	50
UK	4	6	8	10	12	14	16	18	20	22
WM (cm)	66	68	70	74	78	82	84	88	94.5	101
HM (cm)	86	90	94	97	100	103	106	109	115	120



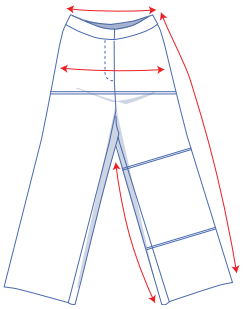
Waistline measurement (WM): measure horizontally at the narrowest point of the body.

Hip measurement (HM): Measure horizontally at the widest point of the lower body.

Are you wider at the waist than you are at the hips? If so, base your size on your waistline measurement. Adjust the hip measurement where necessary.

Are you smaller at the waist than you are at the hips? If so, base your size on your hip measurement. Adjust the waistline measurement where necessary.

measurements



size	32	34	36	38	40	42	44	46	48	50
side length* (cm)	102.75	103.25	103.75	104.25	104.75	105.75	106.75	107.75	108.75	109.75
inseam length (cm)	77	77	77.25	77.25	77.25	76.75	76	75.5	75	74.5
1/2 waistline circumference (cm)	31.25	32.25	33.25	35.25	37.25	39.25	40.75	43.5	47	50.25
1/2 hip circumference (cm)	43.75	45.5	47.5	49	50.5	52.25	53.5	55.25	58	60.5

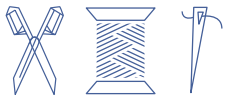
** incl. waistband*

Compare the stated lengths to the measured or desired lengths. Lengthen or shorten the pant legs and/or the rise (= the crotch area) by cutting the pattern pieces at the indicated double lines and then spreading the pattern pieces out X cm from each other or overlapping them where needed. Make sure that the CF and CB lines and the side seams are always straight.

IMPORTANT

Adapt the amount of fabric used to the alterations that you are making to the pattern!

supplies



- Thread
- Closed end zipper: 14 cm (sz 32-40), 16 cm (sz 42-44), 19 cm (sz 46-50)
- 1 snap (Ø 2.1 cm)
- Iron-on interfacing: 35 cm
- Fabric: see table

size	32-36	38	40-44	46-50
fabric* (cm)	135	145	195	230

** 140 cm wide*

size	32-38	40	42-46	48-50
fabric* (cm)	150	155	216	245

** 146 cm wide check fabric*

size	32-40	42-46	48	50
fabric* (cm)	140	195	210	230

** 147 cm wide-wale corduroy*

fabric advice

Make the Bertha in wide-wale or pincord cotton corduroy. Light wool (with a checked pattern) or jeans (cotton) also go well with this pattern. Choose a fabric that has enough drape.

If you decide to go with corduroy or jeans, don't forget to wash the fabric before you get started cutting, because the fabric has the tendency to shrink lengthwise.

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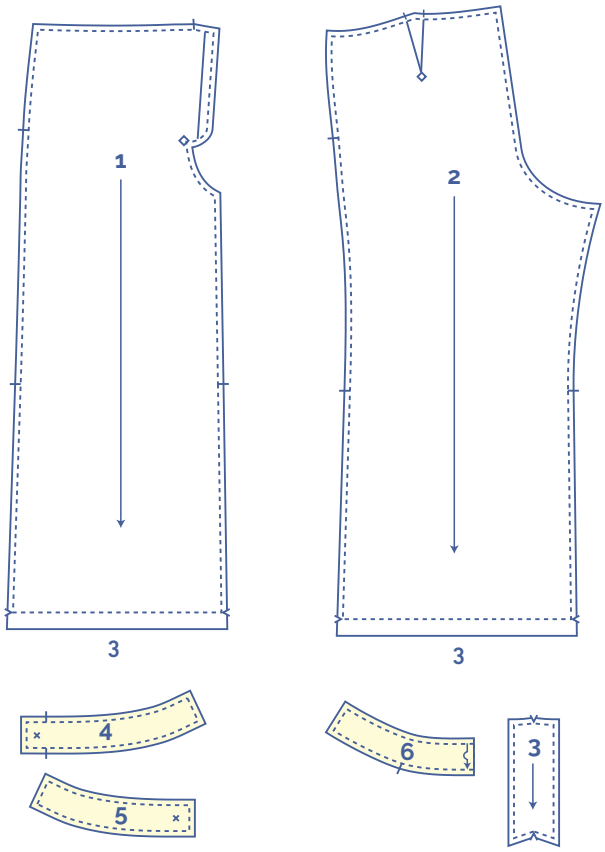
pattern pieces & seam allowances (in cm)

Draw 1 cm all the way around the paper pattern pieces unless stated otherwise in the illustrations.

The side of piece 6 lying on the fabric fold ( ) does not have a seam allowance.



1 front: 2x
2 back: 2x
3 fly front: 1x
4 LF waistband: 2x
5 RF waistband: 2x
6 waistband facing back: 2x on fabric fold

IMPORTANT

The pieces highlighted in light yellow have iron-on interfacing attached to the wrong side.

Indicate important points on the outline of the pattern:

- Nick the pattern paper and fabric at the places with a single vertical line (I).
- On pattern pieces 1, 2 and 3, cut a small triangle out of the paper and fabric where a V notch is marked.
- To mark the middle of this piece, cut a small corner (V) out of piece 6 on the fabric at both the top and bottom.

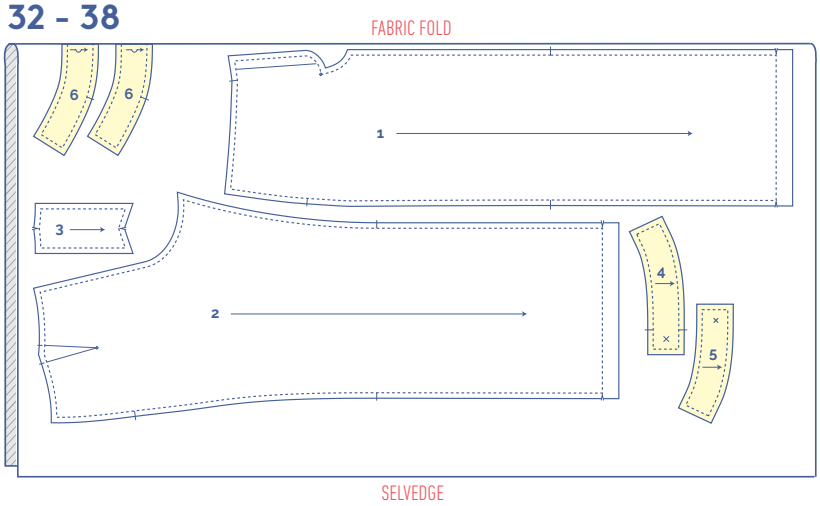
Mark the centre of the places for the button (x) and other important points (◇) using needle and thread.

fabric plan

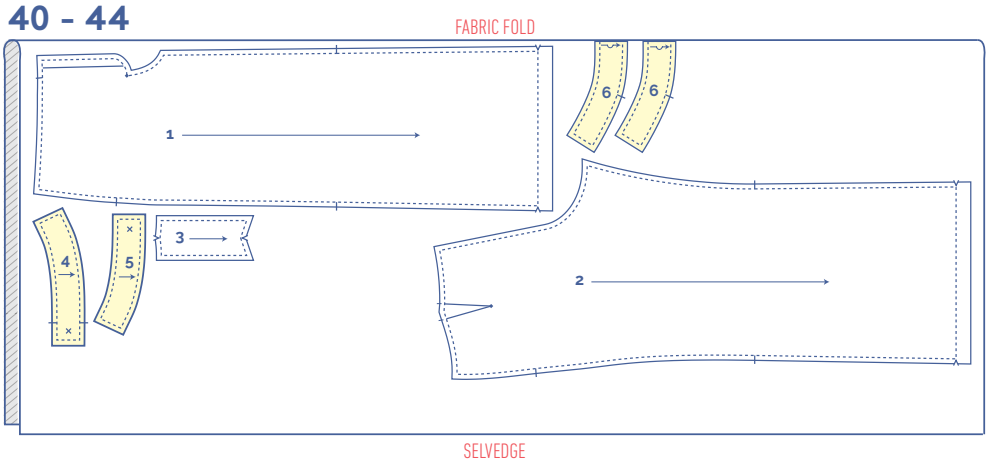
1. for solid fabrics 140 cm wide

Piece 3 only has to be cut once.

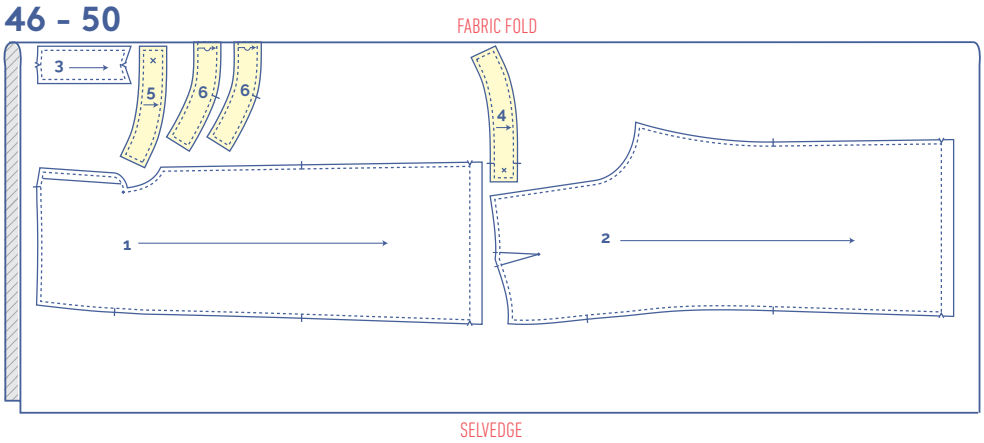
32 - 38



40 - 44



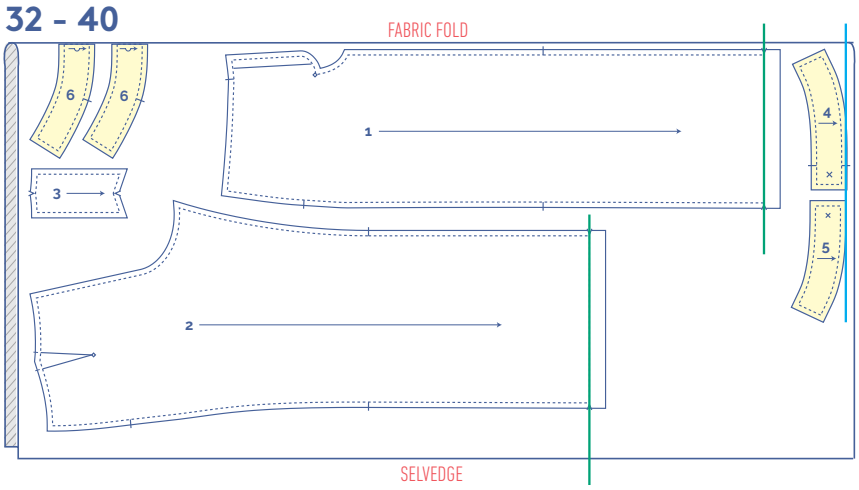
46 - 50



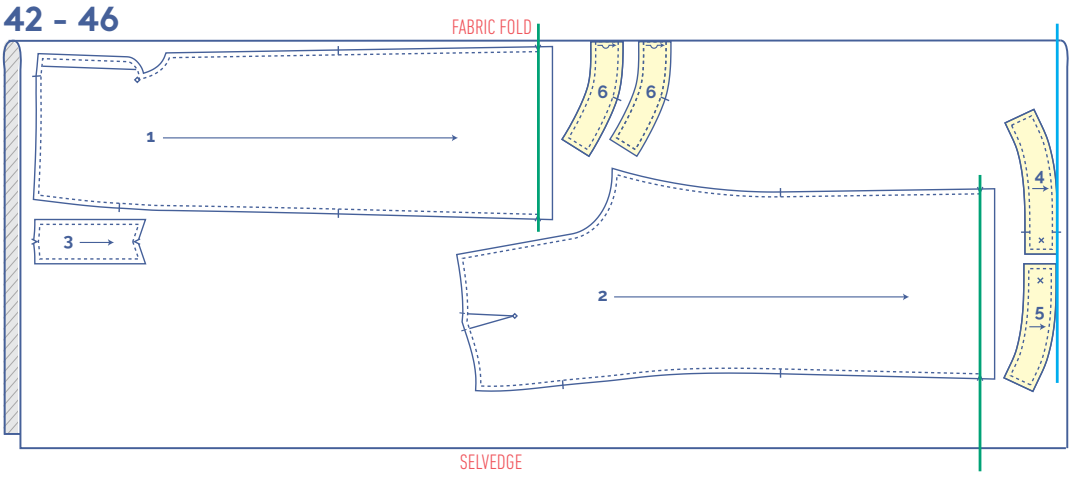
2. for checked fabric 146 wide

Pieces 1 and 2 must be laid out evenly on the green line (the finished hem), level with the fabric pattern. Piece 3 only has to be cut once.

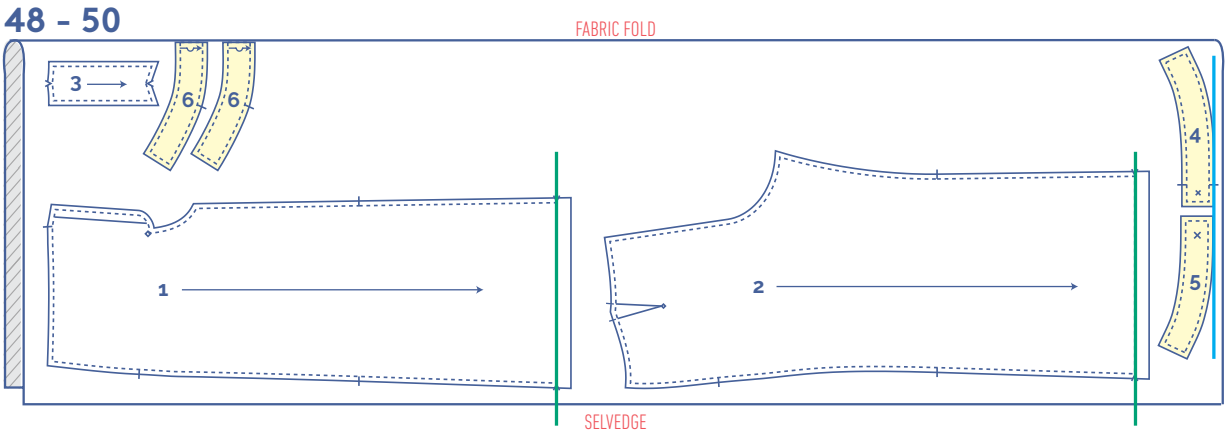
32 - 40



42 - 46



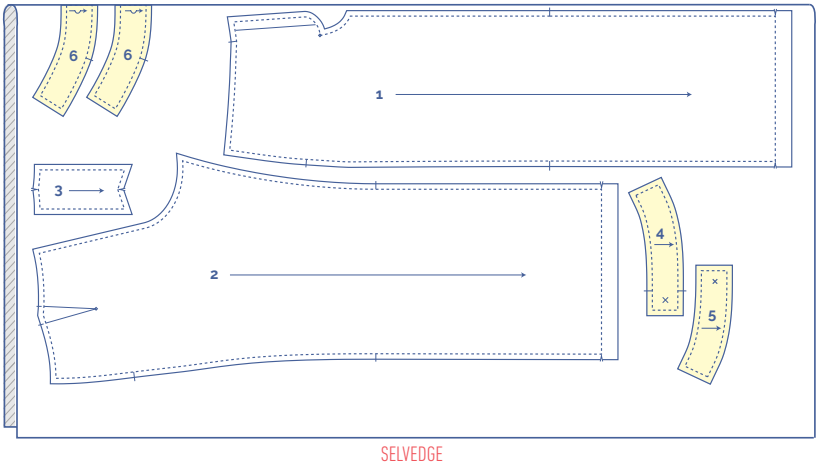
48 - 50



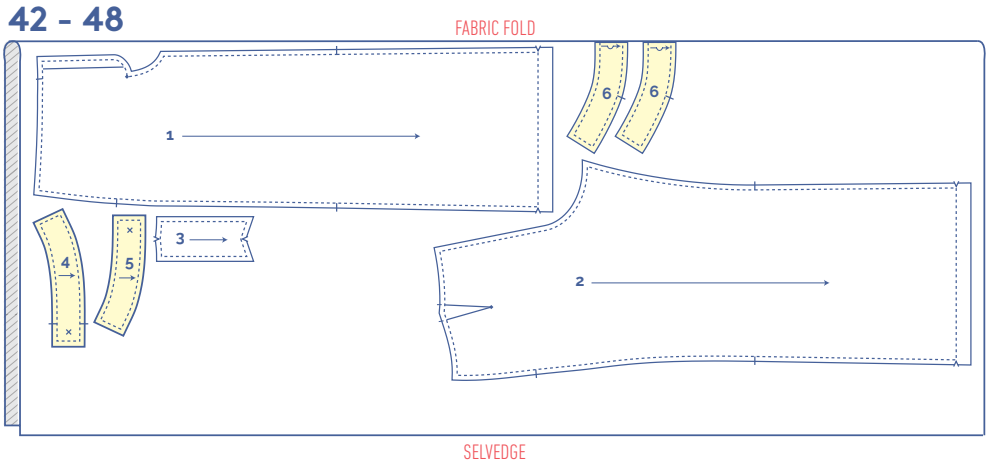
3. for corduroy fabric 147 cm wide

Corduroy is a fabric with a nap, so lay all pieces in the same direction lengthwise.
Piece 3 only has to be cut once.

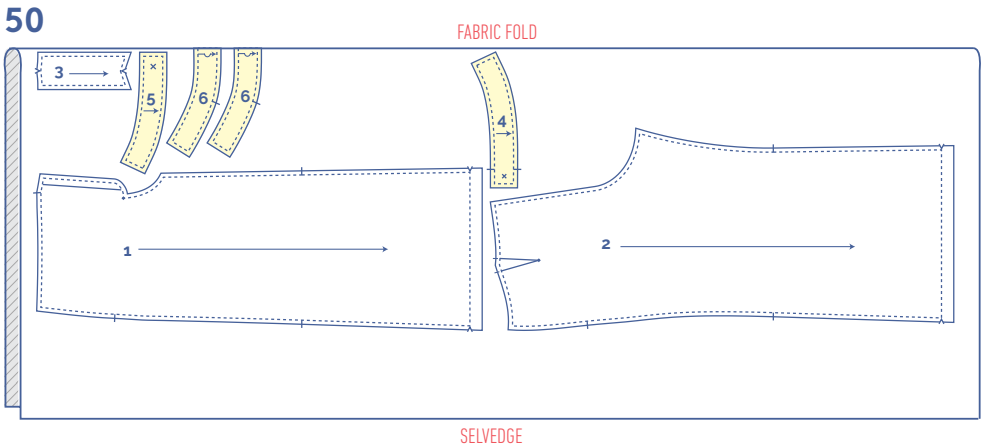
32 - 40



42 - 48



50

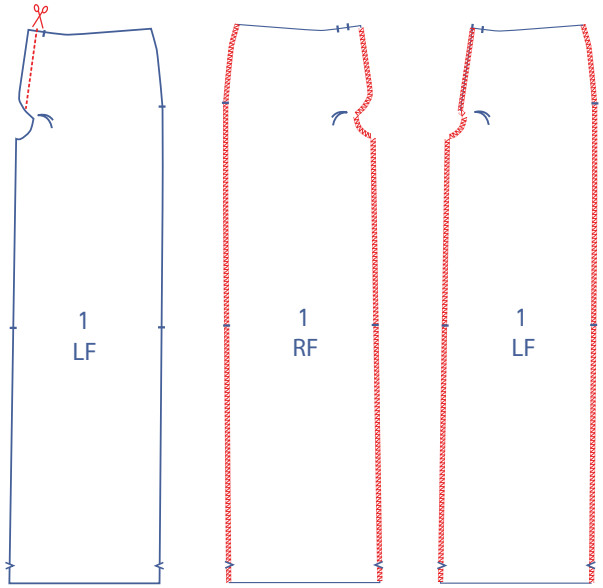


sewing instructions

The method used to finish sewing the garment depends on the fabric used. The pieces are always sewn together with the right sides of the fabric matching exactly, unless stated otherwise.

Key with symbols

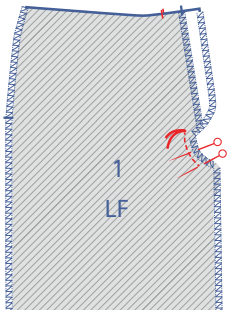
- right side
- wrong side
- iron-on interfacing
- **F** → front
- **CF** → centre front
- **CB** → centre back
- **RF** → right front
- **LF** → left front



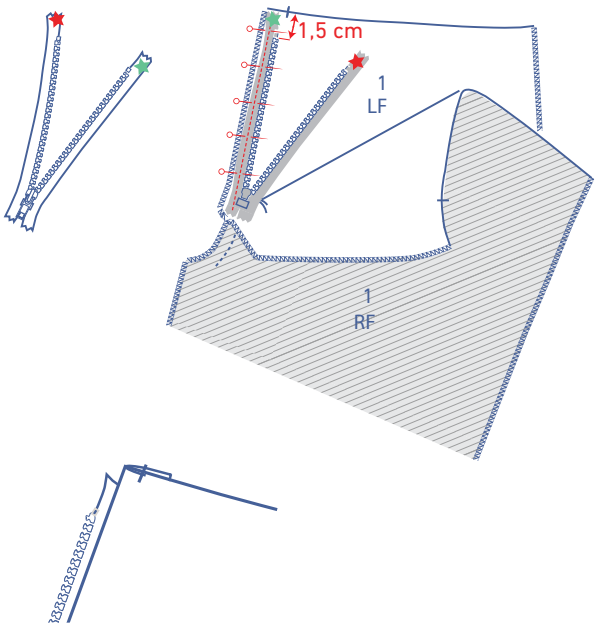
1

Remove the excess fabric from the LF (1) by cutting along the indicated line.

Overlock the CF-, inseam- and side seams of both front pieces.



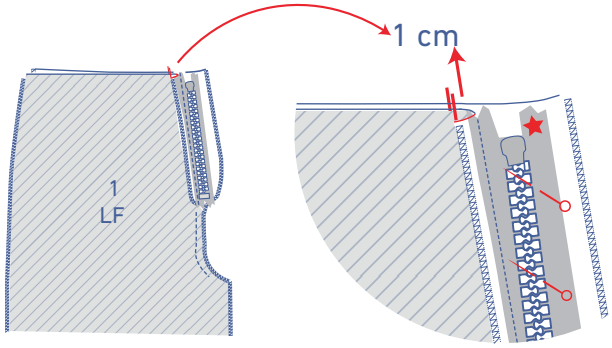
Place both front pieces on top of each other with the wrong sides on the outside and with the nicks indicating the CF aligned. Important: the RF is larger than the LF due to the shaped facing. Pin and sew part of the CF seam. Start stitching approximately 2 cm from the inseam up to the basting thread.



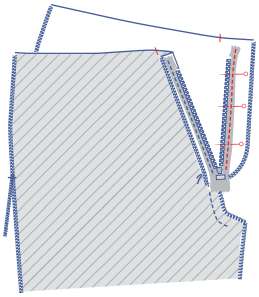
2

Open the zipper and turn the zipper tape with the green star over onto the right side of the LF, right next to the overlocked edge of the CF. Lay the zipper teeth 1.5 cm under the edge of the waist seam. Use the zipper presser foot to sew the zipper in place 1 cm away from the over-locked edge (= this is in the middle of the zipper tape).

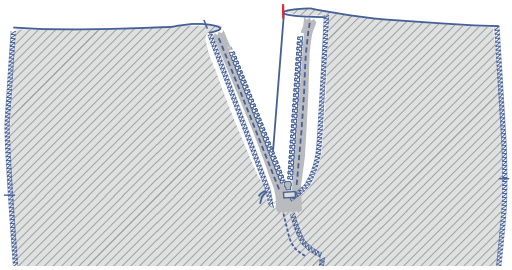
IMPORTANT: when folding the zipper tape over to the back side, don't fold to where the nick is. Instead fold over to where the zipper has been sewn in place. There will be 1 cm left over next to the nick. This is the zipper base.



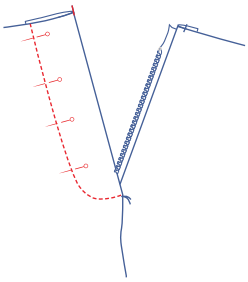
Close the zipper and fold both front pieces with the right sides facing each other. Place the nicks that mark the CF of both pieces on top of each other, so that they match perfectly. Smooth the pieces flat and sew the other zipper tape (marked with a red star) in place to the shaped RF facing.



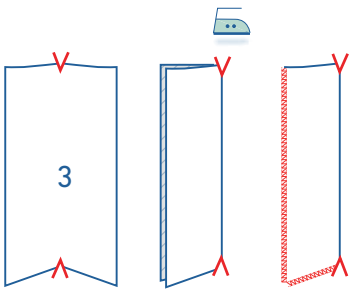
Open the zipper and stitch the zipper tape in place using a zipper presser foot.



Fold the RF shaped facing over to the nick.

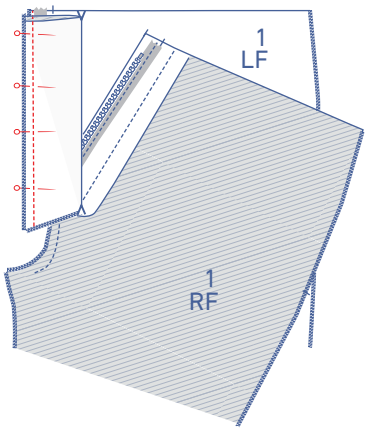


Pin in place and top stitch along the edge of the shaped facing. In other words, you sew the shaped facing securely to the RF along the right side.



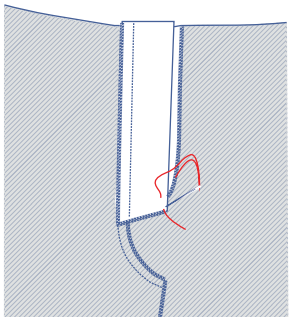
Fold the fly front (3) in half at the V notches and press.

Finish the raw edges together at the side and bottom by using an overlock stitch.



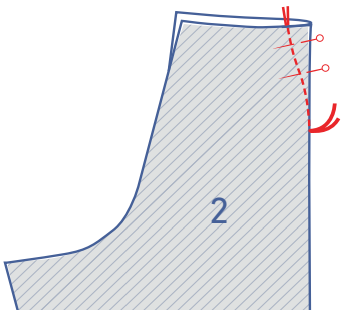
Pin the fly front to the seam allowance of the RF and the zipper and sew in place.

Next, press the fly front out of the way and close the zipper.



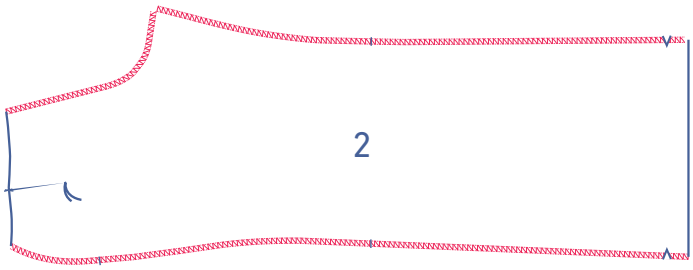
With just a few stitches, sew the bottom of the shaped facing of the RF and the fly front together.

3



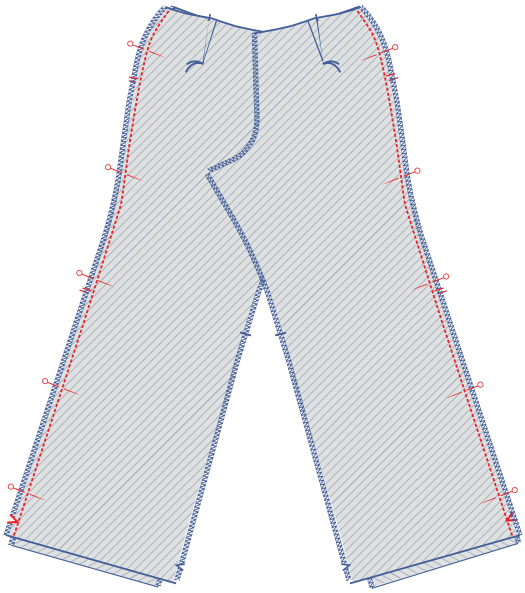
Pin the nicks in the waist seam of the back (2) to each other and sew the dart/dart intake off toward the basting thread.

Press the dart/dart intake toward the CB.

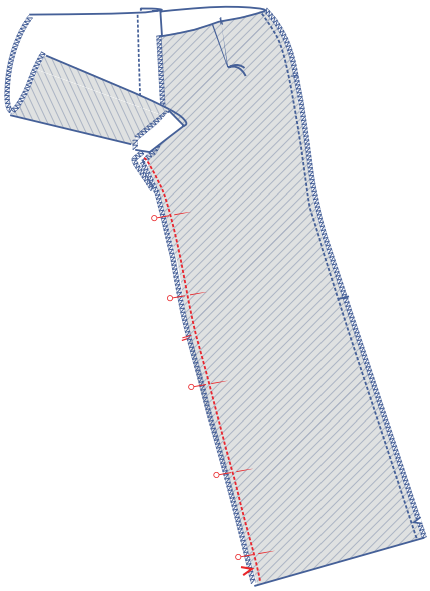


Overlock the CB-, inseam- and side seams of both back pieces.

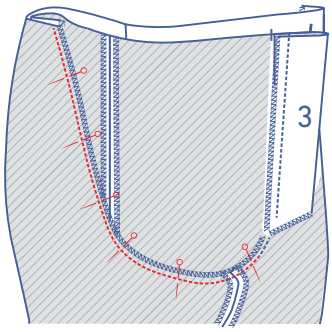
4



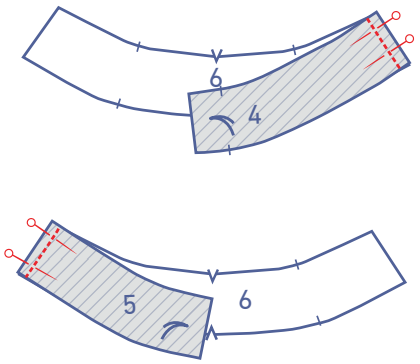
Pin and sew the side seams of the front and back together. Press the seams open.



Pin and sew the inseams of the front and back together. Press the seams open.

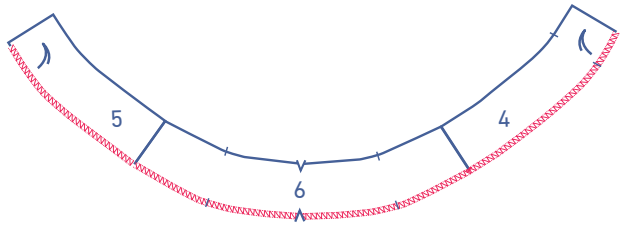


Insert both pant legs into each other with the right sides of the fabric face-to-face and stitch the crotch seam.

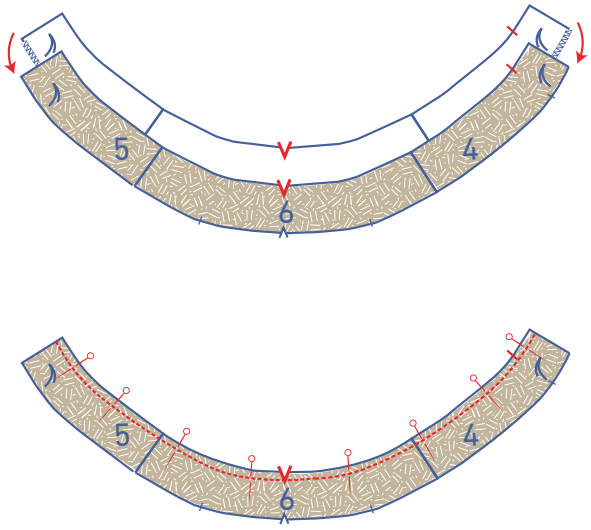


5

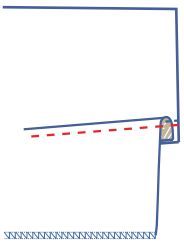
Pin and sew the side seams of the front (4 and 5) and back (6) waistbands and press the seams open.



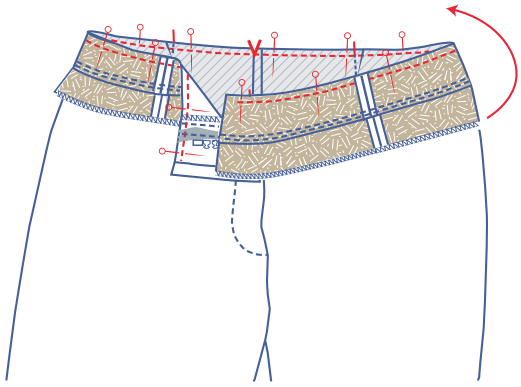
Finish the bottom of the waistband where piece 4 is on the right side by using an overlock stitch.



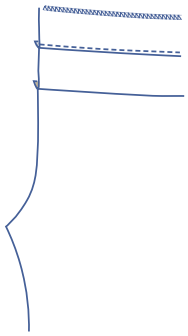
Pin and sew the top of both waist bands with the nicks matching exactly.



Fold the waistbands open so that the right sides of both are facing up. Lay the seam allowance toward the waistband with the overlocked bottom. 2 mm from the seam, sew through all the layers of the waistband with the overlocked bottom.

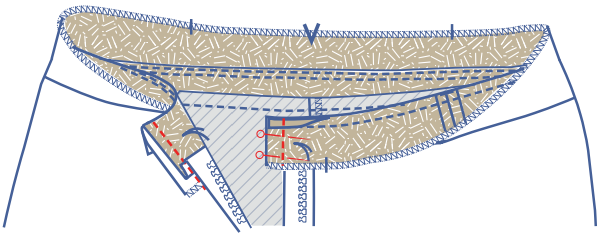


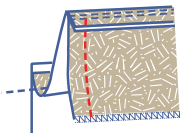
Pin the waistband of the bottom that has not been overlocked to the top of the pants and sew in place. On each side of the CF, there will be 1 cm of seam allowance left over.



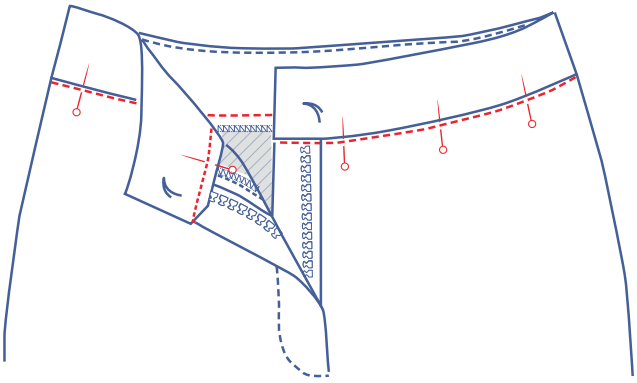
Next, start by folding the waistbands all the way to the top, with the right side facing up.

Fold the overlocked waistband down to the seam so that both have the right side of the fabric laying next to each other.





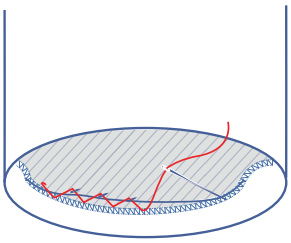
Sew the short sides closed and trim the corners. Then turn waistband inside out.



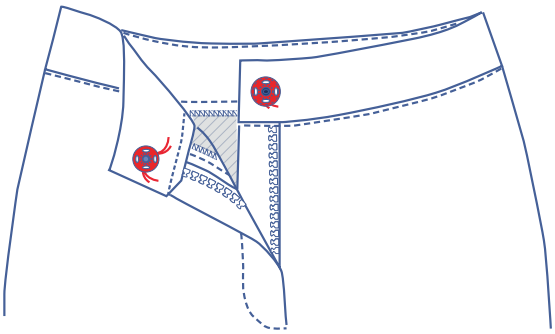
Pin the waistband into place along the right side of the pants and stitch in the ditch.

6

Finish the hem using an overlock stitch.



Press the hem up to the V notches and sew in place.

7

Sew the snap on.